



骑遇山海间 环岛环世界

RIDE THROUGH MOUNTAINS AND SEAS
CONNECTING HAINAN TO THE WORLD

二十年，足够让一条路成为传奇，也足够让一场赛事融入一个地方的脉搏。

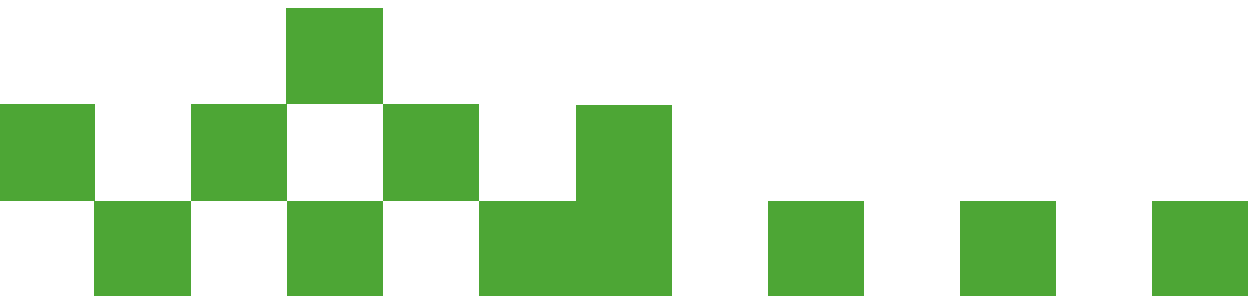
2026年，“理想汽车杯”第十七届环海南岛国际公路自行车赛如约而至。这一年，是环岛赛二十周年的荣光时刻，也是海南自贸港封关运作的开元之年。双重庆典交汇，车轮下的每一公里，都有了超越竞技的意义。

二十年来，环岛赛从无到有，从海南走向国际，见证并推动了中国自行车运动的蓬勃发展。无数车手在这里开启梦想，无数观众因环岛赛爱上骑行。它不仅是亚洲顶级的职业赛事，更是一代代骑行人心中的精神地标。

如今，骑遇山海间，车手们将穿越椰风海韵，掠过雨林秘境，在自贸港的开放热土上，用速度书写新的故事。环岛环世界，当全球目光聚焦海南，飞驰的车轮不仅追逐终点，更与这片热土深情相拥。

二十年风华正茂，封关元年启新程。让我们迎着海风，共同奔赴这场跨越山海的热血之约！

Two decades are enough for a road to become legend, and for a race to weave itself into the pulse of a place. In 2026, the "Li Auto Cup" 17th Tour of Hainan arrives as scheduled. This year marks a double celebration: the glorious 20th anniversary of the Tour, and the inaugural year of Hainan Free Trade Port's full operation. At this crossroads, every kilometer beneath the wheels carries meaning beyond competition. Over the past twenty years, the Tour of Hainan has grown from its humble beginnings to an international stage, witnessing and fueling the rise of cycling in China. Countless riders have launched their dreams here, and countless fans have fallen in love with the sport through this race. It has become not only a premier professional event in Asia, but also a spiritual landmark for generations of cyclists. Now, as they ride through landscapes where ocean meets shore, riders will travel between swaying coconut groves and hidden rainforest—writing new stories with their speed on the open ground of the Free Trade Port. The Tour connects Hainan to the world; with global eyes turning to this island, the spinning wheels chase not only the finish line, but also embrace the land with all its promise. Twenty years of flourishing youth, the first year of a new era dawns. Let's face the ocean breeze and embark on this thrilling journey across mountains and seas together!



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环岛赛吉祥物 - 鹿娃
TOUR OF HAINAN MASCOT-LUWA

理想

理想i6
新形态五座SUV



路有多远，骑出去才算数。

*本图所展示的车辆外观、颜色、功能、配置不作为选车购车的依据，车辆实际价格、配置、功能，请以门店实际交付车辆为准。

赛事概况

RACE OVERVIEW

理想汽车杯 2026 第十七届 环海南岛国际公路自行车赛

Li Auto Cup 17th TOUR HAINAN 2026

“理想汽车杯”第十七届环海南岛国际公路自行车赛赛事级别UCI 2.Pro级，由国际自行车联盟（UCI）、国家体育总局和海南省人民政府共同主办，中国自行车运动协会、海南省旅游和文化广电体育厅、海口市、三亚市、儋州市、五指山市、陵水黎族自治县、保亭黎族苗族自治县人民政府承办，澄迈县、临高县、白沙黎族自治县、昌江黎族自治县、乐东黎族自治县、琼中黎族苗族自治县人民政府，海南省体育赛事中心、海南省体育彩票管理中心协办，海南广播电影电视传媒集团有限公司和海南环岛国际公路自行车赛有限公司联合运营，理想汽车冠名。

第十七届环岛赛于2026年4月15日—19日举办，共设海口—澄迈—临高—儋州（洋浦）、儋州（洋浦）—昌江—白沙—琼中—五指山、五指山—琼中—陵水、陵水—保亭、保亭—乐东—三亚五个赛段，全程896公里。赛事总奖金20万美元，世界各地20支队伍参赛，其中世巡队和职业队达10支，参赛选手约140人。赛事深度串联环岛旅游公路、环热带雨林国家公园旅游公路，通过国际直播镜头，向世界呈现“一半是蔚蓝海岸，一半是雨林秘境”的全景海南，生动诠释“山海相拥、陆海统筹”的自贸港生态图景。以赛事为载体，辅以2026环岛骑行全民挑战赛、起终点配套活动，激发体育消费潜能，努力打造“中国第一、享誉世界”的海南体育旅游名片，助推海南自贸港建设。

The "Li Auto Cup" 17th Tour of Hainan is a UCI 2.Pro category race, co-hosted by the Union Cycliste Internationale (UCI)、the General Administration of Sport of China and the People's Government of Hainan Province. It is organized by the Chinese Cycling Association, the Department of Tourism, Culture, Radio, Television and Sports of Hainan Province, and the People's Governments of Haikou City, Sanya City, Danzhou City, Wuzhishan City, Lingshui Li Autonomous County and Baoting Li and Miao Autonomous County. The event is co-organized by the People's Governments of Chengmai County, Lingao County, Baisha Li Autonomous County, Changjiang Li Autonomous County, Ledong Li Autonomous County and Qiongzong Li and Miao Autonomous County, the Hainan Provincial Sports Events Center and the Hainan Provincial Sports Lottery Administration Center, and jointly operated by Hainan Radio, Film and Television Media Group Co., Ltd. and Tour of Hainan International Cycling Race Co., Ltd, title sponsored by Li Auto.



Held from April 15 to 19, 2026, the race features five stages, namely Haikou-Chengmai-Lingao-Danzhou (Yangpu), Danzhou (Yangpu)-Changjiang-Baisha-Qiongzong-Wuzhishan, Wuzhishan-Qiongzong-Lingshui, Lingshui-Baoting, and Baoting-Ledong-Sanya, covering a total distance of 897.2 kilometers. With a total prize of 200,000 US dollars, the race attracts the participation of 20 teams from around the world, including 10 UCI world teams and professional teams, with approximately 140 riders taking part. The race closely connects the Hainan's round-the-island tourist highway and the Hainan Tropical Rainforest National Park Circular Tourist Highway. Through the lens of international live broadcast, it presents a panoramic view of Hainan featuring "half blue coast and half rainforest secret land" to the world, and vividly interprets the ecological landscape of the Hainan Free Trade Port characterized by "integration of mountains and seas, and overall planning of land and sea". Taking the race as a carrier, and supported by the 2026 Round Hainan Cycling Challenge and supporting activities at the starting and finishing points, the event stimulates the potential of sports consumption, strives to build Hainan's sports tourism brand that ranks "first in China and renowned worldwide", and boosts the construction of the Hainan Free Trade Port.

组织机构 ORGANIZATION

组织委员会

ORGANIZING COMMITTEE

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谢京 省政府副省长

Xie Jing Vice Governor of the Provincial Government

孙为民 国家体育总局国家奥林匹克体育中心主任、党委书记、中国自行车运动协会主席

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Zhang Yong Mayor of Haikou Municipal Government

陈希 三亚市政府市长

Chen Xi Mayor of Sanya Municipal Government

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Xiong Xin Secretary General of Chinese Cycling Association

韩峰 中国自行车运动协会副秘书长

Han Feng Deputy Secretary General of Chinese Cycling Association

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蔡亲波 省气象局一级巡视员

Cai Qinbo First-Level Inspector of the Provincial Meteorological Bureau

罗正宇 海口出入境边防检查总站副站长

Luo Zhengyu Deputy Chief Inspector of Haikou Entry-Exit Frontier Inspection General Station

王晓华 海南体育职业技术学院党委书记

Wang Xiaohua Secretary of the Party Committee of Hainan Sports Technology College

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Lv Xiaolei Deputy Mayor of Haikou Municipal Government

范维正 三亚市政府副市长

Fan Weizheng Deputy Mayor of Sanya Municipal Government

詹联科 儋州市政府副市长

Zhan Lianke Deputy Mayor of Danzhou Municipal Government

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雷宇 临高县政府副县长

Lei Yu Deputy County Mayor of Lingao County Government

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Li Keyu Deputy County Mayor of Changjiang Li Autonomous County Government

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Cui Dawei Deputy County Mayor of Qiongzhong Li and Miao Autonomous County Government

姚 旺 省旅游和文化广电体育厅竞技体育处处长

Yao Wang Director of the Competitive Sports Division of Provincial Department of Tourism, Culture, Radio, Television and Sports

温华川 省体育赛事中心主任

Wen Huachuan Director of the Provincial Sports Events Center

刘 祺 省体育彩票中心主任

Liu Qi Director of the Provincial Sports Lottery Center

毛凤春 中国南方电网海南电网有限责任公司副总经理

Mao Fengchun Deputy General Manager of China Southern Power Grid Hainan Co., Ltd.

张和海 中国移动通信集团海南有限公司副总经理

Zhang Hehai Deputy General Manager of China Mobile Hainan Co., Ltd.

执行委员会

EXECUTIVE COMMITTEE

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郭志民 海南广播电视总台台长

Guo Zhimin Director of Hainan Broadcasting Station

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钟 帅 (兼) **Zhong Shuai** (concurrently)

任恒伟 (兼) **Ren Hengwei** (concurrently)

吕 妍 (兼) **Lv Yan** (concurrently)

崔大伟 (兼) **Cui Dawei** (concurrently)

总指挥 CHIEF COMMANDER

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常务副总指挥

EXECUTIVE DEPUTY COMMANDER

王晓华 (兼) **Wang Xiaohua** (concurrently)

副总指挥

DEPUTY CHIEF COMMANDER

姚 旺 (兼) **Yao Wang** (concurrently)

温华川 (兼) 省体育赛事中心主任

Wen Huachuan (concurrently)

办公室

OFFICE

主任 DIRECTOR

姚 旺 (兼) **Yao Wang** (concurrently)

温华川 (兼) **Wen Huachuan** (concurrently)

王 可 海口市旅游和文化广电体育局局长

Wang Ke Director of Haikou Municipal Bureau of Tourism, Culture, Radio, Television and Sports

黄 兴 三亚市旅游和文化广电体育局局长

Huang Xing Director of Sanya Municipal Bureau of Tourism, Culture, Radio, Television and Sports

副主任 DEPUTY DIRECTOR

郑浩泽 省旅游和文化广电体育厅办公室副主任

Zheng Haoze Deputy Director of the Office of the Provincial Department of Tourism, Culture, Radio, Television and Sports

孙海吉 海口市旅游和文化广电体育局副局长

Sun Haiji, Deputy Director of Haikou Municipal Bureau of Tourism, Culture, Radio, Television and Sports

刘 扬 三亚市旅游和文化广电体育局副局长

Liu Yang, Deputy Director of Sanya Municipal Bureau of Tourism, Culture, Radio, Television and Sports

吴开伟 儋州市旅游和文化广电体育局副局长

Wu Kaiwei, Deputy Director of Danzhou Municipal Bureau of Tourism, Culture, Radio, Television and Sports

廖松涛 五指山市旅游和文化发展局副局长

Liao Songtao, Deputy Director of Wuzhishan Municipal Bureau of Tourism and Cultural Development

刘志刚 陵水黎族自治县旅游和文化广电体育局副局长

Liu Zhigang, Deputy Director of Lingshui Li Autonomous County Bureau of Tourism, Culture, Radio, Television and Sports

郑晓燕 保亭黎族苗族自治县旅游和文化广电体育局副局长

Zheng Xiaoyan, Deputy Director of Baoting Li and Miao Autonomous County Bureau of Tourism, Culture, Radio, Television and Sports

主要职责: 负责与赛事有关的职能部门、执委会各部门以及赛事所经各市县政府及相关部门的沟通协调工作; 负责开、闭幕式流程审核、领导邀请和接待; 颁奖组织; 负责组委会、执委会的文秘工作和会议组织。

Main responsibilities: Responsible for the communication and coordination between the functional departments related to the Events, the departments of the Executive Committee, and the municipal and county governments and relevant departments through which the Events pass; Responsible for the opening and closing ceremony process review, leadership invitation and reception; Awarding organization; Be responsible for secretarial work and meeting organization of the Organizing Committee and the Executive Committee.

竞赛部

RACE DEPARTMENT

部长 DIRECTOR

韩峰 中国自行车运动协会副秘书长兼竞赛服务部部长

Han Feng (Deputy Secretary-General and Minister of Competition Service Department of Chinese Cycling Association)

李圆圆 省体育赛事中心副主任

Li Yuanyuan, Deputy Director of the Provincial Sports Events Center

副部长 DEPUTY DIRECTOR

珏琼 中国自行车运动协会综合事务部部长

Jue Qiong Director of the General Affairs Department of Chinese Cycling Association

饶俊 海口出入境边防检查总站边防检查处副处长

Rao Jun Deputy Director of Frontier Inspection Department of Haikou Entry-Exit Frontier Inspection Station

程思远 省旅游和文化广电体育厅竞技体育处一级主任科员

Cheng Siyuan First-Level Principal Staff of the Competitive Sports Division of the Provincial Department of Tourism, Culture, Radio, Television and Sports

陈晓华 海南环岛国际公路自行车赛有限公司总经理

Chen Xiaohua General Manager of Hainan Tour of Hainan International Road Cycling Race Co., Ltd.

主要职责: 负责协调各市县比赛起终点设置、比赛线路规划等竞赛相关工作;负责竞赛组织工作方案的制定与实施;竞赛路线勘查和制定;技术手册印制;国内外运动队的邀请、管理;外籍参赛运动员及工作人员出入境服务;裁判员的邀请和协调;联络员和特殊岗位驾驶员的招募、培训和管理;运动队伍报到、比赛相关通知;竞赛安排和成绩管理;赛事播报和现场广播;起终点、途中冲刺点、爬山点布置、搭建;公共维修和场地器材的布置。

Main responsibilities: Responsible for coordinating the setting of starting and ending points of competitions in cities and counties, the planning of competition routes and other competition-related work; Responsible for the formulation and implementation of the competition organization work plan; Exploration and formulation of competition routes; Printing of technical manual; Invitation and management of sports teams at home and abroad; Entry and exit services for foreign athletes and staff; Invitation and coordination of referees; Recruitment, training and management of liaison officers and drivers in special positions; Sports team registration, competition related notice; Competition arrangement and performance management; Broadcast and live broadcast of events; Layout and construction of starting and finishing points, sprint points on the way and climbing points; Layout of public maintenance and site equipment.

运行保障部

OPERATION SUPPORT DEPARTMENT

部长 DIRECTOR

温华川 (兼) **Wen Huachuan** (concurrently)

副部长 DEPUTY DIRECTOR

莫壮飞 省体育赛事中心社会体育部部长
Mo Zhuangfei Director of the Social Sports Division of the Provincial Sports Events Center

邱懿 海南环岛国际公路自行车赛有限公司综合部负责人

Qiu Yi Head of Comprehensive Department of Tour of Hainan International Road Cycling Race Co., Ltd.

主要职责: 主要负责接待方案的制定和执行;赛事保障车辆协调和调度;竞赛物资管理、发放,以及人员及物资保险等工作。

Main responsibilities: mainly responsible for the formulation and implementation of the reception plan; Event support vehicle coordination and scheduling; Management and distribution of competition materials, and insurance of personnel and materials.

应急交通安保部

EMERGENCY TRAFFIC SECURITY DEPARTMENT

部长 DIRECTOR

吴天雷 省公安厅治安管理总队副总队长
Wu Tianlei, Deputy Chief of the Public Security Management Corps of the Provincial Public Security Department

副部长 DEPUTY DIRECTOR

杨剑 省公安厅治安管理总队特巡警支队副支队长

Yang Jian Deputy Head of the Special Patrol Police Detachment of the Public Security Management Corps, Provincial Department of Public Security

曾平雄 省公安厅交通管理总队秩序支队副支队长

Zeng Pingxiong Deputy Head of the Order Detachment of the Traffic Management Corps, Provincial Department of Public Security

陈益锋 省消防救援总队消防监督处处长

Chen Yifeng Director of the Fire Supervision Division of the Provincial Fire and Rescue Corps

王锦攀 海南省公路管理局副局长

Wang Jinpan Deputy Director of Hainan Provincial Highway Administration

喻世鹏 省应急管理厅指挥中心副主任

Yu Shipeng Deputy Director of the Command Center of the Provincial Emergency Management Department

孙立 省气象局应急与减灾处副处长

Sun Li Deputy Director of the Emergency and Disaster Reduction Division of the Provincial Meteorological Bureau

李占邦 省工业和信息化厅无线电监督管理局副局长

Li Zhanbang Deputy Director of the Radio Supervision and Administration Bureau of the Provincial Department of Industry and Information Technology

李业挺 省旅游和文化广电体育厅竞技体育处原一级调研员

Li Yeting Former First-Level Researcher of the Competitive Sports Division of the Provincial Department of Tourism, Culture, Radio, Television and Sports

主要职责：公安机关负责赛事期间的安全保卫工作，指导相关市县制定安全保卫工作实施方案、突发事件处置预案等。消防救援部门负责指导做好赛事期间消防灭火救援及赛事沿线各食宿点的消防安全检查工作。公路管理部门负责指导协调相关市县单位会同竞赛技术人员做好竞赛路线的勘察、测量，完成比赛公路的养护任务，保证路面状况符合比赛要求。应急管理部门负责指导协调赛事主办单位和属地建立赛事应急协调联动机制，组织指导协调安全生产类、自然灾害类突发事件的应急救援。气象部门做好比赛期间气象预报及预警工作，提供赛事期间天气趋势预报。无线电主管部门负责赛事指挥调度和电视转播等临时使用频率指配，重点对电视直播信号进行保护性监测及排查无线电干扰。

Main responsibilities: the public security organs are responsible for the security work during the Events, and guide the relevant cities and counties to formulate the implementation plan of security work and emergency handling plans. The fire rescue department is responsible for guiding the fire fighting and rescue during the events and the fire safety inspection of all accommodation points along the events. The highway management department is responsible for guiding and coordinating the relevant city and county units to do a good job in the survey

and measurement of the competition route together with the competition technicians, complete the maintenance task of the competition road, and ensure that the road surface condition meets the requirements of the competition. The emergency management department is responsible for guiding and coordinating the organizers and territories of the Events to establish an emergency coordination linkage mechanism for the Events, and organizing, guiding and coordinating the emergency rescue for emergencies such as production safety and natural disasters. The meteorological department shall do a good job in weather forecast and early warning during the events and provide weather trend forecast during the events. The competent radio department is responsible for the assignment of temporary use frequencies such as competition command and scheduling and TV broadcasting, focusing on protective monitoring of live TV signals and investigation of radio interference.

医疗卫生及餐饮安全部

MINISTRY OF HEALTH AND
FOOD SAFETY

部长 DIRECTOR

罗钰 省卫生健康委医疗应急处处长
Luo Yu Director of Medical Emergency Department of Provincial Health and Wellness Committee

王雪梅 省市场监督管理局食品经营安全监督管理处处长
Wang Xuemei (Director of Food Safety Supervision and Management Department, Provincial Market Supervision Administration)

副部长 DEPUTY DIRECTOR

文育焱 省公共卫生紧急救援指挥中心主任
Wen Yuyan (Director of Provincial Public Health Emergency Rescue Command Center)

贾鹏本 省疾控中心传防所副所长
Jia Pengben Deputy Director of the Infectious Disease Prevention and Control Institute of Provincial Center for Disease Control and Prevention

主要职责：指导各市县制定比赛沿线的医疗急救方案，确定各赛段定点救治医院；组建医疗急救队伍，安排医疗救护车辆；指导相关市县做好赛事期间传染病监测和突发公共卫生事件处置；负责指导相关市县做好赛事期间的餐饮服务食品安全监管工作。

Main responsibilities: to guide cities and counties to formulate medical emergency plans along the competition and determine the designated hospitals for treatment in each stage; Set up a medical emergency team and arrange medical rescue vehicles; Responsible for guiding relevant cities and counties to do a good job in food and beverage safety supervision during the events.

市场开发与策划宣传部

MARKETING DEVELOPMENT
AND PLANNING PROPAGANDA
DEPARTMENT

部长 DIRECTOR

吴莉珊 省委宣传部四级调研员
Wu Lishan fourth-level researcher of Propaganda Department of Provincial Party Committee

谢琛 省旅游和文化广电体育厅国内市场和节庆活动处副处长

Xie Chen Deputy Director of the Domestic Market and Festival Activities Division of the Provincial Department of Tourism, Culture, Radio, Television and Sports

副部长 DEPUTY DIRECTOR

李华 海南卫视总监

Li Hua Director of Hainan Satellite TV

陈晓华 (兼) **Chen Xiaohua** (concurrently)

主要职责：编制招商方案、招商洽谈（含赛事接待资源的置换）以及赞助商接待、服务；负责引导和指导赛事途经市县旅游主管部门组织相关旅游机构围绕赛事开发特色旅游产品；负责制作环岛赛旅游产品宣传物料；负责支持和指导推出环岛赛官方旅游纪念品；负责发动相关旅游机构通过各种途径宣传、推介环岛赛旅游产品；负责赛事配套活动的策划、实施及宣传推广。负责制定媒体宣传方案（含新闻发布会方案），媒体联络、邀请、现场采访组织安排、后期跟进以及统筹协调直播工作；负责开、闭幕式策划、实施；负责赛事宣传片等宣传材料的设计、审查、制作、投放等。

Main responsibilities: preparation of investment promotion plan, investment promotion negotiation (including the replacement of event reception

resources) and sponsor reception and service; To be responsible for guiding and instructing the tourism authorities in cities and counties where the Events pass, and organizing relevant tourism agencies to develop characteristic tourism products around the Events; Responsible for making promotional materials for tourism products of round-the-island race; Responsible for supporting and guiding the launch of official tourist souvenirs for the round-the-island race; Responsible for mobilizing relevant tourism agencies to publicize and promote tourism products around the island

through various channels; Responsible for the planning, implementation and promotion of supporting activities of the event. Responsible for formulating media publicity plan (including press conference plan), media contact, invitation, on-site interview organization and arrangement, post-followup and overall coordination of live broadcast work; Responsible for the planning and implementation of the opening and closing ceremonies; Responsible for the design, review, production and delivery of promotional materials such as promotional videos of the events.



裁判员名单 COMMISSAIRES PANEL

总裁判长	President of the Commissaires Panel	
韦恩·帕玛里奥 Wayne POMARIO	加拿大 -CAN	
国际裁判	International Commissaires	
赵锦山 ZHAO Jinshan	中国 -CHN	
朴圣雄 PARK Sungwoong	韩国 -KOR	
国内裁判	National Commissaires	
毛移峰 MAO Yifen	李 佳 LI Jia	梁 雨 LIANG Yu
施俊平 SHI Junping	熊勇胜 XIONG Yongsheng	黄在峰 HUANG Zaifeng
翟晓栋 ZHAI Xiaodong	金玉柱 JIN Yuzhu	孙吉成 SUN Jicheng,
焦胜利 JIAO Shengli	郑长海 ZHENG Changhai	吴占虎 WU Zhanhu
黄胜辉 HUANG Shenghui	冯凌云 FENG Luanyun	孙鸿信 SUN Hongxin
吴子凤 WU Zifeng	马营营 MA Yingying	邹 馨 ZOU Xin
王法海 WANG Fahai		
实习裁判	Trainee	
刘 岩 LIU Yan 王燕云 WANG Yanyun		

竞赛技术团队 RACE TECHNICAL TEAM

赛道监督	Regulator
吕 品 LYU Pin 何志强 HE Zhiqiang	
赛事播报	Radio Tour
纪 洋 JI Yang	
通讯器材	Communication
杨 光 YANG Guang 侯 巍 HOU Wei 赵 晖 ZHAO Hui 王 云 WANG Yun	
电子计时	Electric Timing
伏 浩 FU Hao 王丰民 WANG Fengmin 蒲兴富 PU Xingfu 安 乐 AN Le	
公共器材	Neutral Support
禧玛诺 SHIMANO	
兴奋剂检测	Doping Control
国际兴奋剂检测机构 International Testing Agency	



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工作证件 ACCREDITATIONS



- ORGANIZING & EXECUTIVE COMMITTEE
组委会及执委会官员
- COMMISSAIRE PANEL 裁判团成员
- RACE TECHNICAL TEAM 竞赛技术团队名单
- STAFF 工作人员

TEAM 赛队
- MEDIA 媒体

LIAISON 联络员
- RACE TECHNICAL TEAM 竞赛技术团队名单
- RACE TECHNICAL TEAM 竞赛技术团队名单

ORGANIZING & EXECUTIVE COMMITTEE 组委会及执委会官员



组委会主任 / 组委会副主任 / 组委会委员 / 执委会主任 / 执委会副主任 / 执委会秘书长 / 赛事顾问 / 赛事总指挥 / 赛事副总指挥 / 赛事常务副总指挥 / 赛事总指挥助理

Organizing Committee General Director/
Organizing Committee Deputy General
Director/ Organizing Committee Member/
Executive Committee General Director/
Executive Committee Deputy General /
Executive Committee General Secretary/
Event Consultant/ Event Chief Commander/
Vice Event Chief Commander/Executive
Vice Race Commander / Assistant of Race
Commander

COMMISSAIRES PANEL 裁判团成员



总裁判长 / 国际裁判 / 赛事播报 / 赛事评论 /
竞赛协调 / 兴奋剂检查 / 裁判
Chief COM./ International COM./ Radio Tour/
Commentator/ Race Coordinator/ Doping
Control/ Commissaire

STAFF 工作人员



TEAM 赛队



运动队 / 运动员
Team/ Rider

MEDIA 媒体



直播 / 直播 (直升机航拍) /
赛道特许 (01-25) / 摩托媒体 (01-20) / 媒体
TV / TV(Helicopter)/Media(Route)(01-25)/
Motor Media(01-15) / Media

LIAISON 联络员



联络员 / 起终点经理 / 竞赛秘书处
Liaison/ Start & Finish Manager/
Race Secretariat

VIP 嘉宾



OPERATION DEPARTMENT 赛事保障工作人员



办公室主任 / 办公室副主任 / 办公室 / 竞赛部部长 / 竞赛部副部长 / 竞赛部 / 运行保障部部长 / 运行保障部副部长 / 运行保障部 / 食宿保障 / 车辆保障 / 物资保障 / 市场开发与策划宣传部部长 / 市场开发与策划宣传部副部长 / 市场开发与策划宣传部 / 应急交通安全部部长 / 交通总指挥 / 安保总指挥 / 安全保卫 / 医疗卫生及餐饮安全部部长 / 医疗卫生及餐饮安全部副部长 / 医疗卫生 / 餐饮安全 / 医生 / 通讯保障 / 车顶架保障 / 公共器材 / 电子计时 / 赛道监督 / 赛道监督 (助理) / 摩托车队长 / 摩托车驾驶员 / 摩托引导员 / 保姆车领队 / 保姆车驾驶员 / 场地器材 / 颁奖

Director of General Office/Deputy Director
of General Office/General Office/Minister
of Race Department/Vice Minister of Race
Department/Race Department/Minister
of Operation Department/Vice Minister
of Operation Department/Operation
Department/Accommodation guarantee/
vehicle guarantee/material guarantee/
Minister of Marketing Development and
Planning &Publicity Department/Vice
Minister of Marketing Development and
Planning &Publicity Department/Marketing
Development and Planning &Publicity
Department/ Minister of Emergency Security&
Transport Department/Traffic Commander/
Security Commander/Security Guard/ Minister
of Medical& Sanitation Department/ Vice
Minister of Medical& Sanitation Department/
Medical and Health/Catering Safety/Doctors/
Communication Guarantee/Roof racks
Guarantee/Public Equipment/ Electronic
Timing/Track Supervisor/Track Supervisor
(Assistant)/Motorcycle Captain/Motorcycle
Driver/Motorcycle Guide/Babysitter Team
Leader/Babysitter Driver/Venue Equipment/
Prize Giving

一图读懂 公益金筹集与使用

公益金来源

《彩票公益金管理办法》规定，彩票公益金是按照规定比例从彩票发行销售收入中提取的，专项用于社会福利、体育等社会公益事业的资金。逾期未兑奖的奖金纳入彩票公益金。

不同类型游戏的公益金提取比例(部分)

机构	游戏类型	游戏组	返奖率 (含调节基金)	公益金
中国体育彩票	乐透型体育彩票	超级大乐透	51%	36%
	地方数字型体育彩票	海南4+1	65%	22%
	即开型体育彩票	顶呱刮	65%	20%
	竞猜型体育彩票	竞彩	70%	21%

公益金分配

根据国务院批准的彩票公益金分配政策，彩票公益金在中央和地方之间各按 50% 的比例分配，专项用于社会福利、体育等社会公益事业，按政府性基金管理纳入预算，实行财政“收支两条线”管理。地方留成彩票公益金，由省级财政部门与民政、体育等有关部门商讨研究确定分配原则。中央集中彩票公益金在全国社会保障基金、中央专项彩票公益金、民政部和国家体育总局之间分别按 60%、30%、5% 和 5% 的比例分配。



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为了保护您的权益，不要通过任何手机App或网站购买体育彩票，请到体育彩票实体店购买。

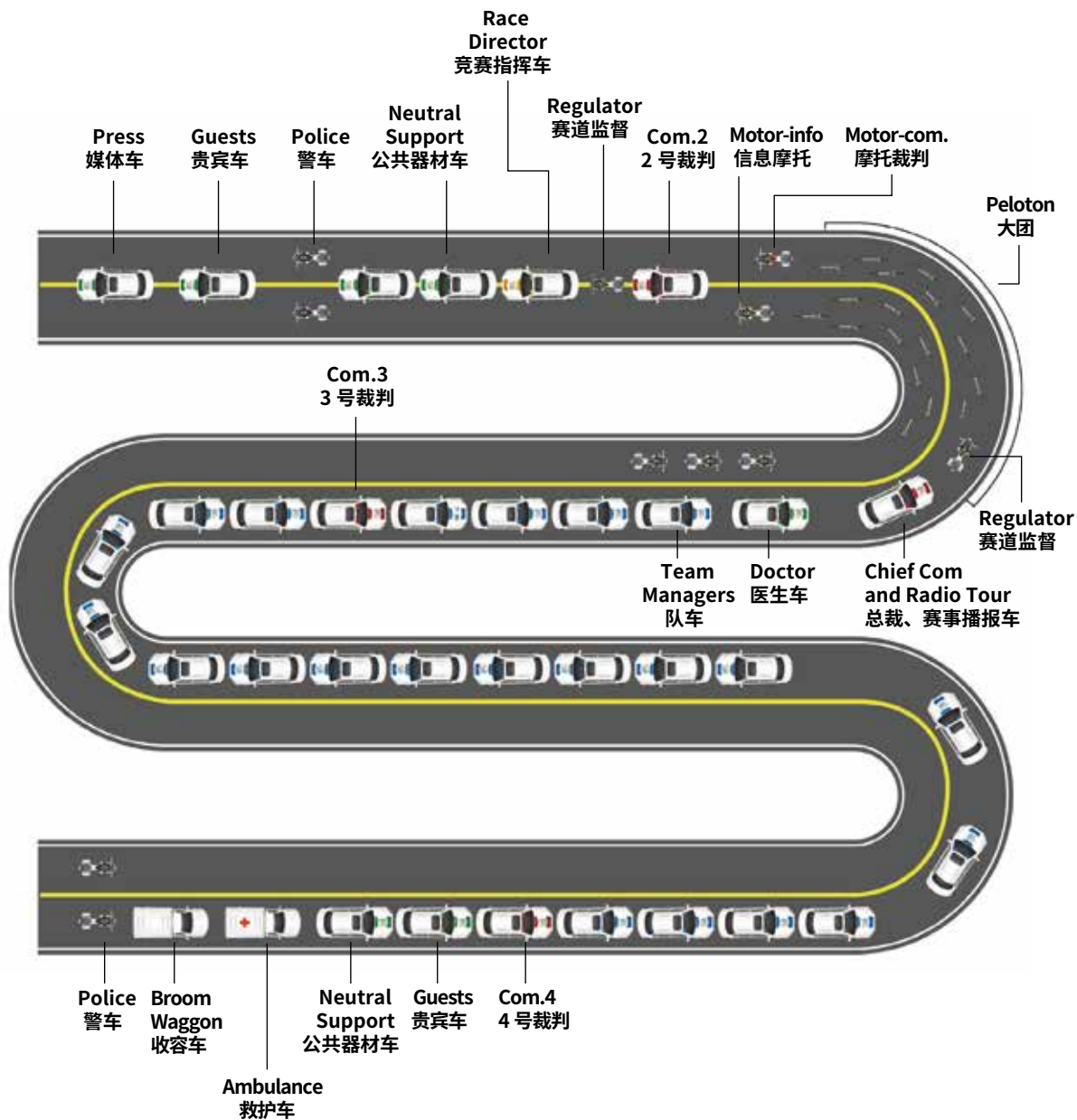


海南体彩官方抖音号



海南体彩微信公众号

车辆排序图 RACE CONVOY ORDER



赛事标识 RACE SIGNAGE

起点 START	终点 FINISH	起终点 START/FINISH	停车场 PARKING	贵宾 VIP		
颁奖区 PODIUM	药检车 DOPING CONTROL	签到处 SIGN ON	运动员入住酒店 HOTEL FOR TEAMS	酒店 HOTEL		
电视转播区 TV LIVE	队车、队棚 TEAM CAR	加油站 GAS STATION	冲刺点一 SPRINT 1	冲刺点二 SPRINT 2		
一级爬坡点 KOM CAT.1	二级爬坡点 KOM CAT.2	三级爬坡点 KOM CAT.3	四级爬坡点 KOM CAT.4	开始爬坡 KOM START		
垃圾区 LITTER ZONE	垃圾区结束 LITTER ZONE FINISH	距离饮食站 5KM 5KM TO FEEDING ZONE	饮食站 FEED ZONE	饮食站结束 FEED ZONE FINISH		
0公里 0KM	最后一公里 LAST 1KM	车队疏导口 DETOUR	队车分流 DETOUR LINE	完赛后路线 TO THE TEAM CAR		
隧道 TUNNEL	道路变窄 NARROW SECTION	转盘 ROUNDBOUT	转盘 ROUNDBOUT	双向通行 TWO-SIDE PASSING		
直行 STRAIGHT ON	左转 TURN LEFT	右转 TURN RIGHT	左变道 LANE CHANGE(L)	右变道 LANE CHANGE(R)	向左掉头 U-TURN(L)	向右掉头 U-TURN(R)

赛事总路线图 RACE MAP

总里程(TOTAL): 896KM



第一赛段 STAGE1	4月15日 APR.15	“森瑞梦”海口 - 澄迈 - 临高 - 儋州 (洋浦) "SUNRIMOON" HAIKOU-CHENGMAI-LINGAO-DANZHOU (YANGPU)	177KM
第二赛段 STAGE2	4月16日 APR.16	“匹克体育”儋州 (洋浦) - 昌江 - 白沙 - 琼中 - 五指山 "PEAK SPORT" DANZHOU (YANGPU)-CHANGJIANG-BAISHA-QIONGZHONG-WUZHISHAN	214.1KM
第三赛段 STAGE3	4月17日 APR.17	五指山 - 琼中 - 陵水 WUZHISHAN-QIONGZHONG-LINGSHUI	217.6KM
第四赛段 STAGE4	4月18日 APR.18	陵水 - 保亭 LINGSHUI-BAOTING	132.7KM
第五赛段 STAGE5	4月19日 APR.19	“萨玛仕科技”保亭 - 三亚 - 乐东 - 三亚 "SAMASSI 3D-PRINTED" BAOTING-SANYA-LEDONG-SANYA	154.6KM

领骑衫 OFFICIAL JERSEYS

黄色领骑衫
Yellow Jersey



荣耀
HONOUR

衫语：荣耀，代表个人总成绩第一。黄衫能让总成绩领先者在众多的比赛选手中更容易识别出来。用时最短的选手将会获得黄衫的拥有权，在环岛赛中，黄色领骑衫同样象征着整个赛事中的最高荣誉。

Jersey Language: Honour

The race leader following each stage has been awarded the yellow jersey. Only after the final stage, the wearer of the yellow jersey is considered the winner of the yellow jersey, and thereby the winner of the Tour of Hainan.

圆点领骑衫
Polka-dot Jersey



坚持
STAMINA

衫语：坚持，在环岛赛的比赛中，由于地域的原因，会有一部分山地赛段，在这些赛段爬坡点积分最高者将获得圆点领骑衫拥有权，并被誉称为“爬坡王”。

Jersey Language: Stamina

In Tour of Hainan, there are challenging mountains in some stages. Athletes who first pass the mountains will be awarded climb points. The leader in the mountains classification wears a distinctive polka dot jersey. Only after the final stage, the wearer of the Polka-dot jersey is considered the winner of the King of Mountain of Tour of Hainan.

绿色领骑衫
Green Jersey



速度
SPEED

衫语：速度，自行车赛事中每一赛段都设有途中冲刺抢分点，率先通过抢分点的选手将获得相应积分，位居抢分累积榜首的选手可获得绿色领骑衫拥有权，这项殊荣也常被誉称为“冲刺王”。

Jersey Language: Speed

In Tour of Hainan, point classification is drawn up by totaling the points awarded in each of 9 stages and in the intermediate sprints. The green jersey will be worn by the leader in the point classification. Only after the final stage, the wearer of the Green jersey is considered the winner of best sprinter of Tour of Hainan.

蓝色领骑衫
Blue Jersey



拼搏
FIGHT

衫语：拼搏，环岛赛作为亚洲最高级别自行车赛事，环岛赛专门为亚洲选手设立了亚洲最佳个人奖项。亚洲选手中，每个赛段比赛后，个人总成绩排第一的选手，将获得蓝色领骑衫拥有权。

Jersey Language: Fight

As an Asian top cycling race, Tour of Hainan takes the responsibility to encourage the fighting spirit of Asian athletes. Asian athlete who ranks first in the General Classification will be awarded the blue jersey. Only after the final stage, the wearer of the Blue jersey is considered the winner of the best Asian athlete of Tour of Hainan.

荣誉榜 - 个人总成绩

2006-2025

ROLL OF HONOUR

年份 YEAR	队名 TEAM	姓名 NAME	成绩 RESULTS
2006	莫斯科迪纳摩洲际队 Team Moscow Omnibike Dynamo	谢尔盖·克列斯尼科夫 Sergey Kolensnikov	19h52'53"
	日本国家队 Japan national team	广濑敏 Hirose Satoshi	19h53'9"
	日本国家队 Japan national team	阿部良之 Abe Yoshiyuki	19h53'9"
2007	波兰因特尔埃克森洲际职业队 Intel-Action	罗伯特·仁多士 Robert RADOSZ	26h40'48"
	俄罗斯国家队 Russian National Team	罗曼·克里莫夫 Roman KLIMOV	26h41'16"
	瑞士国家队 Swiss National Team	帕斯卡·洪那彼得 Pascal Hungerbuehler	26h41'21"
2008	俄罗斯队 RUSSIA	斯皮尔斯基·伯瑞斯 Shpilevskiy Boris	29h57'04"
	台北捷安特队 GIANT ASIA RACING	麦肯·大卫 McCann David	29h58'18"
	波兰队 POLAND	布拉泽伊 Janiaczyk Blazej	29h58'30"
2009	意大利卡米欧队 Carmiooro A-Style	弗朗西斯科·文托索 Francisco VENTOSO	32h53'22"
	斯洛文尼亚队 Slovenia	格雷加·波尔 Grega BOLE	32h53'39"
	乌克兰队 Ukraine	维塔利·布奇 Vitaliy BUTS	32h53'49"
2010	阿斯塔纳职业队 Astana Pro Team	伊格林斯琪·维林缇 IGLINSIY Valentin	26h49'23"
	西班牙塞维托职业队 Footon-Servetto Fuj	沃克·约尼 WALKER Johnnie	26h49'40"
	俄罗斯国家队 Russian National Team	马科夫·阿列克谢 Markov Alexey	26h49'41"
2011	阿斯塔纳职业队 Astana Pro Team	伊格林斯琪·维林缇 IGLINSIY Valentin	34h02'42"
	南非 MTN 洲际队 MTN Qhubeka	莱因哈特·扬瑟·范伦斯堡 Reinardt Janse van Rensburg	34h02'55"
	德国埃迪洲际队 TEAM EDDY MERCKX-INDELAND	亚历山大·施密特 Alexander Schmitt	34h03'02"
2012	阿斯塔纳职业队 ASTANA PRO TEAM	格鲁扎·德米特里 GRUZDEV Dmitriy	34h12'33"
	阿斯塔纳职业队 ASTANA PRO TEAM	维林缇·伊格林斯琪 IGLINSKIY Valentin	34h12'50"
	荷兰禧玛诺洲际职业队 TEAM ARGOS-SHIMANO	路德维根生·托拜厄斯 LUDVIGSSON Tobias	34h12'59"
2013	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	霍夫兰德·莫雷诺 HOFLAND Moreno	33h44'00"
	比利时农业信贷银行洲际职业队 CRELAN - EUPHONY	弗莱迪克·阿莫里森 AMORISON Frédéric	33h45'07"
	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	托马斯·李泽 Thomas Leezer	35h45'14"

年份 YEAR	队名 TEAM	姓名 NAME	成绩 RESULTS
2014	法国马赛苹果洲际队 Team La Pomme Marseille	安东玛奇·朱利安 ANTOMARCHI Julien	35h02'00"
	意大利蓝波美利达车队 Lampre Merida	博尼法齐奥·尼克洛 BONIFAZIO Niccolo	35h02'22"
	阿斯塔纳职业队 Astana Pro Team	安德烈·泽依茨 ZEITS Andrey	35h02'25"
2015	蓝波美利达职业队 LAMPRE - MERIDA	萨沙·莫多洛 MODOLO Sacha	35h26'51"
	阿斯塔纳职业队 ASTANA PRO TEAM	安德烈·泽依茨 ZEITS Andrey	35h27'00"
	马赛 KTM13 洲际职业队 Team Marseille 13 KTM	朱利安·埃尔·法雷 EL FARES Julien	35h27'03"
2016	阿斯塔纳职业队 ASTANA PRO TEAM	阿列克谢·卢岑科 LUTSENKO Alexey	35h16' 41"
	蓝波美利达职业队 LAMPRE - MERIDA	普拉玛斯洛·涅麦克 NIEMIEC Przemyslaw	35h16' 58"
	蓝波美利达职业队 LAMPRE - MERIDA	马捷·莫霍尔 MOHORIC Matej	35h17' 25"
2017	威廉 WILIER TRIESTINA - SELLE ITALIA	雅克波·莫斯卡 MOSCA Jacopo	36h41'27"
	UKYO TEAM UKYO	本杰米·普拉德斯 PRADES REVERTER Benjami	36h41'30"
	马赛 DELKO MARSEILLE PROVENCE KTM	埃米尔斯·利平斯 LIEPINS Emils	36h41'32"
2018	安德罗尼 ANDRONI GIOCATTOLI - SIDERMEC	马斯纳达·福斯托 MASNADA Fausto	35h27'21"
	瑞士国家队 SWISS CYCLING TEAM	马德尔·吉诺 MADER Gino	35h27'23"
	马赛 DELKO MARSEILLE PROVENCE KTM	朱利安·埃尔法雷斯 JULIEN El Fares	35h27'31"
2023	麦德林车队 TEAM MEDELLIN - EPM	奥斯卡·米格尔·塞维利亚·里韦拉 SEVILLA RIVERA Oscar Miguel	18h02'59"
	以色列 - 博泰 ISRAEL - PREMIER TECH	塞巴斯蒂安·伯威克 BERWICK Sebastian	18h03'00"
	中国华兴洲际队 CHINA GLORY CONTINENTAL CYCLING TEAM	詹姆斯·皮科利 PICCOLI James	18h03'07"
2024	布尔戈斯 -BH 车队 /BURGOS-BH	亚伦·盖特 GATE Aaron Murray	18h33'57"
	阿斯塔纳车队 /ASTANA QAZAQSTAN TEAM	赫诺克·穆卢埃伯汉 MULUEBERHAN Henok	18h34'27"
	巴迪亚尼车队 /VF GROUP-BARDIANI CSF- FAIZANE'	菲利普·马利 MAGLI Filippo	18h34'30"
2025	思优泰 - 梵蒂尼车队 /SOLUTION TECH VINI FANTINI	基里洛·察连科 TSARENKO Kyrylo	19h28' 45"
	李宁之星洲际队 /LINING STAR	克里斯蒂安·赖莱亚努 RAILEANU Cristian	19h28' 49"
	喜德盛阿斯塔纳车队 /XDS ASTANA TEAM	亚伦·盖特 GATE Aaron Murray	19h29' 25"

荣誉榜 - 圆点领骑衫 2006-2025 KOM ROLL OF HONOUR

年份 YEAR	队名 TEAM	姓名 NAME
2006	澳大利亚 FRF 洲际队 Team FRF COURIERS-NSWIS	皮特·赫兹格 Peter Herzig
2007	俄罗斯国家队 Russian National Team	海勒·安德诺夫米 Mikhail ANTONOV
2008	哈萨克斯坦队 KAZAKHSTAN	伊格林斯基 维林缇 Iglinskiy Valentin
2009	乌克兰队 Ukraine	弗拉基米尔·扎格洛德尼 Volodymyr Zagorodniy
2010	西班牙塞维托职业队 Footon-Servetto Fuji	杜兰·阿特亚加 DURAN Arkaitz
2011	西班牙健力士洲际职业队 GEOX-TMC	毛里西奥·葛雷多 MAURIZIO GORATO
2012	中国恒祥洲际队 HENGXIANG CYCLING TEAM	王美银 Wang Meiyin
2013	波兰 CCC 洲际职业队 CCC POLSAT POLKOWICE	马特兹·塔西亚克 TACIAK Mateusz
2014	乌克兰国家自行车队 Ukraine National Cycling Team	格雷卿·塞吉 GRECHYN Sergiy
2015	马赛 KTM13 洲际职业队 Team Marseille 13 KTM	朱利安·埃尔·法雷 EL FARES Julien
2016	智美 - 恒翔 WISDOM-HENGXIANG CYCLING TEAM	马光通 GUANGTONG Ma
2017	爱寿维车队 ISOWHEY SPORTS SWISSWELLNESS	萨姆·克罗姆 CROME Sam
2018	恒翔车队 HENGXIANG CYCLING TEAM	吕先景 LYU Xianjing
2023	波兰之心 HRE MAZOWSZE SERCE POLSK	米哈尔·波莫斯基 POMORSKI Michal
2024	麦德林车队 TEAM MEDELLIN	安德烈斯·帕雷德斯 PAREDES ZAPATA Wilmar Andres
2025	沃尔肯博格 - 公园酒店车队 PARKHOTEL VALKENBURG	尼尔斯·辛舍克 SINSCHER Nils

荣誉榜 - 绿色领骑衫 2006-2025 ROLL OF HONOUR BY PONITS

年份 YEAR	队名 TEAM	姓名 NAME
2006	莫斯科迪那摩洲际队 Team Moscow Omnibike Dynamo	安德烈·克留耶夫 Andriy Klyuev
2007	俄罗斯国家队 Russian National Team	丹尼斯·格林姆西亚诺夫 Jenis galimzyanov
2008	俄罗斯国家队 Russian National Team	斯皮尔斯基·伯瑞斯 Shpilevskiy Boris
2009	俄罗斯国家队 Russian National Team	斯皮尔斯基·伯瑞斯 Shpilevskiy Boris
2010	阿斯塔纳职业队 Astana Pro Team	伊格林斯基 维林缇 IGLINSKIY Valentin
2011	荷兰禧玛诺洲际职业队 SKIL-SHIMANO	肯尼·范·胡梅尔 Kenny Van Hummel
2012	美国赛诺菲洲际职业队 TEAM TYPE 1-SANOFI	亚历山大·谢列布里亚科夫 SEREBRYAKOV Alexander
2013	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	霍夫兰德 莫雷诺 HOFLAND Moreno
2014	意大利蓝波美利达车队 Lampre Merida	博尼法齐奥·尼克洛 BONIFAZIO Niccolo
2015	意大利蓝波美利达车队 Lampre Merida	萨沙·莫多洛 MODOLO Sacha
2016	捷安特 - 欧倍青 TEAM GIANT-ALPECIN	马克斯·麦克斯 WALSCHEID Max
2017	威廉 WILIER TRIESTINA - SELLE ITALIA	雅各布·马雷斯科 MARECZKO Jakub
2018	TEAM UKYO	克雷德·雷蒙德 KREDER Raymond
2023	克罗蒂克 CORRATEC SELLE ITALIA	尼古拉斯·达拉瓦莱 DALLA VALLE Nicolas
2024	布尔戈斯 - BH 车队 BURGOS-BH	亚伦·盖特 GATE Aaron Murray

荣誉榜 - 团队最佳

2006-2025

ROLL OF HONOUR BEST TEAM

年份 YEAR	荣誉 HONOUR	队名 TEAM	成绩 RESULTS
2006	团体最佳 BestTeam	日本国家队 Japan national team	19h53'9"
	亚洲团体最佳 Best Asian Team	日本国家队 Japan national team	
2007	团体最佳 BestTeam	波兰因特尔埃克森洲际职业队 Intel-Action	80h04'36"
	亚洲团体最佳 Best Asian Team	日本阿萨达洲际队 Nippo Corporation-Meitan Honpo Co.LTD-Asada	80h06'38"
2008	团体最佳 BestTeam	波兰队 POLAND	89h56'24"
	亚洲团体最佳 Best Asian Team	哈萨克斯坦队 KAZAKHSTAN	89h56'57"
2009	团体最佳 BestTeam	乌克兰队 Ukraine	98h42'26"
	亚洲团体最佳 Best Asian Team	中国国家队 CHINA	98h42'42"
2010	团体最佳 BestTeam	俄罗斯国家队 Russian National Team	80h29'45"
	亚洲团体最佳 Best Asian Team	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	80h29'49"
2011	团体最佳 BestTeam	西班牙健力士土洲际职业队 GEOX-TMC	102h09'33"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	102h09'33"
2012	团体最佳 BestTeam	阿斯塔纳职业队 ASTANA PRO TEAM	102h40'06"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	
2013	团体最佳 BestTeam	荷兰贝尔金职业队 BELKIN-PRO CYCLING TEAM	101h15'55"
	亚洲团体最佳 Best Asian Team	中国香港队 HONGKONG CHINA TEAM	101h23'42"
2014	团体最佳 BestTeam	法国马赛苹果洲际队 Team La Pomme Marseille	105h08'50"
	亚洲团体最佳 Best Asian Team	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	105h10'14"
2015	团体最佳 BestTeam	阿斯塔纳职业队 ASTANA PRO TEAM	106h21'44"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	
2016	团体最佳 BestTeam	蓝波美利达职业队 LAMPRE - MERIDA	105h52'33"
	亚洲团体最佳 Best Asian Team	阿斯塔纳职业队 ASTANA PRO TEAM	105h55'30"
2017	团体最佳 BestTeam	马赛 DELKO MARSEILLE PROVENCE KTM	110h05'24"
	亚洲团体最佳 Best Asian Team	恒翔车队 HENGXIANG CYCLING TEAM	110h10'35"
2018	团体最佳 BestTeam	TEAM UKYO	106h25'41"
	亚洲团体最佳 Best Asian Team	恒翔车队 HENGXIANG CYCLING TEAM	106h33'32"
2023	团体最佳 BestTeam	以色列博泰车队 ISRAEL - PREMIER TECH	54h10'23"
	亚洲团体最佳 Best Asian Team	巴迪瑞蓝图洲际队 BODYWRAP LTWO CYCLING TEAM	55h10'44"
2024	团体最佳 BestTeam	布尔戈斯 -BH 车队 BURGOS-BH	55h43'36"
	亚洲团体最佳 Best Asian Team	李宁之星洲际车队 LI NING STAR	56h50'02"
2025	团体最佳 Best Team	布尔戈斯 BH 车队 BURGOS-BURPELLET-BH	58h29' 06"
	亚洲团体最佳 Best Asian Team	路佳保险车队 ROOJAI INSURANCE	59h11' 07"

荣誉榜 - 绿色领骑衫

2006-2025

ROLL OF HONOUR BEST ASIAN

年份 YEAR	队名 TEAM	姓名 NAME	成绩 RESULTS
2006	日本国家队 Japan national team	广濑敏 Hirose Satoshi	19h53'9"
2007	日本阿萨达洲际队 Nippo Corporation-Meitan Honpo Co.LTD-Asada	冈崎和也 OKAZAKI Kazuya	26h41'21"
2008	哈萨克斯坦队 KAZAKHSTAN	格鲁扎·德米特里 Gruzdev Dmitriy	29h58'36"
2009	中国国家队 CHINA	马海军 Ma Haijun	32h54'09"
2010	阿斯塔纳职业队 Astana Pro Team	伊格林斯琪 维林缇 IGLINSIY Valentin	26h49'23"
2011	阿斯塔纳职业队 Astana Pro Team	伊格林斯琪 维林缇 IGLINSIY Valentin	34h02'42"
2012	阿斯塔纳职业队 Astana Pro Team	格鲁扎·德米特里 GRUZDEV Dmitriy	34h12'33"
2013	卓比奥斯洲际职业队 Champion system pro cycling team	焦鹏达 JIAO Pengda	33h45'50"
2014	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	安德烈·泽依茨 ZEITS Andrey	35h02'25"
2015	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	安德烈·泽依茨 ZEITS Andrey	35h27'00"
2016	哈萨克斯坦阿斯塔纳职业队 Astana Pro Team	阿列克谢·卢岑科 LUTSENKO Alexey	35h16'41"
2017	中国恒翔 HENGXIANG CYCLING TEAM	柳建鹏 LIU Jianpeng	36h41'42"
2018	恒翔车队 HENGXIANG CYCLING TEAM	吕先景 Lyu Xianjing	35h28'20"
2023	巴迪瑞蓝图洲际队 BODYWRAP LTWO CYCLING TEAM	李博安 Li Boan	18h05'14"
2024	巴迪瑞洲际车队 BODYWRAP MEN' S CYCLING TEAM	王奎程 WANG Kuicheng	18h36'29"
2025	登嘉楼车队 TERENGGANU CYCLING TEAM	瓦季姆·普隆斯基 PRONSKIY Vadim	19h29' 42"



特定规则 SPECIFIC REGULATIONS

第一条：组委会

第十七届环海南岛国际公路自行车赛，由国际自行车联盟、国家体育总局和海南省人民政府主办，中国自行车运动协会、海南省旅游和文化广电体育厅、海口市人民政府、三亚市人民政府、儋州市人民政府、五指山市人民政府、陵水黎族自治县人民政府、保亭黎族苗族自治县人民政府承办。根据国际自行车联盟（UCI）的规定和本赛事的特定规则来执行。本届环海南岛国际公路自行车赛将于4月15日至4月19日进行，共设5个赛段，全程约896公里。

第二条：赛事类别

本赛事面向男子精英和23岁以下级别的运动员，它已被列入UCI赛事日程表，注册级别为UCI职业系列赛。

依照UCI 2.10.008条规定，个人总成绩前15名的运动员，得分分别如下：

250, 170, 140, 120, 100, 80, 70, 60, 50, 40, 30, 20, 10, 10 和 10 分；

第16名到25名可获得6分，第26名到29名可获得5分，第31名到40名分别可获得3分。

每个分段前5名分别获得25, 15, 10, 5和3分。

各分段着领骑衫者得5分（黄衫）

第三条：参赛队

依照UCI第2.1.005条款的规定，环海南

岛国际公路自行车赛面向以下参赛队：

UCI世巡队，UCI职业队,UCI洲际队，UCI自行车越野职业队及国家队。

依照UCI第2.2.003 及2.2.003bis条款的规定，每队参赛的运动员为7名，但不得少于5名，官员最多为6名。

第四条：竞赛总部

竞赛总部将于

4月13日 09:00-22:00开放，地址如下：

澄迈西海岸大酒店

海南省澄迈老城盈滨半岛永庆大道

电话：+86-898-67498888

邮箱：623713588@qq.com

竞赛总监：韩峰 李圆圆

地址：海南省海口市文兴路1号

电话：+86-898-65251913

手机：+86 18618361111

+86 13907571597

Email:admin@chncycling.com

tourofhainan@163.com

安全经理：单洋洋

地址：海南省海口市文兴路1号

手机：+86 13876049059

参赛队代表须于4月14日15:00-16:30在澄迈西海岸大酒店，确认本队参赛者名单、检查会员证及队服、并领取比赛号码布。

领队会依照UCI 1.2.087条款的规定安排，由组委会领导及裁判团成员出席，定于4月14日17:00澄迈西海岸大酒店。

第五条：竞赛播报

有关竞赛信息将通过竞赛播报员全程报导，频道将在领队会上公布。

所有信息皆用中、英两种语言播报。

第六条：公用器材车

公用器材服务由禧玛诺提供。

将有3辆公用器材车提供服务。

第七条：终点时间限制（关门时间）

考虑到每个赛段的特点，关门时间分别规定如下：

平路赛段：10%（第1赛段）

丘陵赛段：15%（第4赛段）

山地赛段：20%（第2、3和5赛段）

在特殊情况下，关门时间可根据2.6.032条款，将由裁判团和组委会商定后做出调整决定。

第八条：最后3公里发生公认事故的处理

最后3公里发生公认事故的处理将按照UCI规则第2.6.027条款执行，第四赛段除外。

第九条：排名—时间奖励—公布

排名如下：

1.个人总成绩排名(黄色领骑衫)：

计时裁判每段所记录的时间将计入个人总成绩排名，时间奖励只计入个人总成绩内。

如果有两人或多人的个人总成绩相同，则将根据UCI规则第2.6.015款来决定。

个人总成绩排名领先者可获得当日奖金。

2、团体排名

分段团体成绩是根据该队当段前三名运动员成绩相加来计算的，如成绩相等，则根据该三名运动员的名次相加来决定，如成绩仍相等，则根据该分段中该队最佳运动员的名次来决定。

团体总成绩名次排列，是根据每分段赛中该队前三名运动员的成绩相加来决定，若成绩相等，则根据以下规定排名：

- 1) 各分段赛中获得团体第一名的次数；
- 2) 各分段赛中获得团体第二名的次数……,依此类推。

如果成绩仍相等，则根据该队在个人总成绩中最佳运动员的名次来决定。

任何少于3名运动员的车队，将被取消团体总成绩的排名。

团体总成绩领先的车队队员，其服装应有独特的标记。

3、冲刺总积分排名（绿色领骑衫）

冲刺所得分数的名次排列，将根据每赛段终点所得分数及途中冲刺（9次）所得分数累计计算。

每赛段前15名的运动员，得分分别如下：

17, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 和 1分。

各途中冲刺点的前三名运动员得分分别

如下：5、3和1分。

依照UCI 2.6.017条规定，若个人冲刺总分排名成绩相等，则按以下顺序排列名次：

- 1) 分段赛中获得第一名的次数；
- 2) 途中冲刺第一名的次数；
- 3) 个人总成绩名次

获得各赛段各冲刺点的前3名运动员,将获得当日奖金（参阅奖金表）。

获得冲刺得分领先的运动员，将获得绿色领骑衫。

途中冲刺得分点分布如下：

赛段	距出发点的公里数
1	53.7 / 83.5
2	90.9 / 123.8
3	70.9 / 185.7
4	75.1 / 111.6
5	102.6

为获取个人积分总成绩排名，运动员必须在规则规定的时间内完赛,排名才有效，否则，不得获取最终排名。

4、爬山排名（圆点衫）

爬山总成绩将根据14次爬山冲刺得分累积来决定。根据UCI第2.6.017条规定，若爬山总分相同，将按以下准则排名：

- 1)在一级爬山点获得第一名的次数；
- 2)在二级爬山点获得第一名的次数；
- 3)在三级爬山点获得第一名的次数；
- 4)在四级爬山点获得第一名的次数；
- 5)个人总成绩排名。

获得各分赛段各爬山点得分的运动员,将分别获得当日奖金（参阅奖金表）。

获得爬山积分领先的运动员,将颁发圆点衫。

爬山点分布如下：

赛段	距起点公里数
1	29.5(4级)
2	114(1级), 138.2(3级), 152.9(1级)和199.5 (1级)
3	8(3级), 19.8(3级), 124.5(2级) 和145.9(2级)
4	132.7(2级)
5	24.8(1级), 38.7(3级), 47(3级)和92.5(3级)

每个爬山点得分分别如下：

一级爬山点前六名分别得9, 7, 5, 3, 2和1分。

二级爬山点前五名分别得7, 5, 3, 2和1分。

三级爬山点前四名分别得5, 3, 2和1分

四级爬山点前三名分别得3, 2和1分。

为获取爬山个人总成绩排名，运动员必须在规则规定的时间内完赛，排名才有效，否则，不得获取最终排名。

5、亚洲最佳个人排名（蓝色领骑衫）

亚洲最佳个人总成绩排名面向车队注册地在亚洲的亚洲国籍选手。

如成绩相等,则依据本规则第9条第1款

的规定来排定。

亚洲最佳选手,将着蓝色领骑衫，并获得当日奖金。

6、亚洲最佳团体排名

亚洲分段团体的成绩，是注册地在亚洲车队中的亚洲籍前3位选手在该段中的累积成绩来计算。

亚洲团体总成绩是由分段团体成绩相累积来决定。

如成绩相等，则依据本规则第9条第2款的规定来排定。

7. 关于领骑衫

获得排名领先的运动员，将身着不同颜色的领骑衫。

若一名运动员同时获得一件以上的领骑衫，则根据以下顺序在下一站穿着领骑衫：

- 1)个人总成绩(黄衫)；
- 2)冲刺总成绩(绿衫)；
- 3)爬山总成绩(圆点衫)；
- 4)亚洲最佳选手总成绩(蓝衫)；

组委会将要求下一位选手穿着该名次的领骑衫,但不享受领骑衫奖金,领骑衫奖金只颁发给领骑衫获得者。然而，如果该选手须穿着世锦赛、洲际锦标赛或全国锦标赛、UCI世界杯赛、巡回赛、系列赛的领骑衫，则可以身着该领骑衫。

8. 时间奖励

1) 终点冲刺：前3名运动员分别获得减秒10, 6和4秒的时间奖励。

2) 途中冲刺：前3名运动员分别获得减

秒3, 2和1秒的时间奖励。

3) 时间奖励只适用于个人总成绩。

9. 赛段敢斗奖

每一个赛段敢斗奖将由组委会和裁判团在当日赛后选出。

第十条：补给

运动员允许从队车中及在规定的补给站区间得到补给，比赛开始30公里后到结束前20公里之间进行补给。

补给时队车应在裁判车后进行补给及听从裁判的指挥。

各赛段途中补给站发布如下（前往补给站的巴士停靠在起点线前约50米处，将在比赛开始前15分钟出发）：

赛段	距出发点/公里	交通
1	35.5 / 66.6 / 100.8 / 137.4	巴士
2	30.7 / 69.1 / 102.9 / 141.3 / 171.4	巴士
3	34.6 / 74.6 / 101.2 / 138.5 / 177.7	巴士
4	30.1 / 68.8 / 103.7	巴士
5	35.7 / 68.7 / 105.6 / 132.6	巴士

第十一条：奖金分配表和特殊奖(奖金分配请见附表)。

本届环海南岛国际公路自行车赛,设奖金和特殊奖。按UCI规定，将扣除11.82%的特例税，2.7%的反兴奋剂贡献费及1%的SafeR贡献费付给UCI，其余部分将通过国自盟奖金管理系统发放至各队。

第十二条：药检

药检完全按照UCI及ITA的规定执行。药检地点将设在终点附近的房车內。

中国反兴奋剂使用法律亦适用于本比赛。

第十三条：颁奖仪式

根据UCI 规定第2.6.018bis条，以下运动员必须出席正式的颁奖仪式：

- 1、获得当段敢斗奖的运动员
- 2、分段前三名
- 3、亚洲最佳选手领先者
- 4、爬山积分领先者
- 5、冲刺积分领先者
- 6、个人总成绩领先者

以上运动员须在每段比赛成绩公布后上台领奖。颁奖结束后当段冠军和领骑衫获得者参加新闻发布会。

此外，以下运动员（队）需出席闭幕式颁奖仪式：

- 1、亚洲最佳选手
- 2、爬山积分排名第一名



- 3、冲刺积分排名第一名
- 4、团体排名第一的车队（含亚洲团体最佳车队）
- 5、个人总成绩排名前三名

第十四条：判罚

将按照UCI判罚条款的有关规定执行。

第十五条：提倡绿色环保，保护环境

自行车运动是一项环保的绿色运动，赛事组委会要求各参赛队的领队、教练员、运动员以及所有工作人员，在本次比赛中应加强环保意识，注意环境卫生及公共卫生，不得随意抛弃果皮纸屑等杂物，废弃物或者空水壶应交回队车里或丢至垃圾区。垃圾区设在补给区的前后二侧，最后冲刺前以及起终点的队伍休息区位置，所有垃圾区组委会将安排专人负责垃圾清理及现场保洁工作。赛事组委会要求各参赛队的领队、教练员、运动员以及所有工作人员，能在本次比赛当中遵守相关规定。

第十六条：其它

参赛队领队、教练、运动员及其他人员均应遵守本赛事特定的条款及UCI规则。

特定规则 SPECIFIC REGULATIONS

Article 1: Organization

Tour of Hainan is organized by UCI (International Cycling Union), General Administration of Sport of China, the People's Government of Hainan Province, hosted by Chinese Cycling Association, Department of tourism, Culture, Radio, Television, and Sports of Hainan Province, Haikou City People's Gov, Sanya City People's Gov, Wuzhishan City People's Gov, Lingshui Li Autonomous County People's Gov, Baoting Li and Miao Autonomous County People's Gov. Tour of Hainan is under the UCI regulations and the Specific Regulations. It is to be held from 15 to 19 April, 2026 over 5 stages with a total distance of approximately 896 km.

Article 2: Type of Event

The event is open to athletes of the Men Elite and Under 23 categories. The event is entered on the UCI Calendar and registered as a Pro series event.

In conformity with the UCI rules article 2.10.008, points are awarded to the first 15 riders in the Individual General Classifications as follows:

250, 170, 140, 120, 100, 80, 70, 60, 50, 40, 30, 20, 10, 10 and 10 points;

6 points for riders placing 16th to 25th, 5 points for 26th to 29th, and 3 points for 31st to 40th.

25, 15, 10, 5 and 3 points for the first 5 riders in each stage.

5 points for wearing the race leader's jersey per stage.

Article 3: Participation

As per article 2.1.005 of the UCI Cycling Regulations, the event is open to the following teams: UCI World Teams, UCI Pro Teams, UCI Continental Teams, UCI Cyclo-cross Professional Teams and National Teams.

As per article 2.2.003 & 2.2.003bis of the UCI Cycling Regulations, the maximum number of riders each team is 7 and the minimum number of riders is 5 and the maximum number of officials is 6.

Article 4: Race Headquarters

At the start, headquarter of the race shall be open from 13 April, 2026 at 09:00 to 22:00 and located at the following add:

Chengmai West Coast Resort
Add: Yongqing Avenue, Yingbin Peninsula, Laocheng Town, Chengmai County, Hainan Province, CHINA
Tel:+86-898-67498888
Email: 623713588@qq.com

Race Director
Han Feng/Li Yuanyuan
Add: No.1, Wen Xing Road, Haikou
Tel: +86-898-65251913
Mobile: +86-18618361111
+86-13907571597
Email: admin@chncycling.com
tourofhainan@163.com

Race Safety Manager
Shan Yangyang
Add: No.1, Wen Xing Road, Haikou
Mobile: +86-13876049059

Teams' representatives are requested to confirm their starting riders and present their 2026 UCI licenses to collect their race numbers and timing transponders from 15:00 to 16:30 on 14 April at the Chengmai West Coast Resort in Chengmai County. The Team Managers' Meeting, organized in accordance with article 1.2.087 of the UCI Cycling Regulations in the presence of the members of the Commissaires' Panel, is scheduled for 17:00 on 14 April at the Chengmai West Coast Resort in Chengmai County

Article 5: Radio-Tour

Race information will be broadcast on the following frequency: to be announced at the Team Managers' Meeting. All information will be announced in English and Chinese.

Article 6: Neutral Technical Support

"SHIMANO" will provide the neutral technical support service. The event is supported by 3 neutral service cars.

Article 7: Finishing Time Limit

Taking into account the characteristics of each stage, the finishing time limits have been set as follows:

Flat stage: 10%

(Stage: 1)

Moderately hilly stage: 15%

(Stage: 4)

Mountain stage: 20%

(Stage: 2 & 3 & 5)

The time limit may, in exceptional circumstances, be increased by the

Commissaires' Panel in agreement with the Organizer according to UCI Cycling Regulations article 2.6.032.

Article 8: Race Incidents occurring in the last 3 Kilometers.

The UCI Regulations Art. No. 2.6.027 will apply in case of race incidents in the last 3 km, except for Stage 4.

Article 9: Classifications, & Time Bonuses

The following classification(s) will be issued:

9.1: General Individual Classification by time (Yellow Jersey):

The time as recorded by the timekeeper, after applying the time bonuses and time penalty shall be entered in the individual general time classifications. Bonuses are only taken into consideration for the individual general classification.

Where two or more riders make the same time in the general individual classification, UCI Cycling Regulations article 2.6.015 will be applied.

The leader of the individual general classification will receive a daily award.

9.2: Team General Classification by time:

The team classification for the day shall be calculated on the basis of the sum of the first three best individual times from each team. In the event of a tie, teams shall be separated by the sum of the places acquired by their three best-place riders on the stage. If the teams are still tied, they shall be separated by the placing of their best rider on the stage classification.

The team general classification shall be calculated on the basis of the sum of the three best individual times from each team in each stage ridden. In the event of a draw, the following criteria shall be applied in order until the teams are separated:

1. Numbers of first place in the daily team classifications;
2. Numbers of second places in the daily team classifications and etc.

If there is still a draw, the teams shall be separated by the placing of their best rider in the general individual classification.

Any team reduced to fewer than three riders shall be eliminated from the general team classification.

The riders of the team leading the team classification shall be required to wear the corresponding distinctive sign.

9.3: General Points Classifications (Green Jersey):

The point classification is drawn up by totaling the points awarded in each of 5 stages, and in the intermediate sprints (ISx9).

Points are awarded for each stage finished: 17, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1 points to the first 15 riders of the stage.

Points are awarded for each intermediate sprints: 5, 3 and 1 point for the first 3 riders respectively.

In accordance with article 2.6.017 of the UCI regulations, in the event of a tie in the general classification by points, the following criteria shall be applied in order until the riders are separated:

- 1) Numbers of stage win,

2) Numbers of wins in intermediate sprints counting for the general points classification,

3) General individual classification by time. The stage intermediate sprint(s): The first 3 riders of each intermediate sprint will receive a daily award.

The leader of the point classification will also receive a green jersey.

Points are awarded for each of the intermediate sprints during:

Stage	Kilometers distance from the Start
1	53.7 & 83.5
2	90.9 & 123.8
3	70.9 & 185.7
4	75.1 & 111.6
5	102.6

To receive the prizes for the general points classification, each competitor must have completed the whole course of the race within the time limits set by the organizers.

9.4: KOM General Classification (Polka-Dot Jersey):

A "KOM" general classification is to be contested over the 14 climbs counting for this classification. In accordance with article 2.6.017 of the UCI Cycling Regulations. In the event of a tie in the "KOM" classification the following criteria shall be applied in order until the riders are separated:

1. Number of first place in the 1st category climbs,
2. Number of first places in the 2nd category climbs,
3. Number of first places in the 3rd category climbs,
4. Number of first place in the 4th category climbs.

5. The placing in the Individual General Classification.

The first few riders of each stage's "KOM" classification (see the Prize Money table) will receive a daily award.

The leader of the "KOM" classification will receive a red polka-dot jersey.

Points are awarded for each of the climbs during:

Stage	Distance from the Start (Km)
1	29.5 (Cat.4)
2	114 (Cat.1), 138.2(Cat.3), 152.9 (Cat.1) & 199.5(Cat.1)
3	8 (Cat.3), 19.8 (Cat.3), 124.5 (Cat.2) & 145.9 (Cat.2)
4	132.7 (Cat.2)
5	24.8 (Cat.1), 38.7 (Cat.3), 47 (Cat.3) & 92.5 (Cat.3)

Points for each category:

1st category climb: 9, 7, 5, 3, 2 and 1 point for the first 6 riders,

2nd category climb: 7, 5, 3, 2, and 1 point for the first 5 riders,

3rd category climb: 5, 3, 2, and 1 point for the first 4 riders,

4th category climb: 3, 2 & 1 point for the first 3 riders.

To receive the prizes for the "KOM" classification, each competitor must have completed the whole course of the race within the time limits set by the Organizers.

9.5: Best Asian riders Individual Classification (Blue Jersey):

The best Asian rider general classification only concerns Asian riders whose team registers in Asia.

The best Asian rider's classification is

decided according to their position in the general individual classification (see Specific Regulations Article 9.1).

The leader of the best Asian rider classification will receive a daily award and blue jersey.

9.6: Best Asian Team:

The best Asian team is decided according to individual time of the best 3 Asian riders (Asian Nationality) of teams registered with Asian Federations under the same principle as Specific Regulations Article 9.2.

9.7: Leaders' Jerseys:

The leader of each classification shall be required to wear the corresponding distinctive jersey.

If a rider is leading in more than one classification, the order of priority of the distinctive jerseys shall be as follows:

1. General Classification by Time (Yellow Jersey),
2. General Classification by Points (Green Jersey),
3. General "KOM" Classification (Polka-dot Jersey),
4. General Best Asian Classification (Blue Jersey).

The Organizer may require another rider following next of the relevant classification to wear a jersey (without award) which is not being worn by the leader of that classification. However, if this rider must wear his world, continental or ational hampion's jersey, or the leader's jersey of a UCI Cup, circuit, or series, then he shall wear that jersey.

9.8: Time bonuses:

Stage Classification: 10, 6 & 4 seconds for the first three riders.

Intermediate sprints: 3, 2 and 1 seconds for the first three riders.

Time bonus is only applicable to the General Individual Classification.

9.9: The stage's most aggressive rider:

The prize for each stage will be selected by the Organizing Committee Commissaire Panel after the race.

Article 10: Refreshments

1. Refreshments shall be allowed to be distributed from the team cars and at the feeding zone, feeding will be allow after covering 30KM from the Start till 20KM before the Finish.

Team cars for refreshments shall be provided at the back of Commissaires' car or under Commissaires' instructions.

Supplies shall be allowed in the following areas (a Bus located at 50m in front of the start line will leave 15 minutes before start of the race and go directly to the feed zone):

Stage	Distance from the Start (Km)	Transportation
1	35.5 / 66.6 / 100.8 / 137.4	Bus
2	30.7 / 69.1 / 102.9 / 141.3 / 171.4	Bus
3	34.6 / 74.6 / 101.2 / 138.5 / 177.7	Bus
4	30.1 / 68.8 / 103.7	Bus
5	35.7 / 68.7 / 105.6 / 132.6	Bus

Article 11: PRIZE List and Special primes

The following prizes and special bonuses will be awarded for 2026 Tour of Hainan. 11.82% (CPM), 2.7% (Anti-doping

contribution) and 1% (SafeR contribution) of the prize money will be deducted, and the remaining amount will be allocated through UCI CPM.

See attached the "Prize Money List"

Article 12: Anti-doping

The UCI and ITA anti-doping regulations are entirely applicable to the event.

The anti-doping tests will take place near the finishing line (in a Caravan).

The anti-doping legislation in China is also applicable for the Tour.

Article 13: Awards ceremony

In accordance with article 2.6.018bis of the UCI regulations, the following riders must attend the daily official awards ceremony:

1. The stage's most aggressive rider,
2. The first 3 riders in the stage,
3. The leader of the Best Asian Rider,
4. The leader of the "KOM" Classification.
5. The leader of Points Classification.
6. The leader of the Individual General Classification,

The riders to be awarded will present themselves:

1. At the podium immediately after crossing the finish line,
2. Attend the press conference right after the awards ceremony.

Moreover, at the general finish of the event, the following riders must also present themselves at the final awards ceremony (closing ceremony):

1. The Best Asian Rider,
2. The first rider in the "KOM" Classification,
3. The first rider in the Points Classification,
4. The winner of the Team General

Classification & the best Asian team.

5. The first 3 riders in the Individual General Classification.

Article 14: Penalties

The UCI penalty scale is the only one applicable.

Article 15: Protect the Green Environment

Cycling is an environmentally friendly and green sport. The event organizing committee requires that the team leaders, coaches, riders, and all staff members of each participating team should enhance their environmental awareness during the event. They are expected to pay attention to environmental and public hygiene, and must not litter with fruit peels, paper scraps, or other waste. Discarded items or empty water bottles should be returned

to the team vehicle or placed in designated litter zone. These litter zones are located on both sides of the feed zones, as well as in the team areas before the final sprint and at the start/finish. The organizing committee will arrange dedicated personnel to be responsible for waste disposal and on-site cleaning in all litter zones. The organizing committee requests that the team leaders, coaches, riders, and all staff members of each participating team comply with the relevant regulations during the event.

Article 16: Miscellaneous

Team managers, competitors and other team staff in each team participating in this event must respect these specific regulations and all UCI regulations.



奖金分配表 PRIZE MONEY (USD)

名次 Pl	分段 Stage	个人总成绩 Ind.G.C	团体总成绩 Team.G.C	爬山总成绩 KOM.G.C	冲刺总成绩 Point.G.C	亚洲个人 B.Asian Rider	亚洲团体 B.Asian Team
1	4500	15000	5000	3000	3000	3000	3000
2	2500	10000	4000	2000	2000	1800	
3	1200	8000	3000	1500	1500	1200	
4	600	5000	2000	1200	1200	1000	
5	500	3000	1000	1000	1000	800	
6	400	1500					
7	400	1500					
8	300	1000					
9	300	1000					
10	200	500					
11	200	500					
12	200	500					
13	200	500					
14	200	500					
15	200	500					
16	200	500					
17	200	500					
18	200	500					
19	200	500					
20	200	500					
Total	12900						
Sum	64500	51500	15000	8700	8700	7800	3000

=159200USD

Leader Jersey Owner (领骑衫获得者):

黄衫 Yellow jersey: 900 USD x 4 =3600 USD

绿衫 Green jersey: 600 USD x 4 =2400 USD

圆点衫 Polka-dot jersey: 600 USD x 4 =2400 USD

蓝衫 Blue jersey: 555 USD x 4 =2220 USD

=10620USD

Stage Int. Sprint (each sprint) 每次途中冲刺点分别获得奖金为:

(1st: 150USD, 2nd: 100USD, 3rd: 70USD) x 9

=3060USD

Stage KOM (each climb, 各爬坡点每次分别得奖金为):

(1st: 150USD, 2nd: 100USD, 3rd: 70USD) x 14

=4480USD

敢斗奖 · Daily most aggressive rider: 300x5

=1500USD

总奖金: 二十万美金 (含税)
Total: 200000 USD (Taxes Included)

总体日程安排 RACE SCHEDULE

2026年4月13日 星期一 April 13, 2026 Monday

活动 Activity	时间 Time	地点 Location
中国自行车运动协会 2026 年自行车赛事摩托车驾驶员培训班 Chinese Cycling Association 2026 Cycling Race Motorcycle Driver Training Course	09:00-16:30	澄迈西海岸大酒店一楼里维埃拉厅 Riviera Grand Ballroom, 1st Floor, Chengmai West Coast Hotel
车队及技术团队报到 Team and Technical Staff Registration	09:00-22:00	澄迈西海岸大酒店一楼 1st Floor, Chengmai West Coast Hotel
竞赛秘书处开放 Race Secretariat Open	09:00-22:00	澄迈西海岸大酒店一楼 1st Floor, Chengmai West Coast Hotel
新闻中心开放 Media Center Open	09:00-22:00	大鹏中州国际饭店一楼荷花厅 Lotus Hall, 1st Floor, Dapeng Zhongzhou International Hotel

2026年4月14日 星期二 April 14, 2026 Tuesday

活动 Activity	时间 Time	地点 Location
竞赛秘书处开放 Race Secretariat Open	09:00-22:00	澄迈西海岸大酒店一楼 1st Floor, Chengmai West Coast Hotel
新闻中心开放 Media Center Open	09:00-22:00	大鹏中州国际饭店一楼荷花厅 Lotus Hall, 1st Floor, Dapeng Zhongzhou International Hotel
全体驾驶员安全会议 Drivers Safety Meeting	10:00-11:00	澄迈西海岸大酒店一楼马赛厅 Marseilles Room, 1st Floor, Chengmai West Coast Hotel
赛道媒体及摩托安全会议 (含直播) Media and Motorcycle Safety Meeting (including TV)	11:10-11:40	
全体裁判员会议 All Commissaires Meeting	14:00-15:00	
执委会会议 Executive Committee Meeting	14:30-16:00	澄迈西海岸大酒店里维埃拉厅会议室 Riviera Conference Room, Chengmai West Coast Hotel
检查会员证、队服、发放号码布和车牌 License control; Issue of numbers	15:00-16:30	澄迈西海岸大酒店一楼马赛厅 Marseilles Room, 1st Floor, Chengmai West Coast Hotel
车队领队会议 Team Managers Meeting	17:00-17:30	

177km

2026年4月15日 星期三
April 15, 2026 Wednesday

第一赛段：“森瑞梦”海口 - 澄迈 - 临高 - 儋州 (洋浦)
Stage1: "SUNRIMOON" Haikou-Chengmai-Lingao-Danzhou (Yangpu)

活动 Activity	时间 Time	地点 Location
开幕式 & 每日签到时刻 (拟) Opening Ceremony & Sign on	08:50-09:50	cdf 海口国际免税城 cdf Haikou International Duty Free Shopping Complex
第一赛段：“森瑞梦”海口 - 儋州 (洋浦) Stage 1: "SUNRIMOON" Haikou-Danzhou (Yangpu)	10:00-14:00	起点 :cdf 海口国际免税城 cdf Haikou International Duty Free Shopping Complex 终点 : 儋州洋浦滨海文化广场 Finish:Danzhou Yangpu Coastal Cultural Square
每日荣耀时刻 (赛段颁奖活动) Awarding Ceremony	14:20-14:50	儋州洋浦滨海文化广场 Danzhou Yangpu Coastal Cultural Square
2026 环岛骑行全民挑战赛 (海口 - 临高站) 2026 Round Hainan Cycling Challenge (Haikou-Lingao)	10:10-13:10	起点 :cdf 海口国际免税城 cdf Haikou International Duty Free Shopping Complex 终点 : 临高动车站 Lingao High-Speed Railway Station

214.1km

2026年4月16日 星期四
April 16, 2026 Thursday

第二赛段：“匹克体育”儋州 (洋浦) - 昌江 - 白沙 - 琼中 - 五指山
Stage 2: "PEAK SPORT" Danzhou (Yangpu)-Changjiang-Baisha-Qiongzong-Wuzhishan

活动 Activity	时间 Time	地点 Location
每日签到时刻 Team Presentation & Sign on	09:00-09:50	儋州洋浦滨海文化广场 Danzhou Yangpu Coastal Cultural Square
第二赛段：“匹克体育” 儋州 (洋浦) - 五指山 Stage 2: "PEAK SPORT" Danzhou (Yangpu)-Wuzhishan	10:00-15:20	起点 : 儋州洋浦滨海文化广场 Start: Danzhou Yangpu Coastal Cultural Square 终点 : 五指山奥义营地 Finish: Wuzhishan Aoyi Camp
每日荣耀时刻 (赛段颁奖活动) Awarding Ceremony	15:30-16:00	五指山奥义营地 Wuzhishan Aoyi Camp
2026 环岛骑行全民挑战赛 (儋州洋浦 - 白沙站) 2026 Round Hainan Cycling Challenge (Danzhou Yangpu-Baisha)	10:10-15:00	起点 : 儋州洋浦滨海文化广场 Start:Danzhou Yangpu Coastal Cultural Square 终点 : 白沙九架山顶 Finish: Jiuja Mountain Summit, Baisha

总体日程安排 RACE SCHEDULE

217.6km

2026年4月17日 星期五
April 17, 2026 Friday

第三赛段：五指山 - 琼中 - 陵水
Stage 3: Wuzhishan-Qiongzhong-Lingshui

活动 Activity	时间 Time	地点 Location
每日签到时刻 Team Presentation & Sign on	09:00-09:50	起点：五指山奥义营地 Start: Wuzhishan Aoyi Camp
第三赛段：五指山 - 陵水 Stage 3: Wuzhishan-Lingshui	10:00-15:35	起点：五指山奥义营地 Start: Wuzhishan Aoyi Camp 终点：海南海洋欢乐世界 Finish: Hainan Ocean Paradise Resort
每日荣耀时刻（赛段颁奖活动） Awarding Ceremony	15:40-16:10	海南海洋欢乐世界 Hainan Ocean Paradise Resort
2026 环岛骑行全民挑战赛（五指山站） 2026 Round Hainan Cycling Challenge (Wuzhishan)	10:10-13:30	起点：五指山奥义营地 Start: Wuzhishan Aoyi Camp 终点：五指山阿陀岭 Finish: Wuzhishan Atuoling

132.7km

2026年4月18日 星期六
April 18, 2026 Saturday

第四赛段：陵水 - 保亭
Stage 4: Lingshui-Baoting

活动 Activity	时间 Time	地点 Location
每日签到时刻 Team Presentation & Sign on	09:00-09:50	海南海洋欢乐世界 Hainan Ocean Paradise Resort
第四赛段：陵水 - 保亭 Stage 4: Lingshui-Baoting	10:00-13:00	起点：海南海洋欢乐世界 Start: Hainan Ocean Paradise Resort 终点：保亭七仙岭景区 Finish: Baoting Qixianling Scenic Area
每日荣耀时刻（赛段颁奖活动） Awarding Ceremony	13:20-13:50	保亭七仙岭景区 Baoting Qixianling Scenic Area
2026 环岛骑行全民挑战赛（陵水 - 保亭站） 2026 Round Hainan Cycling Challenge (Lingshui-Baoting)	10:10-13:20	起点：海南海洋欢乐世界 Start: Hainan Ocean Paradise Resort 终点：保亭月亮休闲广场 Finish: Baoting Moon Leisure Square

154.6km

2026年4月19日 星期日
April 19, 2026 Sunday

第五赛段：“萨玛仕科技”保亭 - 三亚 - 乐东 - 三亚
Stage 5: "SAMASSI 3D-PRINTED" Baoting-Sanya-Ledong-Sanya

活动 Activity	时间 Time	地点 Location
每日签到时刻 Team Presentation & Sign on	09:00-09:50	保亭月亮休闲广场 Baoting Moon Leisure Square
第五赛段：“萨玛仕科技”保亭 - 三亚 Stage 5: "SAMASSI 3D-PRINTED" Baoting-Sanya	10:00-13:30	起点：保亭月亮休闲广场 Start: Baoting Moon Leisure Square 终点：三亚崖州湾海洋休闲运动公园 Finish: Sanya Yazhou Bay Ocean Leisure Sports Park
每日荣耀时刻（赛段颁奖活动） Awarding Ceremony	13:50-14:20	三亚崖州湾海洋休闲运动公园 Sanya Yazhou Bay Ocean Leisure Sports Park
闭幕式暨颁奖礼 Closing and Prize-giving Ceremony	20:00-21:30	三亚崖州 Sanya Yazhou
2026 环岛骑行全民挑战赛（保亭 - 三亚站） 2026 Round Hainan Cycling Challenge (Baoting-Sanya)	10:10-14:20	起点：保亭月亮休闲广场 Start: Baoting Moon Leisure Square 终点：三亚育才生态区 Finish: Sanya Yucai Ecological Zone



参赛队伍 TEAM LIST

世界队 WORLD TEAM



乐透 - 英特马诗车队
LOTTO INTERMARCHÉ



喜德盛阿斯塔纳车队
XDS ASTANA TEAM



职业队 PRO TEAM



巴迪亚尼 -CSF 车队
BARDIANI CSF 7 SABER



布尔戈斯 BH 车队
BURGOS-BURPELLET-BH



西班牙农业银行车队
CAJA RURAL-SEGUROS RGA



巴斯克电信车队
EUSKALTEL-EUSKADI



MBH 银行车队
MBH BANK CSB TELECOM FORT



思优泰 - 日邦 - 拉利车队
SOLUTION TECH NIPPO RALI



诺和诺德车队
TEAM NOVO NORDISK



波蒂 - 探索马耳他车队
TEAM POLTI VISITMALTA



洲际队 CONTINENTAL TEAM



凯旋 - 巴迪瑞体育车队
CCACHE X BODYWRAP



CBW



快客洲际车队
QUICK PRO TEAM



QPT



路佳保险车队
ROOJAI INSURANCE WINSPACE



ROI



登嘉楼车队
TERENGGANU CYCLING TEAM



TSG



巴迪瑞蓝图洲际队
BODYWRAP LTWO CYCLING TEAM



BDR



中国安踏 mentech 洲际自行车队
CHINA ANTA - MENTECH CYCLING TEAM



CAT



轮峰 ROTOR 成都洲际队
WHEELTOP ROTOR CHENGDU TEAM



CDT



菲尼仕 -SCOM- 恒翔洲际队
FNIX-SCOM-HENGXIANG CYCLING TEAM



FNX



李宁之星洲际自行车队
LI NING STAR



LNS



悦跑圈 - 风雷车队
THE JOYRUN & HURRICANE CYCLING TEAM



THT

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- 教育助学
- 法律援助
- 城乡医疗救助
- 乡村振兴
- 残疾人救助
- 红十字事业
- 救灾救灾
- 农村养老服务
- 新疆西藏等地社会公益事业
- 文化事业



在海口 想象海口

Enjoy Haikou
Imagine Haikou



STAGE 01

"SUNRIMOON" HAIKOU-CHENGMAI-
LINGAO-DANZHOU (YANGPU)

“森瑞梦”海口 - 澄迈 -
临高 - 儋州 (洋浦)

177KM

APR.15 2026
星期三 / WEDNESDAY

STAGE 1 第一赛段

"SUNRIMOON" HAIKOU-CHENGMAI-LINGAO-DANZHOU (YANGPU)

“森瑞梦” 海口 - 澄迈 - 临高 - 儋州 (洋浦)

177KM

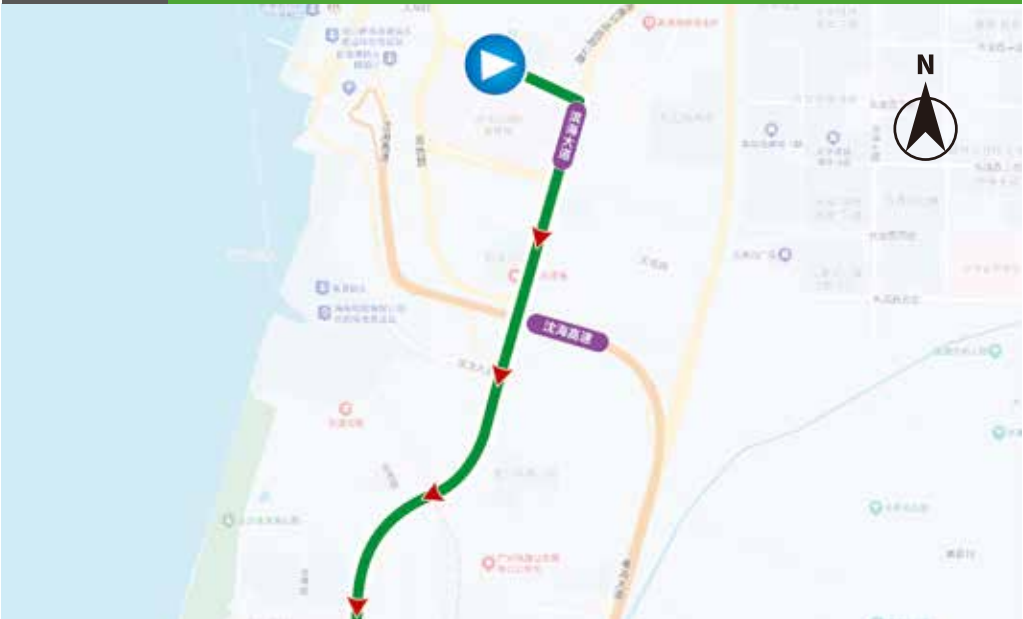
APR.15 星期三 / WEDNESDAY

日程 Race Schedule

6:00-9:00	早餐 Breakfast
6:30-8:00	领冰 / 水 / 午餐包 Collect Ice/Water/Lunch Bag
9:00-9:50	车队签到 / 发车仪式 Sign on/Departure Ceremony
10:00	比赛开始 Race Start
14:00	比赛结束 Race Finish
14:20-14:50	每日荣耀时刻 (赛段颁奖) Awarding Ceremony
18:00-20:00	晚餐 Dinner
12:00-21:00	竞赛办公室开放 Race Office Open



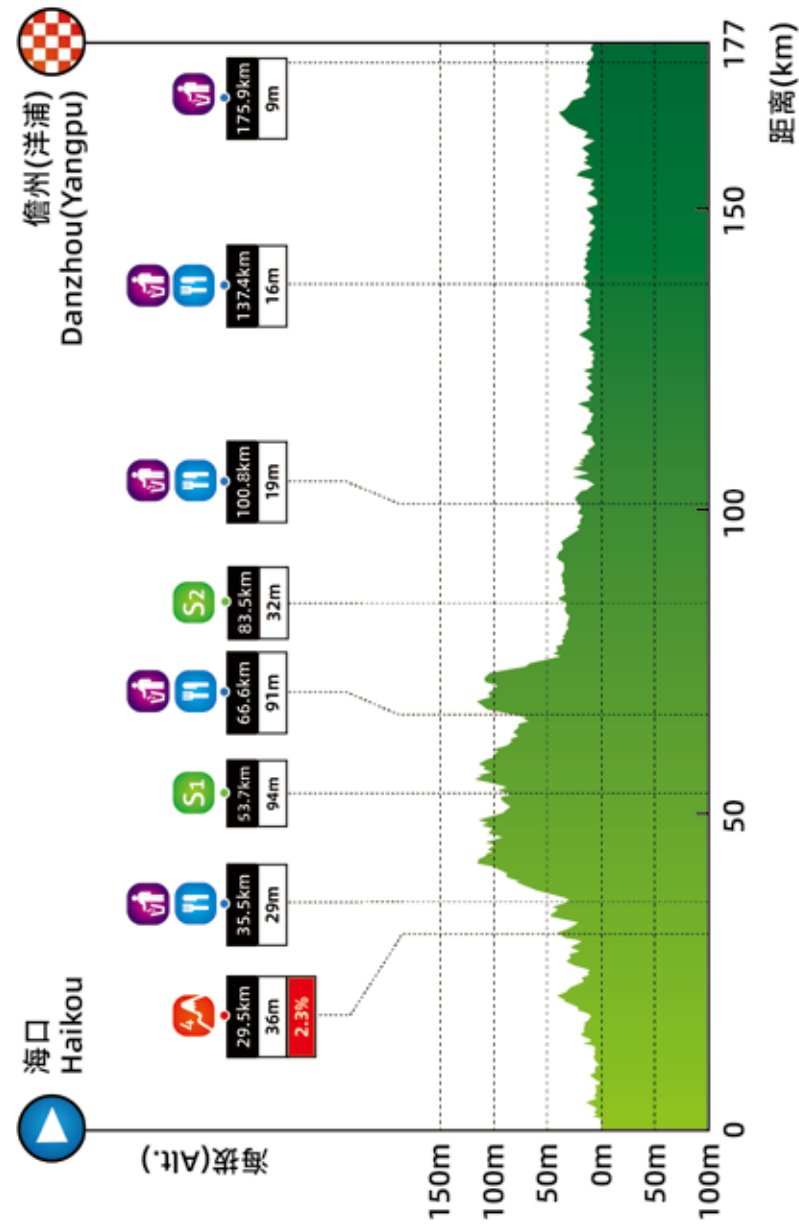
Stage 1 海口出城图 Exit Map of Haikou



Stage 1 起点布局图 Start Plan



Stage 1 海拔图 Elevation



公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
0	177	6		海口国际免税城 (云散路) cdf Haikou International Duty Free Shopping Complex (Yunsan Rd.)	10:00:00	10:00:00	10:00:00
0.3	176.7	5		滨海大道 Binhai Ave.	10:00:22	10:00:22	10:00:22
0.6	176.4	9		滨海大道 Binhai Ave.	10:00:45	10:00:45	10:00:44
2	175	11		高架桥 Overpass	10:02:30	10:02:28	10:02:27
2.4	174.6	13		滨海大道 Binhai Ave.	10:03:00	10:02:58	10:02:56
2.8	174.2	6		滨海大道 (金沙湾路口) Binhai Ave. (Jinshawan Intersection)	10:03:30	10:03:28	10:03:26
5.4	171.6	1		滨海大道 Binhai Ave.	10:07:03	10:06:54	10:06:49
8.4	168.6	2		永庆大道东路 Yongqing Ave. East Rd.	10:10:57	10:10:43	10:10:37
8.6	168.4	2		永庆大道西路 (盈滨路口) Yongqing Ave. West Rd. (Yingbin Intersection)	10:11:13	10:10:59	10:10:52
10.9	166.1	5		西海岸大酒店 West Coast Hotel	10:14:13	10:13:55	10:13:46
11.3	165.7	4		鲁能大道 Luneng Ave.	10:14:44	10:14:26	10:14:16
11.5	165.5	6		盈滨海湾大桥 Yingbin Bay Bridge	10:15:00	10:14:41	10:14:32
12.5	164.5	11		欣龙路 Xinlong Rd.	10:16:18	10:15:57	10:15:47
13.2	163.8	14		北二环路 Beierhuan Rd.	10:17:13	10:16:51	10:16:40
13.8	163.2	15		北二环路 Beierhuan Rd.	10:18:00	10:17:37	10:17:26
16.4	160.6	9		北二环路 (富音路) Beierhuan Rd. (Fuyin Rd.)	10:21:23	10:20:56	10:20:43
17.4	159.6	20		武亭北路 Wuting North Rd.	10:22:42	10:22:13	10:21:59
18.2	158.8	25		武亭北路 Wuting North Rd.	10:23:44	10:23:14	10:22:59
19.2	157.8	32		武亭北路 Wuting North Rd.	10:25:03	10:24:31	10:24:15

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
20.1	156.9	38		南一环路 Nanyihuan Rd.	10:26:13	10:25:40	10:25:23
21.4	155.6	27		海口综合保税区 Haikou Integrated Free Trade Zone	10:27:55	10:27:19	10:27:02
21.8	155.2	22		南一环路 (新兴路口) Nanyihuan Rd. (Xinxing Intersection)	10:28:26	10:27:50	10:27:32
22.7	154.3	17		金马大道 Jinma Ave.	10:29:37	10:28:59	10:28:40
25	152	25		金马大道 (海南环岛旅游公路路口) Jinma Ave. (Hainan Coastal Scenic Highway Intersection)	10:32:37	10:31:55	10:31:35
26.9	150.1	24		金马大道 (大丰互通) Jinma Ave. (Dafeng Interchange)	10:35:05	10:34:20	10:33:59
27.2	149.8	19		立交桥底 Under the Overpass	10:38:51	10:37:05	10:35:29
28.7	148.3	18		K7+100 K7+100	10:41:00	10:39:08	10:37:26
29.5	147.5	36		K7+900, 800m, 爬升 18米, 坡度 2.3% K7+900, length 800m, elevation +18m, gradient 2.3%	10:42:09	10:40:14	10:38:29
29.8	147.2	38		金马大道 (美浪湾小镇路口) Jinma Ave. (Meilangwan Town Intersection)	10:42:34	10:40:38	10:38:52
30.5	146.5	38		金马大道 Jinma Ave.	10:43:34	10:41:35	10:39:47
31.9	145.1	22		金马大道 (大丰路口) Jinma Ave. (Dafeng Intersection)	10:45:34	10:43:30	10:41:37
35.3	141.7	31		K13+800 K13+800	10:50:26	10:48:08	10:46:03
35.5	141.5	29		K14 K14	10:50:43	10:48:25	10:46:18
36.5	140.5	41		K15 K15	10:52:09	10:49:46	10:47:37
36.7	140.3	48		K15+200 K15+200	10:52:26	10:50:03	10:47:52
37.5	139.5	65		K16 K16	10:53:34	10:51:08	10:48:55
38.8	138.2	77		K17+300 K17+300	10:55:26	10:52:55	10:50:37
41.1	135.9	98		G225 G225	10:58:43	10:56:03	10:53:37

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
42.4	134.6	114	↑	G225	G225	11:00:34	10:57:49	10:55:18
42.8	134.2	107	↑	G225	G225	11:01:09	10:58:22	10:55:50
46.2	130.8	90	↑	G225 K60	G225 K60	11:06:00	11:03:00	11:00:16
51.3	125.7	84	↑	福山路牌	Fushan Rd. Sign	11:13:17	11:09:57	11:06:55
53.7	123.3	94	S1	福山镇政府	Fushan Town Government	11:16:43	11:13:14	11:10:03
53.9	123.1	91	↙	G225	G225	11:17:00	11:13:30	11:10:18
54.2	122.8	87	↙	G225	G225	11:17:26	11:13:55	11:10:42
59.4	117.6	98	↑	S306, 往临高	S306, To Lingao	11:24:51	11:21:00	11:17:29
61.6	115.4	85	5KM	S306 K2+200	S306, K2+200	11:28:00	11:24:00	11:20:21
61.7	115.3	83	↑	皇桐路牌	Huangtong Rd. Sign	11:28:09	11:24:08	11:20:29
63.8	113.2	79	↑	金波村	Jinbo Village	11:31:09	11:27:00	11:23:13
66.4	110.6	83	🚰	K7+800	K7+800	11:34:51	11:30:33	11:26:37
66.6	110.4	91	🍴	K8	K8	11:35:09	11:30:49	11:26:52
67.6	109.4	108	🚫	K9	K9	11:36:34	11:32:11	11:28:10
67.8	109.2	109	🚫	K9+200	K9+200	11:36:51	11:32:27	11:28:26
69	108	107	↑	红专小学	Hongzhuan Primary School	11:38:34	11:34:05	11:30:00
69.8	107.2	104	↑	S306	S306	11:39:43	11:35:11	11:31:03
72.7	104.3	106	↑	S306 K14 挑战赛终点	S306, K14 - Amateur Race Finish	11:43:51	11:39:08	11:34:50
74.9	102.1	61	↑	临高站路口	Lingao Station Intersection	11:47:00	11:42:08	11:37:42

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
76.6	100.4	38	↑	S306, 博厚中学	S306, Bohou Middle School	11:49:26	11:44:27	11:39:55
76.8	100.2	38	↙	S306	S306	11:49:43	11:44:44	11:40:10
78.9	98.1	37	↑	S306	S306	11:52:43	11:47:35	11:42:55
79	98	36	↙	临城方向	To Lincheng	11:52:51	11:47:44	11:43:03
79.1	97.9	35	↘	S306	S306	11:53:00	11:47:52	11:43:10
82.4	94.6	29	↙	二环路	Erhuan Rd.	11:57:43	11:52:22	11:47:29
83	94	30	↑	二环路 (临美路)	Erhuan Rd. (Linmei Rd.)	11:58:34	11:53:11	11:48:16
83.5	93.5	32	S2	维也纳酒店	Vienna Hotel	11:59:17	11:53:52	11:48:55
84.2	92.8	32	↑	二环路	Erhuan Rd.	12:00:17	11:54:49	11:49:50
85.3	91.7	38	↙	临新路, S306	Linxin Rd., S306	12:01:51	11:56:19	11:51:16
90	87	34	↑	波莲镇	Bolian Town	12:08:34	12:02:44	11:57:23
93.3	83.7	38	↑	S306 K161	S306 K161	12:13:17	12:07:14	12:01:42
95.8	81.2	31	5KM	S306 K163+500	S306 K163+500	12:16:51	12:10:38	12:04:57
99	78	16	↙	海南环岛旅游公路	Hainan Coastal Scenic Highway	12:21:26	12:15:00	12:09:08
100.6	76.4	17	🚰	海南环岛旅游公路	Hainan Coastal Scenic Highway	12:23:43	12:17:11	12:11:13
100.8	76.2	19	🍴	海南环岛旅游公路 K881	Hainan Coastal Scenic Highway K881	12:24:00	12:17:27	12:11:29
101.8	75.2	24	🚫	海南环岛旅游公路 K880	Hainan Coastal Scenic Highway K880	12:25:26	12:18:49	12:12:47
102	75	25	🚫	K880-200	K880-200	12:25:43	12:19:05	12:13:03
103.7	73.3	12	↑	文科中桥	Wenke Medium Bridge	12:28:09	12:21:25	12:15:16

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
103.9	73.1	11	↘	海南环岛旅游公路 Hainan Coastal Scenic Highway	12:28:26	12:21:41	12:15:31
104.3	72.7	7	↑	峨森中桥 Esen Medium Bridge	12:29:00	12:22:14	12:16:03
106.3	70.7	12	↑	儋州界, K876-700 Danzhou Border, K876-700	12:31:51	12:24:57	12:18:39
107	70	25	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	12:32:51	12:25:55	12:19:34
115.6	61.4	8	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	12:45:09	12:37:38	12:30:47
117.2	59.8	13	↑	光村大桥 636m Guangcun Bridge, 636 m	12:47:26	12:39:49	12:32:52
119.4	57.6	10	↑	巨雄中桥 Juxiong Medium Bridge	12:50:34	12:42:49	12:35:44
119.8	57.2	10	↑	巨雄大桥 Juxiong Bridge	12:51:09	12:43:22	12:36:16
121.8	55.2	12	↑	英豪村 Yinghao Village	12:54:00	12:46:05	12:38:52
122.4	54.6	8	↑	后水湾大桥 636m Houshui Bay Bridge, 636 m	12:54:51	12:46:55	12:39:39
124.9	52.1	7	↑	新村村 Xincun Village	12:58:26	12:50:19	12:42:55
125.9	51.1	5	↑	儋耳追光驿站, K856 Dan'er Zhuiguang Service Station, K856	12:59:51	12:51:41	12:44:13
126.6	50.4	9	↘	海南环岛旅游公路 Hainan Coastal Scenic Highway	13:00:51	12:52:38	12:45:08
127.4	49.6	7	↻	海南环岛旅游公路 Hainan Coastal Scenic Highway	13:02:00	12:53:44	12:46:10
130.8	46.2	12	↑	K851	13:06:51	12:58:22	12:50:37
131.8	45.2	12	↑	K850	13:08:17	12:59:44	12:51:55
132.4	44.6	10	🍴	K850-600	13:09:09	13:00:33	12:52:42
132.8	44.2	12	↑	K849	13:09:43	13:01:05	12:53:13
134.2	42.8	11	↑	塘坎大桥, 海边风车 Tangkan Bridge, Coastal Windmills	13:11:43	13:03:00	12:55:03

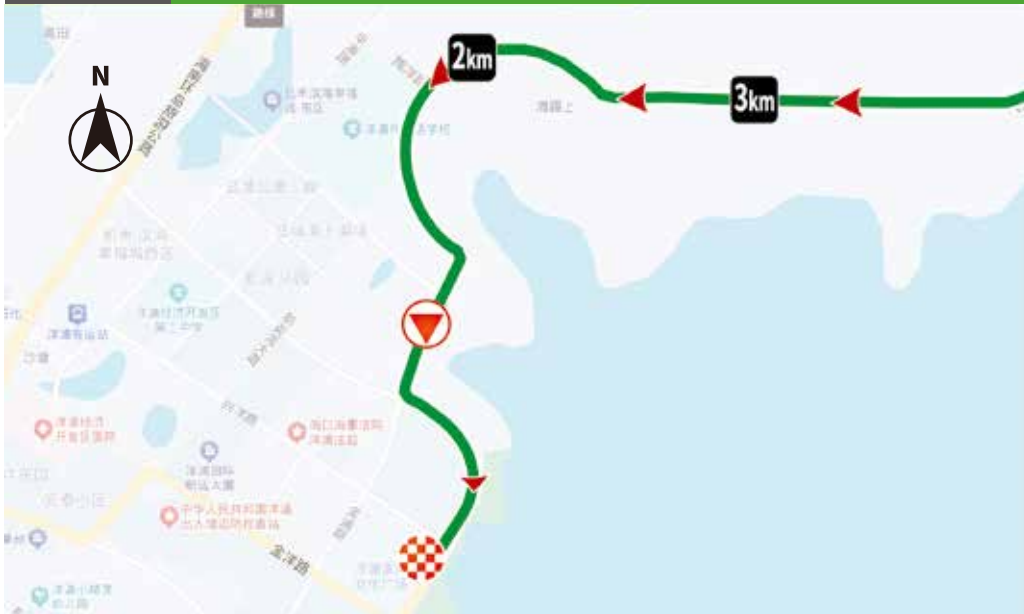
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
135.8	41.2	9	↑	K846	13:14:00	13:05:11	12:57:08
136.8	40.2	13	↑	K845	13:15:26	13:06:33	12:58:26
137.2	39.8	16	🚻	K845-400	13:16:00	13:07:05	12:58:57
137.4	39.6	15	🍴	K845-600	13:16:17	13:07:22	12:59:13
138.4	38.6	16	🚫	K844-600	13:17:43	13:08:44	13:00:31
138.6	38.4	16	🚫	K844-800	13:18:00	13:09:00	13:00:47
139.3	37.7	10	↑	良坡村 Liangpo Village	13:19:00	13:09:57	13:01:42
144.8	32.2	7	↑	火山海岸驿站 Volcanic Coast Service Station	13:26:51	13:17:27	13:08:52
147.2	29.8	8	↑	旺村大桥 Wangcun Bridge	13:30:17	13:20:44	13:12:00
149.3	27.7	9	↑	乾头大桥 578m Qiantou Bridge 578m	13:33:17	13:23:35	13:14:44
151.2	25.8	4	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	13:36:00	13:26:11	13:17:13
154.5	22.5	6	↑	珍珠湾观景台 Pearl Bay Viewpoint	13:40:43	13:30:41	13:21:31
154.8	22.2	10	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	13:41:09	13:31:05	13:21:55
155.1	21.9	20	↑	龙门激浪 Longmen Jilang	13:41:34	13:31:30	13:22:18
156.4	20.6	9	↑	凭栏眺龙观景台 Pinglan Tiaolong Viewpoint	13:43:26	13:33:16	13:24:00
157.7	19.3	12	↑	龙腾云霞观景台 Longteng Yunxia Viewpoint	13:45:17	13:35:03	13:25:42
159.5	17.5	15	↑	上下浦大桥 Shangxiapu Bridge	13:47:51	13:37:30	13:28:03
160.9	16.1	6	↑	盐丁村古盐田 Yanding Village Ancient Salt Fields	13:49:51	13:39:25	13:29:52
165	12	35	↑	海南环岛旅游公路 (X500 路口) Hainan Coastal Scenic Highway (X500 Intersection)	13:55:43	13:45:00	13:35:13

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
168.6	8.4	13	↑	新英湾大道	Xinyingwan Ave.	14:00:51	13:49:55	13:39:55
172.6	4.4	13	↑	新英湾大道	Xinyingwan Ave.	14:06:34	13:55:22	13:45:08
174.7	2.3	8	↑	新英湾大道	Xinyingwan Ave.	14:09:34	13:58:14	13:47:52
175.5	1.5	9	↑	腾洋路	Tengyang Rd.	14:10:43	13:59:19	13:48:55
175.8	1.2	8	↘	金浦路	Jinpu Rd.	14:11:09	13:59:44	13:49:18
175.9	1.1	9	🚫	金浦路	Jinpu Rd.	14:11:17	13:59:52	13:49:26
176.1	0.9	10	🚫	金浦路	Jinpu Rd.	14:11:34	14:00:08	13:49:42
176.3	0.7	10	↙	滨海路	Binhai Rd.	14:11:51	14:00:25	13:49:57
176.3	0.7	10	🚲	滨海路	Binhai Rd.	14:11:51	14:00:25	13:49:57
176.9	0.1	8	↑	滨海路	Binhai Rd.	14:12:43	14:01:14	13:50:44
177	0	9	🏁	儋州洋浦滨海文化广场	Danzhou Yangpu Coastal Cultural Square	14:12:51	14:01:22	13:50:52

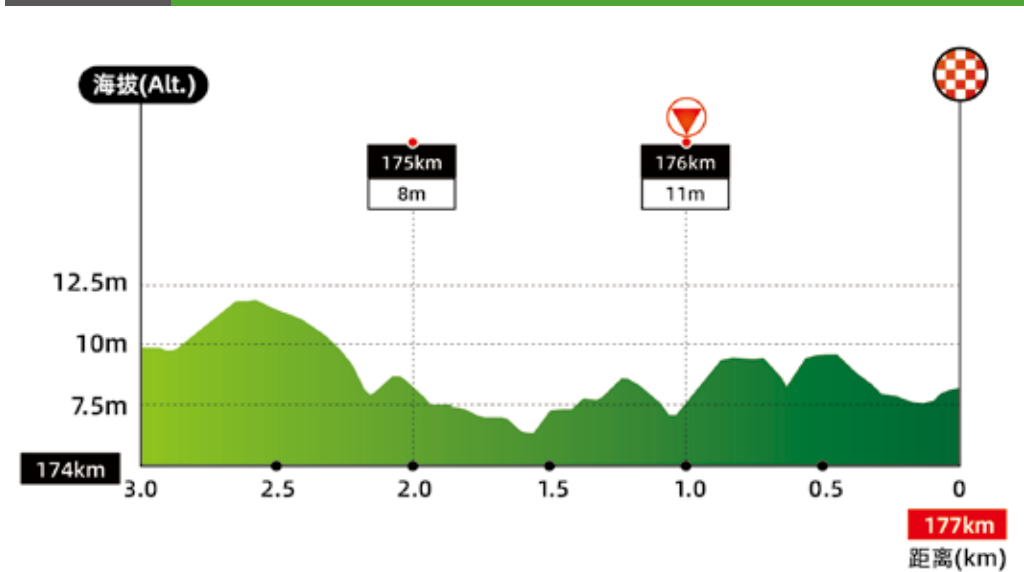




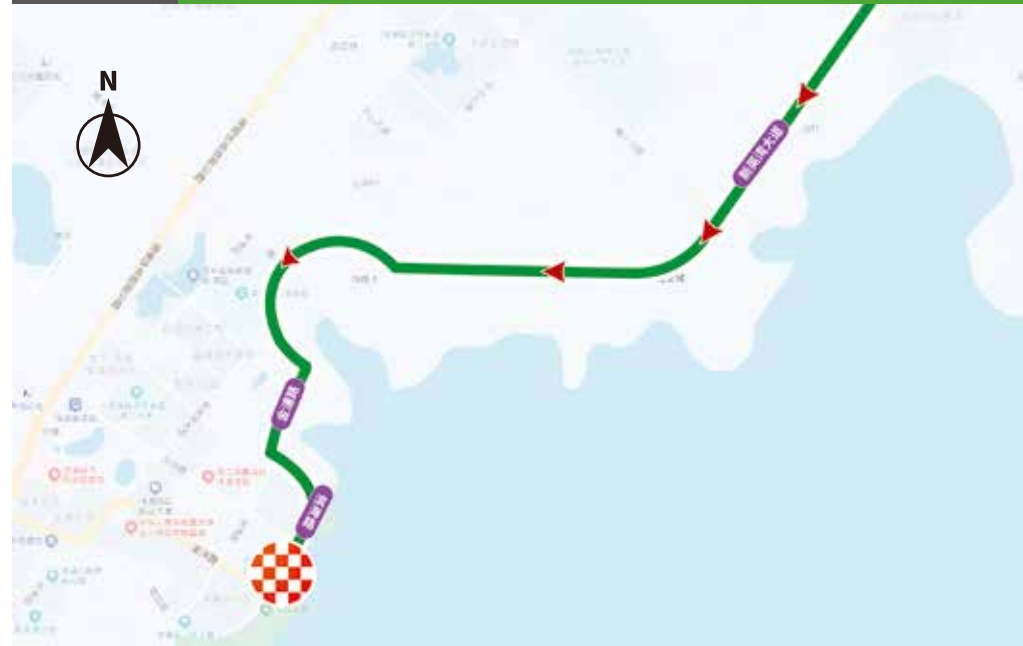
Stage 1 最后三公里路线图 Last 3km Map



Stage 1 最后三公里海拔图 Last 3km Elevation



Stage 1 儋州 (洋浦) 入城图 Entry Map of Danzhou(Yangpu)



Stage 1 终点布局图 Finish Plan



Stage 1 酒店 / 加油站分布图 Hotel & Gas Station



中国石化加油站 (荣山站) : 西秀镇南海大道西延线美安科技园对面
Sinopec Gas Station (Rongshan Station): Opposite Mei'an Science Park, West Extension of Nanhai Avenue, Xixiu Town

运动员主酒店
Athlete Main Hotel



Stage 1 非竞赛车辆转场路线图 Transfer Route



海口 (cdf海口国际免税城) - 儋州 (儋州洋浦滨海文化广场) 约132.3公里
Haikou (cdf Haikou International Duty Free Shopping Complex) -
Danzhou (Danzhou Yangpu Coastal Culture Square), approximately 132.3 km

cdf 海口国际免税城(云散路起点)-滨海大道-天容路-粤海大道-沈海高速-美安互通-海南环岛高速-洋浦疏港高速-洋浦大道-腾洋路-金浦路-滨海路-儋州洋浦滨海文化广场(终点)
cdf Haikou International Duty Free Shopping Complex (Yunsan Road) - Binhai Avenue - Tianrong Road - Yuehai Avenue - Shenhai Expressway - Mei'an Interchange - Hainan Ring Expressway - Yangpu Port-Connecting Expressway - Yangpu Avenue - Tengyang Road - Jinpu Road - Binhai Road - Destination: Danzhou Yangpu Coastal Culture Square



起点：海口 START: HAIKOU

海口 Haikou



海口是海南省省会、海南自贸港核心区，地处海南岛北部，北临琼州海峡与广东雷州半岛相望，陆地面积约2300平方公里，海岸线长达136公里，素有“椰城”美誉。这里气候宜人，空气优良天数常年超98%，历史文化底蕴深厚，拥有府城鼓楼、五公祠、海瑞墓等明代人文古迹，琼剧、海南公仔戏入选国家级非遗。自然风光独具特色，海口湾、万绿园、火山口地质公园、东寨港红树林构成生态景观。依托自贸港政策优势，海口大力发展总部经济、现代服务业与高新技术产业，江东新区等重点园区加速建设，城市品质持续提升，正稳步迈向现代化国际化城市。

As the capital of Hainan Province and the core area of Hainan Free Trade Port, Haikou is on northern Hainan Island, facing Leizhou Peninsula across the Qiongzhou Strait. It covers about 2,300 square kilometers of land with a 136-kilometer coastline, known as the "Coconut City". It has a pleasant climate, with over 98% of days having good air quality all year round, and profound historical and cultural heritage, including Ming Dynasty relics like Fucheng Bell Tower, Five Lords' Temple and Hai Rui's Tomb. Qiong Opera and Hainan Puppet Show are on the national intangible cultural heritage list. Its unique natural landscapes include Haikou Bay, Evergreen Park, Volcanoes National Geopark and Dongzhaigang Mangrove Nature Reserve. Leveraging the free trade port policy, Haikou vigorously develops headquarters economy, modern services and high-tech industries, with key zones like Jiangdong New Area under rapid construction, continuously improving urban quality and advancing toward a modern international city.

S10 STARFIELD

2026旗舰新品 星域

打开淘宝APP搜一搜



森瑞梦旗舰店



海口云洞图书馆 The Cloudscape Library of Haikou

云洞图书馆坐落于海口美兰区世纪公园西北侧，与世纪大桥隔海相望，是“海口·海边的驿站”系列首个作品。建筑以清水混凝土一体浇筑，无直线设计，流畅曲面与不规则孔洞勾勒出“云+洞”的未来感形态。馆区用地4397m²，建筑面积1380m²，藏书约一万册，阶梯式阅读区直面大海，环廊与屋顶公园可享360°观海视角，还配套咖啡馆、文创商店，定期举办各类艺术展览。该馆曾入选《泰晤士报》“2021全球最值得期待建成作品”，是滨海城市中兼具文艺与休闲的诗意栖居地。



Located on the northwest side of Century Park in Meilan District, Haikou, facing the Century Bridge across the sea, it is the first project of the Haikou · Seaside Station series. Constructed entirely of fair-faced concrete in a single pour, the building has no straight lines, with smooth curved surfaces and irregular openings forming a futuristic "clouds and caves" shape. It covers 4,397 m² of land and 1,380 m² of floor area, housing about 10,000 books. The tiered reading areas face the sea directly, and the surrounding corridors and rooftop park offer a 360° ocean view. Equipped with a café and a cultural and creative store, it regularly holds various art exhibitions. Selected by The Times as one of the "World's Most Anticipated Completed Buildings 2021", it is a poetic living place combining literature and leisure in the coastal city.

万绿园 Evergreen Park



万绿园位于海口龙华区滨海大道中段，北临琼州海峡，总面积1070亩，1996年建成开放，是海口规模最大的开放式热带滨海生态园林，也是海南首个、全国第二个受专项立法保护的公园。园区融蓝天、绿水、原野与现代化高楼于一体，景致独具特色，园内植有近万棵椰子树及200余种热带、亚热带植物，热带风情浓郁。内湖可泛舟观鸟，滨海健康步道与骑行绿道贯穿全园，是市民休闲漫步、野餐露营的热门地，还常年举办灯会、音乐节等公益活动，被誉为海口的“城市会客厅”。

Evergreen Park Located in the middle section of Binhai Avenue in Longhua District, Haikou, bordering the Qiongzhou Strait to the north, Evergreen Park covers a total area of 1,070 mu and was opened in 1996. It is the largest open tropical coastal ecological garden in Haikou, as well as the first urban park in Hainan and the second in China protected by special legislation. The park integrates blue sky, clear waters, open fields and modern high-rises into a unique scenery, with nearly 10,000 coconut trees and more than 200 species of tropical and subtropical plants, creating a strong tropical atmosphere. Visitors can go boating and birdwatching on the inner lake, and coastal fitness and cycling trails run through the park, a popular spot for citizens to stroll, picnic and camp. It also holds regular public welfare events like lantern festivals and music festivals, known as Haikou's "Urban Living Room".

观澜湖冯小刚电影公社 Mission Hills Feng Xiaogang Movie Town

电影公社是全球首个以导演命名的影视文旅景区，坐落于海口观澜湖片区，集影视拍摄、沉浸式体验、文化休闲于一体。景区以冯小刚经典影片为蓝本，1:1精准还原百年中国城市风貌，是《芳华》《唐山大地震》等热门影视剧的核心取景地，一步一景皆具浓郁电影质感。园内1942街复刻民国山城建筑风貌，南洋街展现中西合璧的骑楼风情，芳华小院原样还原电影经典场景，氛围感十足。景区将影视文化、建筑美学与互动体验完美融合，怀旧又新潮，是海口极具创意的网红文旅地标。



Mission Hills Feng Xiaogang Movie Town As the world's first cultural and tourism scenic area named after a film director, it is located in the Mission Hills area of Haikou, integrating film shooting, immersive experiences and cultural leisure. Based on Feng Xiaogang's classic films, it restores China's urban landscape over a hundred years in a 1:1 ratio accurately, and is the core filming location of popular works such as *Youth* and *Aftershock*, with every scene full of strong cinematic texture. Its 1942 Street restores the architectural style of republican-era mountain cities, Nanyang Street shows the Sino-Western arcade charm, and Youth Courtyard reproduces the classic movie scenes in their original form with a strong immersive atmosphere. Perfectly combining film culture, architectural aesthetics and interactive experiences, it is both nostalgic and trendy, a highly creative internet-famous cultural tourism landmark in Haikou.

荣山寮村 Rongshanliao Village



坐落于海口秀英区西秀镇，西临琼州海峡，是海口西海岸最后一座百年传统渔村，坐拥4公里原生态海岸线，村落已有400余年历史，至今仍保留着靠海吃海的传统渔业生活。村庄沿海呈带状南北延伸，“村-滩-海”三级梯度布局清晰，内侧集中近百栋火山石老屋，滨海一线分布渔船码头、沙滩渔市，火山石老屋是琼北传统渔村民居的活标本。如今村落融合传统渔业与文旅新业态，落日海岸、火山石古村、鲜活鱼市、文艺民宿交织相融，成为海口知名的落日打卡地与原生态乡村旅游胜地。

Rongshanliao Village Located in Xixiu Town, Xiuying District, Haikou, bordering the Qiongzhou Strait to the west, it is the last century-old traditional fishing village on Haikou's West Coast, boasting a 4-kilometer pristine coastline. With a history of more than 400 years, the village still maintains the traditional fishing life of living off the sea. Stretching north to south along the coast in a ribbon shape, it has a clear three-level layout of "village-beach-sea", with nearly 100 old volcanic stone houses concentrated inside and fishing docks and beach seafood markets lining the coastal area, the houses being a living example of northern Hainan's traditional fishing village dwellings. Now integrating traditional fishery with new cultural tourism forms, it blends sunset coasts, ancient volcanic stone villages, fresh seafood markets and artistic homestays, becoming a famous sunset-viewing spot and original ecological rural tourism destination in Haikou.

骑楼老街 Haikou Arcade Old Street

海口骑楼老街是中国现存规模最大、保存最完整的骑楼建筑群之一，2009年入选首批“中国历史文化名街”，既是建筑艺术的博物馆，也是琼州侨乡发展史的鲜活载体。老街始建于明朝，由南洋归侨回乡兴建，融合中西建筑智慧，罗马柱、巴洛克雕花与中式灰塑、吉祥纹样巧妙结合，细节精致。现留存600多栋百年骑楼，廊檐相连、骑廊遮雨，适配海南热带气候，妈祖文化、琼剧民俗、市井商贸在此交融，烟火气与历史感并存。如今老街古韵新生，是读懂海口城市文脉、感受南洋风情的必游之地。



Haikou Arcade Old Street As one of the largest and best-preserved arcade building complexes in China, it was selected as one of the first batch of "Famous Historical and Cultural Streets of China" in 2009. It is not only a museum of architectural art, but also a vivid chronicle of the development of Qiongzhou's hometown of overseas Chinese. First built in the Ming Dynasty by returned overseas Chinese from Nanyang, it integrates Chinese and Western architectural wisdom, skillfully combining Roman columns, Baroque carvings with Chinese gray sculptures and auspicious patterns with exquisite details. More than 600 century-old arcades remain, with connected corridors sheltering people from rain, adapting to Hainan's tropical climate. Mazu culture, Qiong opera folk customs and street commerce blend here, with lively daily life and a strong sense of history coexisting. Now the old street embraces new vitality while retaining ancient charm, a must-visit to understand Haikou's urban cultural context and experience Nanyang styles.

澄迈 Chengmai

澄迈县地处海南岛北部，北临琼州海峡、东接海口，地势平坦、土壤肥沃，素有“海口后花园”之称，陆地面积约 2072 平方公里，海岸线超 100 公里，因独特火山岩地貌与富硒土壤，获评闻名中外的“世界长寿之乡”。这里气候温润、光照充足，生态环境优良，森林覆盖率逐年提升，负氧离子含量高，是养生度假的理想之地。澄迈历史底蕴深厚，留存美榔双塔、金山寺、罗驿古村等古迹；物产丰饶，福山咖啡、桥头地瓜等特色农产品享誉全国。近年来澄迈发力数字经济与现代物流，海南生态软件园成为海南自贸港高新产业重要引擎，尽显传统与现代交融的发展活力。



Chengmai County is in northern Hainan Island, facing the Qiongzhou Strait northward and adjacent to Haikou eastward. With flat terrain and fertile soil, it is known as the "Backyard Garden of Haikou", covering about 2,072 square kilometers with a coastline of over 100 kilometers. It is a world-famous "Hometown of Longevity" for its unique volcanic landforms and selenium-rich soil. Boasting a mild and humid climate, sufficient sunshine and an excellent ecological environment, its forest coverage rate rises year by year with high negative oxygen ion content, making it an ideal place for health and vacation. It has profound historical heritage with relics like Meilang Twin Towers, Jinshan Temple and Luoyi Ancient Village, and is rich in famous specialties such as Fushan coffee and Qiaotou sweet potato. In recent years, it has boosted the digital economy and modern logistics; Hainan Ecological Software Park has become an important engine for high-tech industries of the Hainan Free Trade Port, showing the dynamic integration of tradition and modernity.

红树湾湿地公园 Hongshuwan Wetland Park

澄迈红树湾湿地公园位于澄迈县大丰镇，地处“世界长寿之乡”核心区域，是一座集生态、人文、科普于一体的特色湿地公园。园区占地2200亩，坐拥大片原生红树林，4.2公里原木栈道穿梭其间，生态环境优越、负氧离子含量高，栖息着多种珍稀鸟类与火烈鸟群。公园依托澄迈西汉置县的历史积淀，融入苏东坡被贬琼途经此地的文化印记，建有东坡书堂、湿地科普馆等特色建筑。这里既彰显海岸湿地的生态价值，又承载当地渔耕文化与长寿文化，是生态观光、亲子研学、休闲漫步的优质目的地。



Hongshuwan Wetland Park Located in Dafeng Town of Chengmai County, the core of the "World's Hometown of Longevity", Hongshuwan Wetland Park is a characteristic wetland park integrating ecology, culture and popular science. Covering an area of 2,200 mu, it has large areas of primary mangrove forests with a 4.2-kilometer log plank road winding through. It boasts an excellent ecological environment with high negative oxygen ion content, and is home to a variety of rare birds and flocks of flamingos. Based on the historical heritage of Chengmai established as a county in the Western Han Dynasty, the park integrates the cultural imprint of Su Dongpo passing through here when exiled to Hainan, with distinctive buildings such as Dongpo Academy and Wetland Science Museum. It not only highlights the ecological value of coastal wetlands, but also carries local fishing and farming culture and longevity culture, an ideal destination for ecological sightseeing, parent-child study tours and leisure walks.

永庆寺 Yongqing Temple



澄迈永庆寺坐落于澄迈县盈滨半岛，三面环海、风光独绝，素有“琼北第一刹”的美称。寺院始建于北宋，历经岁月兴废后于2009年重建，整体遵循“伽蓝七堂”传统规制打造，建筑气势恢宏、庄严肃穆。寺内供奉着42尊由整块缅甸白玉雕琢而成的佛像，工艺精湛，创下多项吉尼斯世界纪录。这里不仅能体验礼佛、抄经、品素斋等禅意活动，还能在后院海滩聆听梵音与海浪相融的独特韵律，这般滨海禅境在国内寺庙中极为罕见，是集佛教文化、滨海风光与静心休闲于一体的知名景点。

Yongqing Temple Located on Yingbin Peninsula of Chengmai County, Yongqing Temple is surrounded by the sea on three sides with unique scenery, known as the "Top Buddhist Temple in Northern Hainan". First built in the Northern Song Dynasty, the temple experienced rises and declines over the years and was reconstructed in 2009. It is built in strict accordance with the traditional "Seven Halls of a Buddhist Monastery" layout, with magnificent and solemn buildings. The temple houses 42 exquisitely carved Buddha statues made of whole pieces of Burmese white jade, setting several Guinness World Records. Visitors can experience Buddhist activities like worship, scripture copying and vegetarian dining here, and listen to the unique rhythm of Buddhist chants blending with ocean waves on the backyard beach. This coastal Buddhist scenery is extremely rare in domestic temples, making it a famous scenic spot integrating Buddhist culture, coastal scenery and peaceful leisure.

临高 Lingao



临高县地处海南岛西北部，濒临北部湾、北临琼州海峡，陆地面积约1317平方公里，海岸线长达114公里，海域资源丰富，是海南重要渔业大县，素有“鱼米之乡”美誉。全县地势平坦、土壤肥沃，气候温暖湿润，适配热带特色农业发展。临高历史文化底蕴深厚，国家级非遗临高渔歌“哩哩美”承载千年渔家风情，临高角解放公园是解放海南岛重要登陆点，为知名红色旅游胜地。临高乳猪、多文空心菜等特色物产享誉省内外。近年依托海洋与区位优势，临高大兴深海养殖、现代渔业与休闲旅游，加快“三区一园”建设，形成渔港经济与文旅融合新格局，蓝色经济活力尽显。

Lingao County is in the northwest of Hainan Island, bordering the Beibu Gulf and facing the Qiongzhou Strait. It covers about 1,317 square kilometers of land with a 114-kilometer coastline and abundant marine resources, an important fishery county in Hainan known as the "land of fish and rice". With flat terrain, fertile soil and a warm humid climate, it is suitable for tropical specialty agriculture. Lingao has profound cultural heritage; the national intangible cultural heritage Lingao fishermen's song "Lilimei" carries a thousand years of fishing traditions. Lingaojiao Liberation Park, a key landing site for Hainan's liberation, is a famous red tourism destination. Lingao suckling pig and Duowen water spinach are well-known specialties. In recent years, leveraging marine and geographical advantages, Lingao has developed deep-sea aquaculture, modern fisheries and leisure tourism, accelerated the "three zones and one park" construction, forming a new pattern of fishing port economy and cultural tourism integration, showing vibrant blue economy.

海南解放公园 Hainan Liberation Park



海南解放公园坐落于临高县临高角，是国家4A级红色旅游景区、爱国主义教育基地，为纪念1950年海南岛解放渡海战役兴建。园内设有解放海南岛渡海战役纪念馆、烈士纪念碑，依托文物、史料与多媒体技术，生动还原渡海战役的壮阔场景。园内还矗立着1893年建成的百年灯塔，是海南省现存最古老的灯塔之一。公园三面环海，海岸线开阔，拥有绝佳的观海视野，不仅是缅怀革命先烈、开展红色研学的重要场所，也是观赏滨海风光、休闲观光的优质打卡地。

Hainan Liberation Park is situated at Lingao Cape in Lingao County, a national AAAA-level red tourism scenic spot and patriotism education base, built to commemorate the 1950 cross-sea campaign for Hainan's liberation. It has the Memorial Hall of the Hainan Liberation Cross-Sea Campaign and the Martyrs Monument, which vividly reproduce the magnificent campaign scenes through cultural relics, historical materials and multimedia technologies. There is also a century-old lighthouse built in 1893 in the park, one of the oldest existing lighthouses in Hainan Province. Surrounded by the sea on three sides, the park has an open coastline and an excellent ocean view. It is not only an important place to cherish the memory of revolutionary martyrs and carry out red research, but also a great spot for enjoying coastal scenery and leisure sightseeing.

古银瀑布 Guyin Waterfall

古银瀑布位于临高县黄桐镇居仁村，是琼北规模较大的天然瀑布，由平川断层落差形成，落差达20米。瀑布水流飞泻而下，声势磅礴，汇聚成潭深水碧的清潭。周边古榕参天、林木繁茂，环境清幽静谧，崖壁上镌刻“海南一绝”等题刻，自然景观与人文气息交融相映。瀑布下方的水帘洞曲折幽深，野趣十足。景区四季风光各异，雨季时瀑布水量充沛，景致尤为壮美，是临高代表性自然生态景点。景区免费开放且交通便利，适合徒步观景、休闲避暑与拍照打卡。



Guyin Waterfall is located in Juren Village, Huangtong Town, Lingao County, a large natural waterfall in northern Hainan, formed by a plain fault with a drop of 20 meters. The water cascades down with a magnificent momentum, converging into a deep emerald-green pond. Surrounded by towering ancient banyan trees and lush forests, it has a quiet and peaceful environment. Cliffs are engraved with inscriptions such as "A Unique Wonder of Hainan", blending natural scenery with cultural charm. The winding and secluded Water Curtain Cave under the waterfall is full of wild interest. The scenic area has distinct scenery in four seasons, especially magnificent in the rainy season with abundant water, a representative natural ecological attraction in Lingao. Free to open and with convenient transportation, it is ideal for hiking, sightseeing, summer leisure and photo-taking.

儋州 Danzhou



儋州市地处海南岛西北部、濒临北部湾，是海南西部中心城市，也是海南面积最大、人口最多的地级市，陆地面积约 3400 平方公里，海岸线长 267 公里，坐拥洋浦港、白马井港等重要港口，区位优势突出。儋州历史悠久，西汉元封元年始设儋耳郡，为海南最早设行政建制的地区之一；宋代苏东坡谪居此地三年、兴学授业，儋州遂获“诗乡歌海”美誉，国家级非遗儋州调声更是特色民间艺术瑰宝。境内旅游资源丰富，有海南热带植物园、东坡书院、千年古盐田等景区。近年依托洋浦经济开发区这一自贸港重要平台，儋州加快港产城融合，打造海南高质量发展“第三极”，传统与现代交融、文化与经济协同发展。

Danzhou City is in the northwest of Hainan Island, bordering the Beibu Gulf. As the central city of western Hainan, it is the prefecture-level city with the largest land area and population in Hainan, covering about 3,400 square kilometers with a 267-kilometer coastline. It has important ports such as Yangpu Port and Baimajing Port, with prominent geographical advantages. Danzhou has a long history: Dan'er Commandery was established here in 110 BC, making it one of Hainan's earliest administrative regions. Su Dongpo of the Song Dynasty lived in exile here for three years and promoted education, earning Danzhou the title of the "land of poetry and sea of songs". Danzhou Diaosheng, a national intangible cultural heritage, is a unique folk art treasure. The city abounds in tourism resources including Hainan Tropical Botanical Garden, Dongpo Academy and Millennium Ancient Salt Field. In recent years, leveraging Yangpu Economic Development Zone, a key platform of Hainan Free Trade Port, Danzhou has accelerated the integration of ports, industries and cities, building itself into the "third pole" of Hainan's high-quality development, where tradition and modernity complement each other and culture and economy advance in synergy.

海花岛 Ocean Flower Island

世界最大人工旅游岛，集旅游度假、商业会展、酒店会议、娱乐休闲于一体岛。岛内拥有28大业态，涵盖童世界、水上王国、海洋乐园等主题乐园，以及五国温泉城、欧堡酒店、希尔顿酒店等高端度假设施。游客可在此体验白鲸表演、海狮互动等海洋生物表演，畅玩18项水上项目，或享受温泉疗愈。此外，风情饮食街汇聚全球美食，国际购物中心提供免税购物体验。海花岛以多元业态和优质服务，成为海南热门旅游目的地。



The world's largest man-made tourist island integrates tourism and vacation, commerce and exhibitions, hotels and conferences, as well as entertainment and leisure. It houses 28 major formats, covering themed parks such as Children's World, Water Kingdom and Ocean Paradise, plus high-end resort facilities including Five-Country Hot Spring City, Eurocastle Hotel and Hilton Hotel. Visitors can enjoy marine life shows including beluga performances and sea lion interactions, have fun with 18 water activities, or relax with hot spring treatments. In addition, the Ethnic Cuisine Street offers global delicacies, and the International Shopping Center provides duty-free shopping experiences. With diverse formats and quality services, Ocean Flower Island has become a popular tourist destination in Hainan.



终点：儋州（洋浦） FINISH: DANZHOU(YANGPU)

众骑竞技
骑行比赛无处不在

首个云竞技骑行赛智慧平台
永不落幕的环岛赛官方平台
骑行社交生态互联分享平台

中国自行车运动协会数字化服务平台



千年古郡 魅力儋州

儋州市地处海南省西北部，濒临北部湾，辖16个镇、9个农林场（含农垦）。全市总人口104万人，陆地面积3394平方公里，海域面积5870平方公里，自然海岸线267公里，新增海花岛人工岸线约39公里，在全省市县中土地面积最大，总海岸线最长，人口仅次于海口市。

儋州市以东坡文化为重点，全力打造“东坡文化体验之旅”常态拳头旅游产品，创建集文化旅游、生态旅游、乡村旅游、温泉度假为一体，以东坡文化体验为特色的“千年古郡·魅力儋州”旅游品牌，取得了良好的经济效益和社会效益。



STAGE 02

"PEAK SPORT" DANZHOU (YANGPU)-CHANGJIANG-
BAISHA-QIONGZHONGWUZHISHAN

“匹克体育”儋州（洋浦）-
昌江 - 白沙 - 琼中 - 五指山

214.1KM

APR.16 2026
星期四 / THURSDAY

STAGE 2 第二赛段

"PEAK SPORT" DANZHOU (YANGPU)-
CHANGJIANG-BAISHA-QIONGZHONGWUZHISHAN

“匹克体育”儋州(洋浦)-
昌江-白沙-琼中-五指山

214.1KM

APR.16 星期四 / THURSDAY

日程 Race Schedule

6:00-9:00

早餐 Breakfast

6:30-8:00

领冰 / 水 / 午餐包
Collect Ice/Water/Lunch Bag

9:00-9:50

赛队签到 / 发车仪式
Sign on/Departure Ceremony

10:00

比赛开始 Race Start

15:20

比赛结束 Race Finish

15:30-16:00

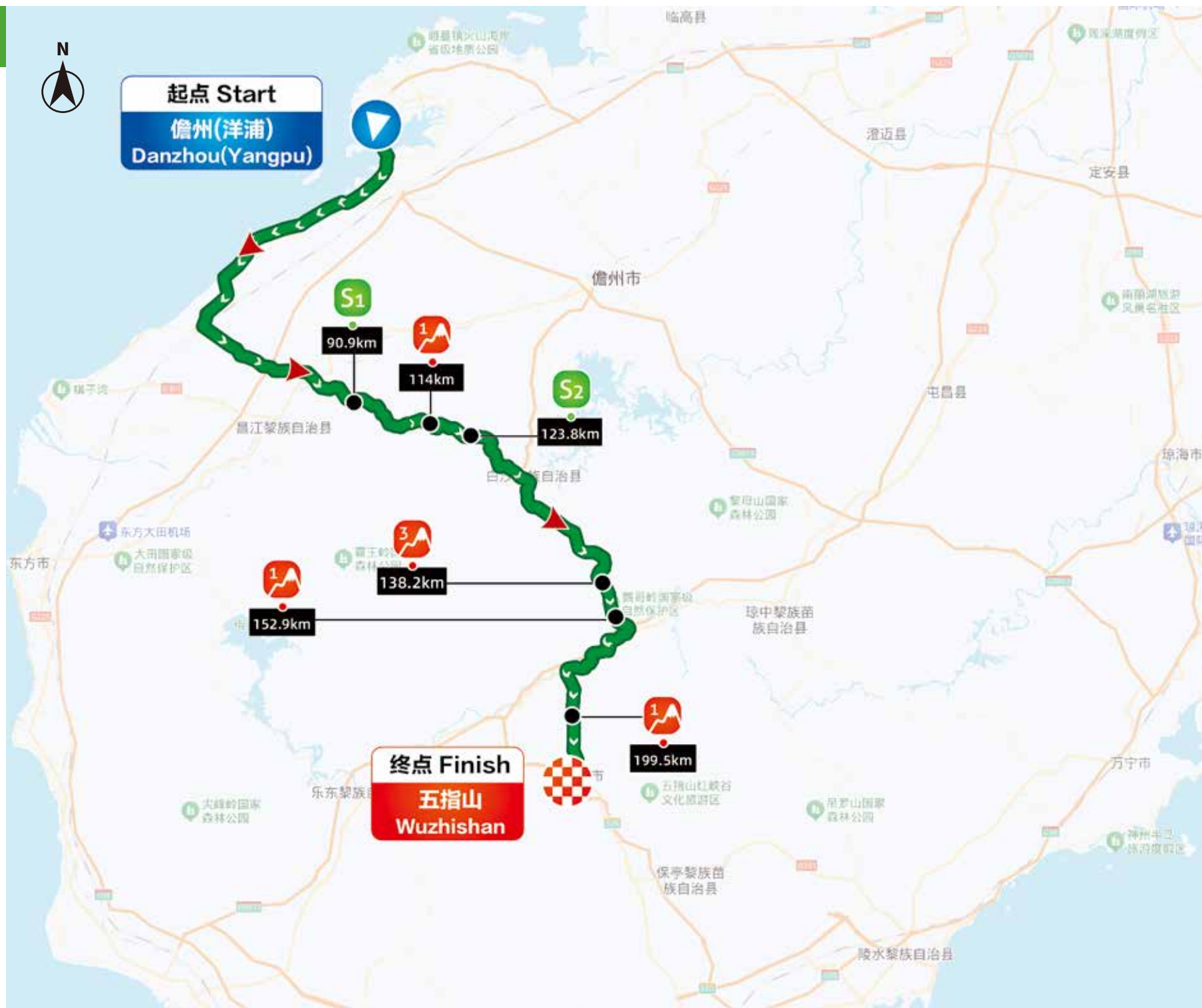
每日荣耀时刻 (赛段颁奖)
Awarding Ceremony

18:00-20:00

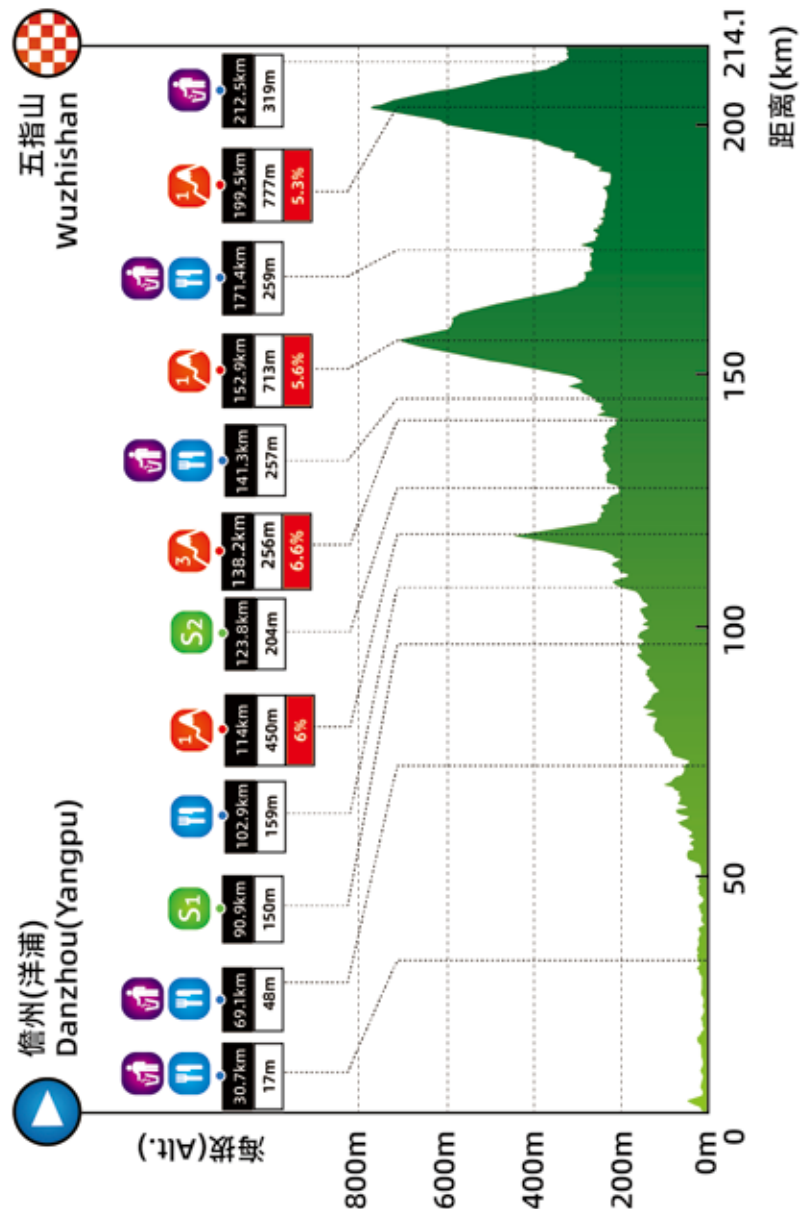
晚餐 Dinner

12:00-21:00

竞赛办公室开放 Race Office Open



Stage 2 海拔图 Elevation



Stage 2 荣誉骑行路线图 Neutralization



Stage 2 起点布局图 Start Plan





公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 39km/h 41km/h 43km/h		
					39km/h	41km/h	43km/h
3.9	218	9	▶	儋州洋浦滨海公园 (荣誉骑行开始) Danzhou Yangpu Coastal Cultural Square (Neutralization)	10:00:00	10:00:00	10:00:00
0	217.9	9	↘	金洋路 Jinyang Rd.	10:00:12	10:00:12	10:00:12
0	217.6	13	↙	金浦路 Jinpu Rd.	10:00:48	10:00:48	10:00:48
0	216.6	17	↑	瑞洋路 Ruiyang Rd.	10:02:48	10:02:48	10:02:48
0	216.4	17	↑	瑞洋路 Ruiyang Rd.	10:03:12	10:03:12	10:03:12
0	216.2	15	↘	开源大道 Kaiyuan Ave.	10:03:36	10:03:36	10:03:36
0	215.2	143	↑	开源大道 Kaiyuan Ave.	10:05:36	10:05:36	10:05:36
0	214.3	13	↑	开源大道 (远洋路口) Kaiyuan Ave. (Yuanyang Rd. Intersection)	10:07:24	10:07:24	10:07:24
0	214.1	14	↑	洋浦大桥 (荣誉骑行结束) Yangpu Bridge (Neutralization)	10:07:48	10:07:48	10:07:48
0	214.1	14	0km	洋浦大桥 Yangpu Bridge	10:07:48	10:07:48	10:07:48
3.5	210.6	9	↘	人民路 Renmin Rd.	10:12:16	10:12:13	10:12:10
4.5	209.6	12	↘	中六路 Zhongliu Rd.	10:13:33	10:13:29	10:13:26
4.8	209.3	14	↙	滨海大道 Binhai Ave.	10:13:56	10:13:52	10:13:48
4.9	209.2	14	↗	滨海大道 Binhai Ave.	10:14:03	10:13:59	10:13:56
7.8	206.3	10	↑	滨海大道 (通海大道二号岛路口) Binhai Ave. (Tonghai Ave., Ocean Flower Island Islet 2 Intersection)	10:17:45	10:17:39	10:17:33
10.2	203.9	14	↗	滨海大道辅路 Binhai Ave. Service Rd.	10:22:02	10:21:43	10:21:06
10.7	203.4	12	↑	滨海大道辅路 (海花岛一号岛路口) Binhai Ave. Service Rd. (Ocean Flower Island Islet 1 Intersection)	10:22:44	10:22:23	10:21:45
12.2	201.9	12	↙	观海路 (滨海二道) Guanhai Rd. (Binhai Second Rd.)	10:24:49	10:24:26	10:23:43



公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					39km/h	41km/h	43km/h
12.8	201.3	21	→	海南环岛旅游公路 Hainan Coastal Scenic Highway	10:25:40	10:25:15	10:24:30
14.8	199.3	13	↑	排浦大桥 Paipu Bridge	10:28:27	10:27:59	10:27:06
15.2	198.9	6	↑	海南环岛旅游公路 (S504) Hainan Coastal Scenic Highway (S504)	10:29:01	10:28:32	10:27:38
23.8	190.3	12	↑	叶蓉大桥 Yerong Bridge	10:41:01	10:40:15	10:38:51
25.7	188.4	12	5KM	海南环岛旅游公路 K774-100 K774-100	10:43:40	10:42:51	10:41:19
26.1	188	15	↑	海南环岛旅游公路 K774-500 Hainan Coastal Scenic Highway K774-500	10:44:13	10:43:23	10:41:51
28.6	185.5	18	↑	海南环岛旅游公路 K771 Hainan Coastal Scenic Highway K771	10:47:42	10:46:48	10:45:06
30.1	184	22	🚫	K770-500	10:49:48	10:48:51	10:47:04
30.7	183.4	17	🍴	K769-100	10:50:38	10:49:40	10:47:51
31.7	182.4	21	🚫	K768-100	10:52:02	10:51:02	10:49:09
32.1	182	20	🚫	K768-500	10:52:35	10:51:34	10:49:40
34.6	179.5	16	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	10:56:05	10:54:59	10:52:56
35.6	178.5	18	↑	K764	10:57:28	10:56:21	10:54:14
38	176.1	10	↑	高山中桥 Gaoshan Medium Bridge	11:00:49	10:59:37	10:57:22
40.8	173.3	9	→	海南环岛旅游公路 Hainan Coastal Scenic Highway	11:04:44	11:03:26	11:01:01
40.9	173.2	9	↑	红坎大桥 Hongkan Bridge	11:04:52	11:03:34	11:01:09
42.6	171.5	18	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	11:13:20	11:10:08	11:07:15
43.1	171	16	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	11:14:06	11:10:52	11:07:56
44.4	169.7	15	↑	珠碧江大桥 Zhubi River Bridge	11:16:06	11:12:47	11:09:45

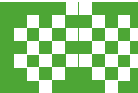
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					39km/h	41km/h	43km/h
47.7	166.4	13	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	11:21:11	11:17:36	11:14:21
48.9	165.2	31	↑	海南环岛旅游公路 Hainan Coastal Scenic Highway	11:23:02	11:19:22	11:16:02
50.8	163.3	41	↩	S310	11:25:57	11:22:08	11:18:41
51.8	162.3	31	↑	S310, K21	11:27:30	11:23:36	11:20:05
59.8	154.3	46	↑	K13	11:39:48	11:35:19	11:31:15
64.1	150	61	5KM	S310 K9-200	11:46:25	11:41:36	11:37:15
64.5	149.6	86	↑	邦溪互通 Bangxi Interchange	11:47:02	11:42:11	11:37:48
66.8	147.3	51	↑	K6	11:50:34	11:45:33	11:41:01
67.8	146.3	56	↑	K5	11:52:06	11:47:01	11:42:24
68.8	145.3	40	🚫	K4	11:53:39	11:48:29	11:43:48
69.1	145	48	🍴	K4-200	11:54:06	11:48:55	11:44:13
70.1	144	78	🚫	K3-200	11:55:39	11:50:23	11:45:37
70.3	143.8	80	🚫	K3-400	11:55:57	11:50:41	11:45:54
71.9	142.2	88	↑	邦溪镇路牌 Bangxi Town Rd. Sign	11:58:25	11:53:01	11:48:08
72.9	141.2	93	↑	G361, 邦溪南路 G361, Bangxi South Rd.	11:59:57	11:54:29	11:49:31
83	131.1	110	↑	木棉驿站 Mumian Service Station	12:15:30	12:09:16	12:03:37
87	127.1	139	↩	G361 (X547 路口) G361 (X547 Intersection)	12:21:39	12:15:07	12:09:12
90.8	123.3	148	↑	七坊镇中心学校 Qifang Town Central School	12:27:30	12:20:41	12:14:30
90.9	123.2	150	S1	查苗市场 Chamiao Market	12:27:39	12:20:49	12:14:38

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time			
					39km/h	41km/h	43km/h	
91.2	122.9	154	↩	G361, 七坊东路	G361, Qifang East Rd.	12:28:06	12:21:16	12:15:03
97.9	116.2	145	🍴 5KM	K192-800	K192-800	12:38:25	12:31:04	12:24:24
98.4	115.7	150	↑	光雅路牌	Guangya Rd. Sign	12:39:11	12:31:48	12:25:06
102.6	111.5	159	🚰	K187-500	K187-500	12:45:39	12:37:57	12:30:58
102.9	111.2	175	🍴	打安界,K187-800	Da'an Border,K187-800	12:46:06	12:38:23	12:31:23
103.9	110.2	214	🚫	K186-800	K186-800	12:47:39	12:39:51	12:32:47
104.1	110	214	🚫	K185	K185	12:47:57	12:40:08	12:33:03
106.8	107.3	201	↑	环热带雨林国家公园旅游公路	Hainan Tropical Rainforest National Park Tourism Highway	12:52:06	12:44:06	12:36:49
107.8	106.3	214	↑	打安镇	Da'an Town	12:53:39	12:45:33	12:38:13
110.1	104	211	🏁 START	K179	K179	12:57:11	12:48:55	12:41:26
112.6	101.5	362	↑	九架木棉道观景台	Jiujia Mumian Viewpoint	13:01:02	12:52:35	12:44:55
114	100.1	450	🏔️	九架山顶, 海南热带雨林国家公园, 3.9Km, 爬升 230 米, 坡度 6%	Jiujia Summit, Hainan Tropical Rainforest National Park length 3.9 km, elevation +230 m, gradient 6%	13:03:11	12:54:38	12:46:52
114	100.1	450	↑	九架山顶, 挑战赛终点	Jiujia Summit, Amateur Group Finish	13:03:11	12:54:38	12:46:52
114.7	99.4	393	↑	雾绕青峰观景台	Wurao Qingfeng Viewpoint	13:04:16	12:55:39	12:47:51
117.4	96.7	256	↑	坡北村	Pobei Village	13:08:25	12:59:36	12:51:37
118.2	95.9	244	↗	高速路互通	Expressway Interchange	13:09:39	13:00:47	12:52:44
120.8	93.3	227	↩	金沙西路	Jinsha West Rd.	13:13:39	13:04:35	12:56:21
120.9	93.2	230	↗	金沙西路	Jinsha West Rd.	13:13:48	13:04:44	12:56:30

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time			
					39km/h	41km/h	43km/h	
121.8	92.3	224	↑	金沙北路 (石油路)	Jinsha North Rd. (Shiyou Rd.)	13:15:11	13:06:03	12:57:45
122.5	91.6	212	↑	金沙东路	Jinsha East Rd.	13:16:16	13:07:04	12:58:44
123.8	90.3	204	🚰 S2	白沙县图书馆	Baisha County Library	13:18:16	13:08:58	13:00:33
124.6	89.5	230	↗	金沙南路	Jinsha South Rd.	13:19:30	13:10:08	13:01:40
126.4	87.7	229	↩	桥南路	Qiaonan Rd.	13:22:16	13:12:47	13:04:10
133.3	80.8	233	↑	元门路牌, K160	Yuanmen Rd. Sign, K159	13:32:53	13:22:52	13:13:48
136.3	77.8	211	🍴 5KM	元门大桥	Yuanmen Bridge	13:37:30	13:27:16	13:17:59
137.3	76.8	197	🏁 START	G361, K155	G361, K155	13:39:02	13:28:44	13:19:23
138.2	75.9	256	🏔️	K151+100, 900m, 坡升 59m, 坡度约 7%	K151+100, length 900m, elevation +59 m, gradient 7%	13:40:25	13:30:03	13:20:38
141.1	73	255	🚰	K153-800	K153-800	13:44:53	13:34:17	13:24:41
141.3	72.8	257	🍴	K152, 上坡	K152	13:45:11	13:34:35	13:24:58
142.3	71.8	275	🚫	K151, 上坡	K151	13:46:43	13:36:03	13:26:21
142.5	71.6	273	🚫	K151-200	K151-200	13:47:02	13:36:20	13:26:38
145	69.1	292	↑	G361	G361	13:50:53	13:40:00	13:30:08
145.7	68.4	310	🏁 START	K148-200	K148-200	13:51:57	13:41:01	13:31:06
152.9	61.2	713	🏔️	鹦歌岭山顶 K141-600	Yinggeling Summit, K141-600	14:03:02	13:51:33	13:41:09
160.7	53.4	469	↑	瀑布桥	Waterfall Bridge	14:15:02	14:02:58	13:52:02
162.5	51.6	361	↑	下坡路段, 半幅通行, 路宽 5m, 长度 50m	Downhill section, Road construction, width 5m, length 50m	14:17:48	14:05:36	13:54:33

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					39km/h	41km/h	43km/h
162.7	51.4	350	↑	道路施工, 下坡路段 Downhill section, Road construction	14:18:06	14:05:54	13:54:49
162.88	51.22	342	↑	道路施工, 下坡路段 Downhill section, Road construction	14:18:23	14:06:10	13:55:04
164.8	49.3	288	↘	高架桥底, 路面变窄, 宽约 3.5 米, 长度 100m Under the overpass, Road narrows, Width 3.5m, Length 100m	14:21:20	14:08:58	13:57:45
166.4	47.7	277	🍴	G361	14:23:48	14:11:19	13:59:59
167.1	47	266	➡	G224, 什运	14:24:53	14:12:20	14:00:58
167.4	46.7	267	↑	G224 K170	14:25:20	14:12:47	14:01:23
169.6	44.5	262	↑	牙训村	14:28:43	14:16:00	14:04:27
171.1	43	262	🚻	G224,K173+700	14:31:02	14:18:11	14:06:33
171.4	42.7	259	🍴	K174	14:31:30	14:18:38	14:06:58
172.1	42	291	🚫	坡顶, K175+700	14:32:34	14:19:39	14:07:56
172.3	41.8	290	🚫	K175+900	14:32:53	14:19:57	14:08:13
178.7	35.4	235	↑	K181+300, 琼中五指山分界 K181+300, Qiongzong Wuzhishan Border	14:42:43	14:29:19	14:17:09
182.5	31.6	227	↑	G224, 水满路口 G224, Shuiman Intersection	14:48:34	14:34:52	14:22:27
184.7	29.4	222	↑	毛阳镇	14:51:57	14:38:06	14:25:31
185.7	28.4	221	↑	G224	14:53:30	14:39:33	14:26:55
186.7	27.4	228	↑	K189	14:55:02	14:41:01	14:28:19

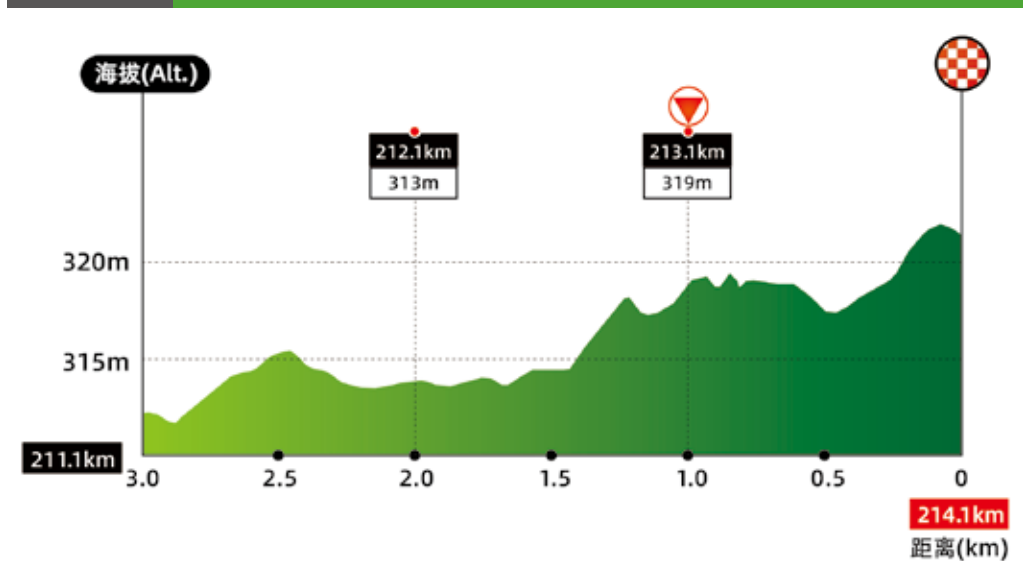
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					39km/h	41km/h	43km/h
191.4	22.7	340	🏁	K194	15:02:16	14:47:54	14:34:52
199.5	14.6	777	🏔️	阿陀岭山顶, 8.1Km, 爬升 437m, 坡度 5.3% Atuoling Summit,length 8.1 km, elevation +437 m, gradient 5.3%	15:14:43	14:59:45	14:46:10
208	6.1	348	↑	农林学校	15:27:48	15:12:11	14:58:02
209.3	4.8	324	↑	五指山车站	15:29:48	15:14:06	14:59:51
209.4	4.7	321	➡	三月三大道	15:29:57	15:14:14	14:59:59
209.6	4.5	320	↙	河北东路	15:30:16	15:14:32	15:00:16
211.1	3	311	➡	翡翠大道	15:32:34	15:16:44	15:02:21
211.2	2.9	312	↙	河南东路	15:32:43	15:16:52	15:02:30
212.5	1.6	313	🚻	河南东路	15:34:43	15:18:47	15:04:19
213	1.1	317	🚫	河南东路	15:35:30	15:19:30	15:05:01
213.2	0.9	319	↑	河南东路	15:35:48	15:19:48	15:05:17
213.6	0.5	318	🚗	三月三大道	15:36:25	15:20:23	15:05:51
214.1	0	321	🏁	奥义营地	15:37:11	15:21:07	15:06:33



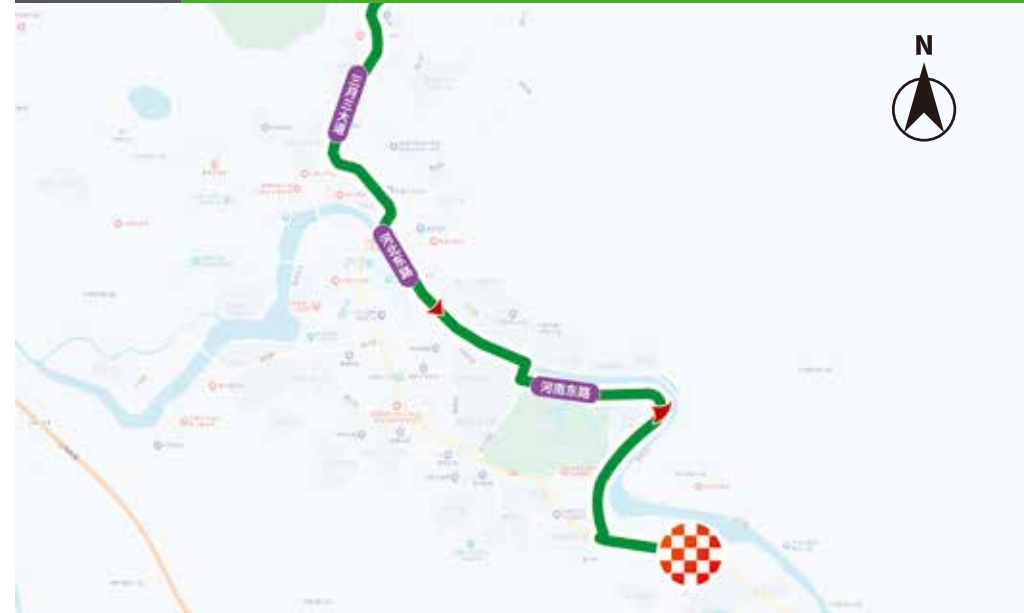
Stage 2 最后三公里路线图 Last 3km Map



Stage 2 最后三公里海拔图 Last 3km Elevation



Stage 2 五指山入城图 Entry Map of Wuzhishan



Stage 2 终点布局图 Finish Plan



Stage 2 酒店 / 加油站分布图 Hotel & Gas Station



中国石化LNG加油加气站(洋浦腾洋站):
儋州市腾洋路与兴浦路交叉口往西约140米
Sinopec LNG Refueling & CNG Station (Yangpu Tengyang Station):
About 140 meters west of the intersection of Tengyang Road and Xingpu Road, Danzhou City

运动员主酒店
Athlete Main Hotel



Stage 2 非竞赛车辆转场路线图 Transfer Route



儋州(洋浦滨海文化广场)-五指山(奥义营地) 约212公里
Danzhou (Yangpu Coastal Culture Square) - Wuzhishan (Aoyi Camp), approximately 212 km

儋州洋浦滨海文化广场(滨海路起点)-金洋路-新英湾大道-海南环岛旅游公路-开源大道-中心大道-万洋高速-海三高速-S26-五指山互通-通畅路-理文路-三月三大道-五指山奥义营地(终点)
Danzhou Yangpu Coastal Culture Square (Binhai Road) - Jinyang Road - Xinyang Bay Avenue - Hainan Ring Tourist Highway - Kaiyuan Avenue - Central Avenue - Wanyang Expressway - Haisan Expressway - S26 - Wuzhishan Interchange - Tongchang Road - Liwen Road - Sanyasan Avenue - Destination: Wuzhishan Aoyi Camp

起点：儋州（洋浦） START: DANZHOU(YANGPU)

东坡书院 Dongpo Academy

国家AAAA级景区，文豪遗风，薪火相传。书院位于儋州市中和镇，是国家级重点文物保护单位，享有“天南名胜”之称，蜚声海内外。北宋绍圣四年（公元1097年），苏东坡从惠州贬至儋州，历时三年多，在此居住和讲学，以文会友，传播中原文化。书院坐北朝南，院门轩昂宏阔古雅别致，门上横书“东坡书院”4字，为清代举人张绩所题。其主要景点包括钦帅泉及载酒亭等。



A national AAAA-level tourist attraction where the literary legacy of the great writer lives on from generation to generation. Located in Zhonghe Town, Danzhou City, the academy is a major historical and cultural site protected at the national level. Known as a "Famous Scenic Spot in the Southern Sky", it enjoys widespread fame at home and abroad. In the fourth year of the Shaosheng reign of the Northern Song Dynasty (1097 AD), Su Dongpo was exiled from Huizhou to Danzhou. During his more than three years in residence

here, he lived, gave lectures, made friends through literature, and spread the Central Plains culture. The academy faces south with its back to the north. Its gate is grand, magnificent, elegant and uniquely ancient. The four Chinese characters "Dongpo Academy" inscribed horizontally above the gate were written by Zhang Ji, a juren in the Qing Dynasty. Its main scenic spots include Qinshuai Spring and Zaijiu Pavilion.

石花水洞 Shihua Water Cave

海南石花水洞地质公园是国家AAAA级旅游景区、省级地质公园，也是我国成功开发的纬度最低的天然溶洞。景区由洞内、石林、热带果园观光三大特色景区构成，相辅相成，形成集科学考察、旅游观光、科学教育于一体的综合性园林景观。核心的洞内景区分旱洞、水洞，洞道系统复杂，次生化学沉积物发育完好，总长约5000米，划分迎宾区、石花长廊区、南海龙宫区等多个区域。旱洞内的“一石二花”卷曲石、文石花、方解石晶体花及其组合，堪称国家级珍品、世界一绝，公园也因此被誉为“南国奇洞”和“神奇的地下艺术宫殿”。

Hainan Shihua Water Cave Geopark is a national AAAA-level tourist attraction and a provincial geopark, as well as the successfully developed natural cave at the lowest latitude in China. The scenic area comprises three distinctive parts: the cave area, the stone forest area and the tropical orchard sightseeing area. Complementing each other, they form a comprehensive garden landscape integrating scientific investigation, tourism and science education. The core cave area includes a dry cave and a water cave, featuring a complex tunnel system and well-developed secondary chemical sediments, with a total length of about 5,000 meters and divided into the Welcome Zone, Stone Flower Corridor Zone, South China Sea Dragon Palace Zone and other areas. The "One Stone, Two Flowers" in the dry cave—helictite, aragonite flowers, calcite crystal flowers and their assemblages—are hailed as national-level treasures and a unique wonder of the world. Thus the geopark is honored as a "Fantastic Cave in the South" and a "Magical Underground Art Palace".



火山海岸 Volcanic Coast

峨蔓火山岩海岸位于儋州市峨蔓镇，是100万年前由火山喷发或喷溢出的物质堆积而形成的海岸，有着五彩湾、龙门激浪等天然游玩景点。

The Eman Volcanic Rock Coast is located in Eman Town, Danzhou City. It was formed about one million years ago from deposits accumulated by volcanic eruptions and lava outflows, and features natural scenic spots such as Wucai Bay and Longmen Jilang.



昌江 Changjiang



昌江黎族自治县地处海南岛西部，东与白沙黎族自治县毗邻，南与乐东黎族自治县接壤，西南与东方市以昌化江为界对峙相望，西北濒临北部湾，东北部隔珠江同儋州市相连。

昌江文化源远流长，民间艺术历史悠久，内容丰富多彩。昌江地方特色民间艺术有黎族舞蹈、对歌，汉族有荡秋千、赛山歌、舞龙

舞狮和歌会等，尤其是一年一度的黎族传统“三月三”和汉族的端午节赛龙舟方兴未艾。昌江的黎族制陶工艺被列入国家级非物质文化遗产，黎族传统游艺、体育竞技、染技艺被海南省人民政府公布为省级第三批非物质文化遗产名录。

Changjiang County. Changjiang Li Autonomous County is located in the west of Hainan Island. It is adjacent to Baisha Li Autonomous County to the east, bordering on Ledong Li Autonomous County to the south, facing Dongfang City with Changhua River as the boundary to the southwest, close to Beibu Gulf to the northwest and abutted by Zhubi River and Danzhou City to the northeast.

The Changjiang culture has a long tradition with an age-old history of folk art and diverse content. Li's dances, antiphonal singing, Han's swing, folk song singing, dragon and lion dance, and folk song gathering are part of local folk art in Changjiang, especially Li's traditional annual Double Third Festival and the Han's dragon boat race which are in the ascendant. The traditional Li pottery techniques in Changjiang have been certified as one of the national intangible cultural heritage of China. And the Li traditional entertainment, sports competition, and dyeing skills have been inscribed on the third batch List of Intangible Cultural Heritage of Hainan Province by the Hainan Provincial People's Government.

昌化岭 Changhualing Mountain

昌化岭风景区位于石碌镇西 50 公里的海滨，十里九峰，雄伟峻峭，西端延伸至秀丽的棋子湾海滩，与其构成一幅引人入胜的天然山水画。岭高 460 米，奇峰兀立，林翠花艳，山泉长流，素以岩奇、山青、花香、泉甜而闻名于世。昌化岭与棋子湾山水相依，西北二公里是古昌化城，三个景点把奇峰异石、青山翠谷、碧水银浪、白滩奇礁、古迹文物、今时民情等景观集为一体，观赏游乐内容十分丰富，加之近年旅游设施不断完善，游人常年络绎不绝。



Changhualing Scenic Spot stands on the seaside, 50km away from the west of Shilu Town, with towering and constant mountains. The west side reaches the beautiful Qizi Bay, becoming an attractive natural painting. Changhualing is 460m in height, with the world-famous reputation of steep hills, green plants, colorful flowers, clear and sweet springs. Together with Qizi Bay and the Ancient Changhua City, which are 2 km away in the northwest, Changhualing puts steep hills and stones, green mountains and valleys, clear waves and white beaches, and historic relics in a place, improving the tourism resources and attracting visitors all year round with complete tourism equipment.

棋子湾 Qizi Bay

坐落于昌江古昌化城北部，西接昌化江入海口、东倚昌化岭风景区，距石碌镇50余公里，有“万亩沙漠落海南”的美誉，是光浴、沙浴的绝佳之地。这里沙滩洁白如银、沙质细软，海湾水面平静、海水清澈见底，海岸奇峰林立、怪石嶙峋，坐拥峻壁角、棋子篮等二十余处天然特色景点。棋子湾的绝美风光吸引了苏东坡、郭沫若等历代名人慕名到访，他们为这片山海留下了诸多脍炙人口的诗篇，人文与自然景致交融生辉。

Qizi Bay Located in the north of the Ancient Changhua City in Changjiang, Qizi Bay is adjacent to the estuary of Changhua River in the west and Changhualing Scenic Spot in the east, more than 50 kilometers from Shilu Town. Honored as "the vast desert lies in Hainan", it is an ideal place for sun and sand bathing. It has snow-white and soft sand, a calm bay with clear water, and a coastline lined with grotesque peaks and rocks, boasting more than 20 natural scenic spots such as Topped Wall Angle and A Basket of Chess Pieces. Its breathtaking scenery has attracted many famous figures like Su Shi and Guo Moruo in history, who left numerous well-known poems here, blending humanistic and natural beauty perfectly.



霸王岭国家森林公园 Bawangling National Forest Park

地处海南岛西南部昌江县境内，主峰海拔1495米，主要山峰均超1000米，是我国热带生物资源最富集的区域之一。林区内藏有1400多种原始林木，27种国家重点保护珍贵树种，还有2213种野生植物、365种野生动物，是热带野生动植物宝库，更是国宝海南长臂猿的唯一栖息地。经多年开发，景区内雅加度山庄及王道、情道等观光配套不断升级，巍巍群山与莽莽林海相映成趣，是旅游观光、休闲度假的理想胜地。

Bawangling National Forest Park Located in Changjiang County in the southwest of Hainan Island, Bawangling National Forest Park has a main peak of 1,495 meters above sea level with all major peaks over 1,000 meters, being one of the areas with the richest tropical biological resources in China. The forest has more than 1,400 species of primitive trees, 27 species of national key protected rare trees, as well as 2,213 species of wild plants and 365 species of wild animals, a treasure house of tropical wildlife and the only habitat of the national treasure Hainan Gibbon. After years of development, Yajia Resort and the sightseeing facilities such as King's Lane and Lover's Lane in the scenic area have been continuously upgraded. Towering mountains and vast forests form a fascinating scenery, making it an ideal destination for tourism and leisure vacation.



白沙 Baisha

白沙黎族自治县地处海南岛中部偏西、黎母山脉中段，山岭连绵、森林茂密，素有“山的世界、水的源头”之美誉，全县总面积约 2117 平方公里，是海南生态核心区之一，坐拥得天独厚的热带雨林资源与丰富的生物多样性。这里气候温和湿润、四季如春，空气质量常年达优，是理想的生态康养胜地。白沙民族文化浓郁，黎、苗族世代



聚居，留存着织锦、刺绣等独特技艺与传统民俗，境内有邦溪坡鹿自然保护区、白沙陨石坑等自然景观，还有罗帅村等特色黎村苗寨。近年白沙大力发展生态旅游与绿色农业，有机绿茶、山兰米等特色物产享誉岛内外，尽显人与自然和谐共生的生态之美。

Baisha Li Autonomous County is located in the west-central Hainan Island, in the middle section of the Limu Mountains. With rolling mountains and dense forests, it is known as the "realm of mountains and source of rivers". Covering about 2,117 square kilometers, it is one of Hainan's core ecological zones, boasting unique tropical rainforest resources and rich biodiversity. It has a mild and humid climate with spring-like weather all year round and excellent air quality throughout the year, an ideal destination for eco-friendly wellness tourism. Baisha has a strong ethnic culture, where the Li and Miao people have lived for generations, preserving distinctive skills like brocade weaving, embroidery and traditional folk customs. It has natural attractions such as Bangxi Eld's Deer Nature Reserve and Baisha Meteor Crater, as well as characteristic Li and Miao villages like Luoshuai Village. In recent years, Baisha has vigorously developed eco-tourism and green agriculture, with organic green tea, Shanlan rice and other specialties gaining recognition at home and abroad, fully showing the ecological beauty of harmonious coexistence between humans and nature.

白沙陨石坑茶园 Baisha Meteorite Crater Tea Garden

海南白沙陨石坑茶园位于白沙黎族自治县牙叉镇白沙农场，核心区面积约300亩，是中国首个经科学认定、全球少数带陨石碎块的陨石坑。这里土壤富含多种矿物质，常年云雾缭绕，孕育出国家地理标志产品白沙绿茶。茶园免费开放，可体验茶园漫步、采茶制茶体验、茶山摄影、茶文化学习等特色项目；配套完善，适合休闲观光与研学，是海南西部极具特色的生态茶旅目的地。



Located in Baisha Farm, Yacha Town, Baisha Li Autonomous County, Hainan Province, Baisha Meteorite Crater Tea Garden covers a core area of approximately 300 mu. It is China's first scientifically confirmed meteorite crater and one of the few craters in the world containing meteorite fragments. The soil here is rich in various minerals, and the area is shrouded in mist and clouds all year round, nurturing Baisha Green Tea, a product with national geographical indication. The tea garden is open to the public free of charge, offering featured experiences such as strolling through the tea garden, tea picking and processing, tea mountain photography, and tea culture learning. With complete supporting facilities, it is ideal for leisure sightseeing and study tours, serving as a distinctive eco-tourism destination integrating tea culture in western Hainan.

九架岭 Jiuja Ridge

九架岭位于白沙黎族自治县，是海南独特的地理与气候信风界，东南为五指山群壑，西北是岛西丘陵平原，为“白沙八景”之一。这里以三大景观闻名：2-3月木棉遍野，6公里盘山公路成绝美“木棉道”；常年云雾缭绕，清晨“九架云海”如梦似幻；还藏有花岗岩球形风化、王宫洞等地质奇观。如今纳入环热带雨林国家公园旅游公路，沿线设观景台，可远眺橡胶林海与白沙县城全景。景区永久免费，是自驾赏花、徒步观云、露营观星的绝佳之地。

Jiuja Ridge is in Baisha Li Autonomous County, a unique geographical and climatic trade wind boundary in Hainan. To its southeast is the Wuzhi Mountain area, and northwest the hilly western plain, making it one of the "Eight Scenic Spots of Baisha". It is famous for three landscapes: kapoks bloom all over from February to March, turning the 6-kilometer mountain road into a stunning "Kapok Avenue"; it is shrouded in mist all year round, with the dreamlike "Jiuja Sea of Clouds" at dawn; it also has geological wonders like spheroidally weathered granite and Palace Cave. Now included in the tourist highway around the Rainforest National Park, it has viewing platforms for overlooking the vast rubber forest and Baisha County. Permanently free, it is an ideal spot for self-driving flower viewing, hiking, cloud watching, camping and stargazing.



琼中 Qiongzong

琼中黎族苗族自治县地处海南岛中部，是海南生态核心区，森林覆盖率达85%，素有“海南之心”的美誉。境内汇聚众多自然奇观，百花岭热带雨林文化旅游区为国家4A级景区，百花岭瀑布、黎母山国家森林公园各具特色，乘坡河谷千亩石臼群是地质奇观，鹦歌岭融原始森林与琼崖纵队革命遗址。人文方面，白沙起义纪念馆留存红色记忆，什寒村尽显黎苗风情，黎锦、民歌等非遗文化鲜活。当地生态农业资源丰富，琼中绿橙、山鸡等特色物产闻名，红毛镇红茶、云湖乡村旅游区还能让游客体验茶香与康养之趣。



琼中黎族苗族自治县地处海南岛中部，是海南生态核心区，森林覆盖率达85%，素有“海南之心”的美誉。境内汇聚众多自然奇观，百花岭热带雨林文化旅游区为国家4A级景区，百花岭瀑布、黎母山国家森林公园各具特色，乘坡河谷千亩石臼群是地质奇观，鹦歌岭融原始森林与琼崖纵队革命遗址。人文方面，白沙起义纪念馆留存红色记忆，什寒村尽显黎苗风情，黎锦、民歌等非遗文化鲜活。当地生态农业资源丰富，琼中绿橙、山鸡等特色物产闻名，红毛镇红茶、云湖乡村旅游区还能让游客体验茶香与康养之趣。

Qiongzong Li and Miao Autonomous County is located in the central part of Hainan Island, a core ecological area of Hainan with a forest coverage rate of 85%, known as the "Heart of Hainan". It boasts numerous natural wonders within its borders: Baihualing Tropical Rainforest Cultural Tourism Zone is a national 4A-level scenic spot, and Baihualing Waterfall, Limu Mountain National Forest Park all have their own features. The thousands of acres of stone mortar groups in Chengpo River Valley are a geological wonder, and Yinggeling integrates primitive forests with the revolutionary sites of the Qiongya Column. Culturally, Baisha Uprising Memorial Park holds red memories, Shihan Village fully displays Li and Miao customs, and intangible cultural heritages like Li brocade and folk songs are vivid. Rich in eco-agricultural resources, its specialties such as Qiongzong green oranges and mountain chickens are well-known. Hongmao Town black tea and Yunhu Rural Tourism Zone also offer tourists tea and wellness experiences.

鹦哥岭森林旅游区 Parrot Mountain Forest Tourism Area



鹦哥岭森林旅游区是海南热带雨林国家公园的核心区域，主峰鹦哥嘴海拔 1811 米，为海南第二高峰，以热带雨林生态系统和丰富生物多样性著称。这里保存了伯乐树、海南山鹧鸪等珍稀物种，鸟类种类占海南森林鸟类总数的 90% 以上，是观鸟拍鸟的经典地。

景区内拥有琼崖纵队司令部旧址等红色文化遗址，以及高峰村（已生态搬迁为银坡村）等黎族村落，融

合自然与人文景观。游客可徒步鹦哥嘴路线或挑战热带雨林国家公园线路，沿途可体验瀑布、溪流、高山梯田等景观，建议携带防蚊用品并关注天气变化。

Parrot Mountain Forest Tourism Area is the core area of Hainan Tropical Rainforest National Park, the main peak of Parrot Mouth is 1811 metres above sea level, which is the second highest peak in Hainan, and is famous for its tropical rainforest ecosystem and rich biodiversity. Rare species such as Burchell's tree and Hainan partridge are preserved here, and bird species account for more than 90 per cent of the total number of forest birds in Hainan, making it a classic place for bird watching and bird shooting.

The scenic area boasts red cultural sites such as the former site of the Qiongya Column Command, as well as Li villages such as Gaofeng Village (which has been ecologically relocated to Yinpo Village), blending natural and humanistic landscapes. Visitors can hike the Parrot's Beak Route or challenge the Tropical Rainforest National Park Route, experiencing waterfalls, streams, alpine terraces and other landscapes along the way, and are advised to carry mosquito supplies and keep an eye on the weather.

百花岭热带雨林区 Baihualing Tropical Rainforest Area



百花岭热带雨林区，是海南中部生态核心景区。这里以“亚洲雨林第一瀑”闻名，300 米落差的百花岭瀑布分三级飞泻，形成金龙吐珠、神丹妙药、仙女散花等奇景。雨林内拥有独木成林的百年古榕树、根抱石奇观及藤本攀附的“过江龙”，并呈现老茎生花、空中花园等十大雨林特有景观。

景区内设树梢栈道、玻璃滑道等体验项目，融合黎村苗寨文化及白沙起义纪念馆等红色遗址。森林覆盖率超 90%，负氧离子浓度极高，是集自然探秘、生态研学与休闲康养于一体的 4A 级旅游景区。

Baihualing Tropical Rainforest Area is the core ecological scenic spot in central Hainan. It is famous for being the 'first waterfall in the Asian rainforest', and the 300-metre waterfall at Baihualing is divided into three levels, forming such wonders as the Golden Dragon Spitting Pearls, the Divine Elixir, and the Fairy Scattering Flowers. Inside the rainforest, there are hundred-year old banyan trees, root-carrying stone wonders and rattan climbing 'river dragon', and presenting ten rainforest-specific landscapes, such as old stems and flowers, and air gardens.

The scenic area is equipped with treetop stacks, glass slides and other experiential projects, and integrates the culture of Li Village and Miao Village, as well as red sites such as the Baisha Uprising Memorial Park. With a forest coverage rate of over 90% and a very high concentration of negative oxygen ions, it is a 4A-level tourist attraction integrating nature exploration, ecological study and recreation.

五指山 Wuzhishan



五指山市地处海南岛中南部，因境内海南最高峰五指山得名，是原海南黎族苗族自治州首府。市域地处北纬 18.77 度，海拔 1867 米，年平均降雨量 1887 毫米、日照 1897 小时，森林覆盖率达 90%，是海南岛的“滤芯”“水塔”和“三江源”，为中部生态保育核心区，也是岛内主要河流的发源地。这里坐拥优质热带雨林资源，黎苗民族文化浓郁，依托两大特色深耕“体育+旅游”“文化+旅游”融合发展，打造雨林漂流、露营等体验项目，推出以阿陀岭“皇后赛道”为代表的 11 条自行车骑游路线，业态日趋丰富。2023 年成功获评省级体育旅游示范区，“体育+旅游”品牌 IP 影响力持续提升。

Wuzhishan City is located in the south-central part of Hainan Island, named after Wuzhishan, the highest peak in Hainan within its borders, and was the former capital of Hainan Li and Miao Autonomous Prefecture. Located at 18.77 degrees north latitude, it has an altitude of 1,867 meters, with an average annual rainfall of 1,887 millimeters and annual sunshine of 1,897 hours. With a forest coverage rate of up to 90%, it is the "filter", "water tower" and "source of three major rivers" of Hainan Island, serving as the core of the central ecological conservation area and the birthplace of major rivers on the island. Boasting high-quality tropical rainforest resources and strong Li-Miao ethnic culture, it advances the integrated development of "sports + tourism" and "culture + tourism" relying on these two features, creating experiential projects such as rainforest rafting and camping, and launching 11 cycling routes represented by the "Queen's Stage" of Atuoling Mountain, with increasingly rich formats. It was successfully awarded the Provincial Sports Tourism Demonstration Zone in 2023, and the influence of the "sports + tourism" brand IP continues to rise.

海南热带雨林国家公园(五指山)片区
Hainan Tropical Rainforest National Park (Wuzhishan) Area

该片区是海南热带雨林国家公园核心区域，坐拥中国分布最集中、保存最完好的岛屿型热带雨林，海拔高差大、植被垂直带谱完整，热带植被类型多样，生物多样性极为丰富，是保护雨林生态系统、珍稀动植物及栖息地的重要自然保护区。五指山素有“海南屋脊”之称，二峰 1867 米为海南最高峰，其雨林与亚马孙、印尼雨林并称全球三大完好雨林，被誉为海南“肺”。片区负氧离子平均 7000-8000 个/cm³，最高达 20000 个/cm³，是名副其实的“天然氧吧”。



This area is the core of Hainan Tropical Rainforest National Park, home to China's most concentrated and best-preserved insular tropical rainforest. It features a large elevation difference, a complete vertical vegetation spectrum, diverse tropical vegetation types and extremely rich biodiversity, serving as an important nature reserve for protecting rainforest ecosystems, rare animals and plants and their habitats. Known as the "Roof of Hainan", Wuzhishan has its second peak at 1,867 meters, the highest in Hainan. Its rainforest, together with those in the Amazon and Indonesia, is one of the world's three best-preserved rainforests, hailed as the "Lung of Hainan". The average negative oxygen ion concentration here is 7,000-8,000 ions per cubic centimeter, with a maximum of 20,000 ions per cubic centimeter, a veritable "natural oxygen bar".

牙胡梯田 Yahu Terraces

牙胡梯田被誉为“海南第一梯田”，占地4875亩，海拔跨度20-600米，最大坡度30度，蜿蜒于鹦哥岭山脉间，400米的高差造就了160多层螺旋形梯田，与周边山川相融，构成壮丽的自然景观。梯田四季景致各异，春天水满田畴如明镜，夏天禾苗繁茂覆浓绿，秋天稻浪金黄耀光辉，每一层都是当地农人辛勤与智慧的结晶，田块小巧，流传着“青蛙一跃过三丘”的民间趣谈。如今梯田成为海南网红旅游点、三椰级乡村旅游点，打造了农业观光、亲子研学、农耕体验等多主题旅游路线，探索农旅融合发展新路径。

Known as "Hainan's No.1 Terraced Fields", Yahu Terraces cover an area of 4,875 mu, with an altitude span of 20-600 meters and a maximum slope of 30 degrees. Winding through the Yinggeling Mountains, a 400-meter height difference creates more than 160 spiral layers of terraces, which integrate with the surrounding mountains and rivers to form a magnificent natural landscape. The terraces have distinct scenery in four seasons: full of water like bright mirrors in spring, covered with dense green lush seedlings in summer, and shining with golden rice waves in autumn. Each layer is the crystallization of local farmers' hard work and wisdom, with small plots, and there is a folk anecdote that "a frog leaps across three fields in one jump". Now it has become a Hainan internet-famous tourist spot and a Three-Coconut Level Rural Tourist Attraction, creating multi-themed tourism routes such as agricultural sightseeing, parent-child study tours and farming experiences, exploring a new path for the integrated development of agriculture and tourism



五指山红峡谷文化旅游区

Wuzhishan Red Canyon Cultural Tourism Scenic Area

该景区位于五指山市南圣镇，规划占地3000亩，是省、市重点建设项目。景区以五指山热带雨林、峡谷漂流为核心主题，依托黎苗民族文化，挖掘中华养生文化内涵，植入现代多元文化，打造集观光度假、休闲娱乐、文化交流、居住养生于一体的复合型景区。目前已开放漂流、飞拉达、高空悬索桥、玻璃旱滑道、亲子水上乐园等十余项体验项目，一期工程已基本完工。二期工程分上下游建设，上游打造雨林康养、研学实训基地，下游建设游客接待中心、5D影院、养生酒店等配套，持续丰富文旅业态。

Located in Nansheng Town of Wuzhishan City, the scenic area covers a planned area of 3,000 mu and is a key construction project at the provincial and municipal levels. Centered on Wuzhishan tropical rainforest and canyon rafting, it relies on Li-Miao ethnic culture, explores the connotation of Chinese wellness culture, and integrates modern diverse cultures to create a comprehensive scenic area integrating sightseeing and vacation, leisure and entertainment, cultural exchange and residential wellness. More than ten experience projects such as rafting, Via Ferrata, high-altitude suspension bridge, glass dry slide and parent-child water park have been opened, and the Phase I project has been basically completed. The Phase II project is constructed in upper and lower reaches: the upper reach builds a rainforest wellness and research training base, and the lower reach constructs supporting facilities such as a tourist reception center, 5D cinema and wellness hotel, continuously enriching cultural and tourism formats.



毛纳村 Maona Village



毛纳村位于五指山脚下，水满乡西南部。“毛纳”意为“底蕴厚重、具有血缘关系的群落”。因得天独厚的山地优势和生态资源，毛纳村以发展茶产业为主导产业，全村种植茶面积约1700亩。

2022年4月总书记亲临毛纳村考察，嘱托“把茶叶经营好，把日子过得更红火”。近年来，

毛纳村始终以习近平新时代中国特色社会主义思想为指导，以“生态产业化、产业生态化”为核心理念，坚持党建引领，立足“全域旅游示范村”建设、立足毛纳村特色资源优势，在保持茶产业平稳发展的基础上，大力推动茶旅、休闲旅游、康养、研学、露营一二三产业融合发展。

Maona Village is located at the foot of Wuzhi Mountain, in the southwest part of Shuiman Township. The name "Maona" means "a community with profound heritage and shared blood ties". Blessed with exceptional mountainous terrain and ecological resources, the village takes tea production as its leading industry, with a total tea planting area of approximately 1,700 mu.

In April 2022, General Secretary Xi Jinping visited Maona Village and urged the villagers to "run the tea business well and live a more prosperous life". Guided by Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, and centered on the core concept of "Ecological Industrialization and Industrial Ecologization", the village has adhered to Party-building leadership. It has focused on building itself into a "Model Village for All-for-One Tourism" and leveraged its unique resource advantages. While maintaining the steady development of the tea industry, Maona Village has vigorously promoted the integrated development of primary, secondary, and tertiary industries, including tea-tourism, leisure tourism, wellness and healthcare, study tours, and camping.

海南黎峒文化旅游区

Hainan Lidong Cultural Tourism Area

该景区位于五指山市水满乡五指山第一山麓，地处原始热带雨林腹地，规划占地 3352 亩，总建筑面积 27 万平方米，按 5A 级景区标准打造了 36 个特色区域及景观，定位为“一园三地”。这里是黎族人民的精神家园、黎祖袍隆扣祭拜圣地、黎族文化展示传承基地，也是原始热带雨林观光胜地，集民族文化、神话体验、雨林休闲、研学康养于一体。景区交通便利，距五指山市 28 公里、三亚约 110 公里、海口约 200 公里，是沉浸式体验黎苗文化与雨林风光的优质目的地。

Located at the foot of the first peak of Wuzhishan Mountain in Shuiman Township of Wuzhishan City, deep in the primitive tropical rainforest, the scenic area covers a planned area of 3,352 mu with a total construction area of 270,000 square meters. It has built 36 characteristic zones and landscapes in accordance with 5A-level scenic spot standards, positioned as "One Park and Three Bases". It is the spiritual home of the Li people, the sacred site for worshipping Li ancestor Pao Longkou, the base for displaying and inheriting Li culture, and also a primitive tropical rainforest sightseeing resort, integrating ethnic culture, myth experience, rainforest leisure and research wellness. With convenient transportation, it is 28 kilometers from Wuzhishan City, about 110 kilometers from Sanya and about 200 kilometers from Haikou, an excellent destination for an immersive experience of Li-Miao culture and rainforest scenery.



终点：五指山 FINISH: WUZHISHAN



WUZHISHAN 五指山

海南五指山国家森林公园

不到五指山
不算到海南

STAGE
03

WUZHISHAN-QIONGZHONG-LINGSHUI

五指山 - 琼中 - 陵水

217.6KM

APR.17 2026
星期五 / FRIDAY

STAGE 3 第三赛段

WUZHISHAN-QIONGZHONG-LINGSHUI

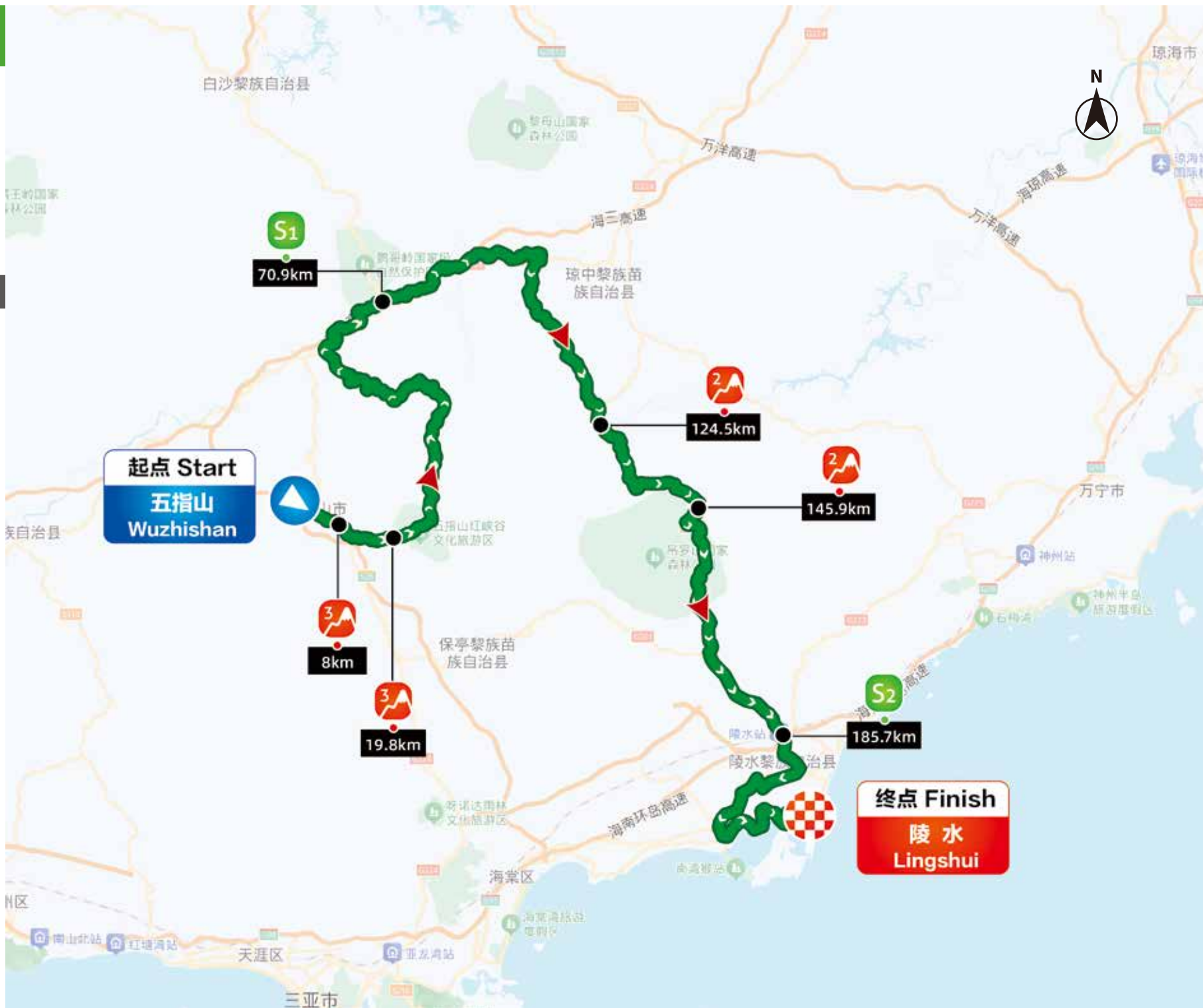
五指山 - 琼中 - 陵水

217.6KM

APR.17 星期五 / FRIDAY

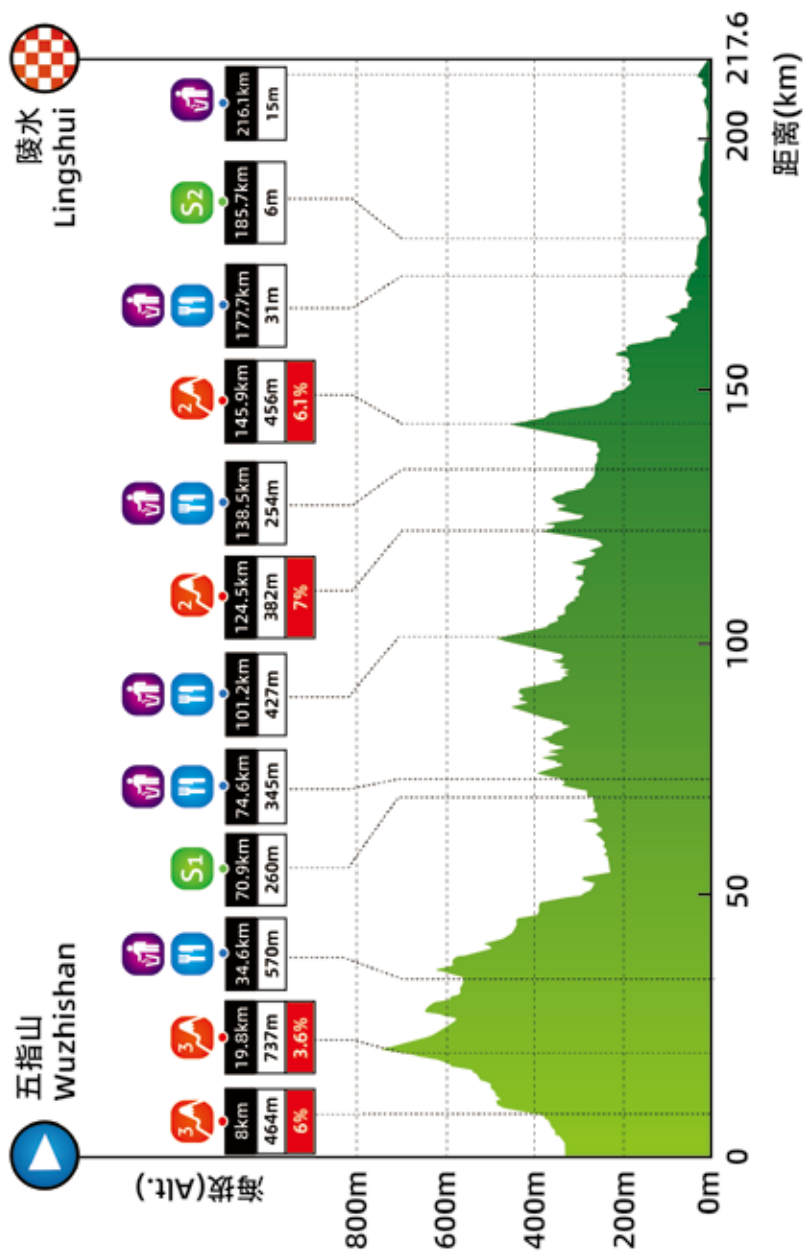
日程 Race Schedule

6:00-9:00	早餐 Breakfast
6:30-8:00	领冰 / 水 / 午餐包 Collect Ice/Water/Lunch Bag
9:00-9:50	车队签到 / 发车仪式 Sign on/Depature Ceremony
10:00	比赛开始 Race Start
15:35	比赛结束 Race Finish
15:40-16:10	每日荣耀时刻 (赛段颁奖) Awarding Ceremony
18:00-20:00	晚餐 Dinner
12:00-21:00	竞赛办公室开放 Race Office Open





Stage 3 海拔图 Elevation



Stage 3 荣誉骑行路线图 Neutralization



Stage 03 起点布局图 Start Plan





公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
					38km/h	40km/h	42km/h
4.6	222.2	322	▶	奥义营地 (荣誉骑行开始) Aoyi Camp (Neutralization)	10:00:00	10:00:00	10:00:00
0	220.3	319	↑	畅好农场 Changhao Farm	10:03:48	10:03:48	10:03:48
0	219.7	325	↖	南水路 Nanshui Road	10:05:00	10:05:00	10:05:00
0	219.6	321	↗	建岛路 Jiandao Road	10:05:12	10:05:12	10:05:12
0	218.9	319	↖	南水路 (五指山居) Nanshui Road (Wuzhishanju)	10:06:36	10:06:36	10:06:36
0	217.9	323	↖	实验学校 Shiyao School	10:08:36	10:08:36	10:08:36
0	217.6	318	↑	蝶泉湾 (荣誉骑行结束) Diequanwan (Neutralization)	10:09:12	10:09:12	10:09:12
0	217.6	324	0 km	蝶泉湾 Diequanwan	10:09:12	10:09:12	10:09:12
0.6	217	330	↑	南水东路 Nanshui East Road	10:09:58	10:09:57	10:09:57
2.1	215.5	336	↑	南圣镇毛运村 Maoyun Village, Nansheng Town	10:11:53	10:11:51	10:11:49
4	213.6	356	↑	水云居 Shuiyunju	10:14:18	10:14:15	10:14:12
5.6	212	366	↑	黎家饭店 Lijia Restaurant	10:16:21	10:16:16	10:16:12
5.8	211.8	371	↑	红峡谷 Red Canyon	10:16:36	10:16:32	10:16:27
6.5	211.1	374	START	红峡谷漂流 2Red Canyon Rafting Park	10:18:29	10:18:04	10:17:41
8	209.6	464	3	坡顶 (下坡牌), K5+800, 坡长 1.5Km, 坡度 6% Summit (Descent Sign), K5+800, length 1.5 km, gradient 6%	10:20:38	10:20:07	10:19:38
9.1	208.5	477	↗	红峡谷 Red Canyon	10:22:12	10:21:37	10:21:04
13	204.6	494	START	毛祥村 Maoxiang Village	10:27:46	10:26:56	10:26:09
16.3	201.3	586	↑	坡顶 Summit	10:32:29	10:31:26	10:30:28
17.3	200.3	607	↑	K15 K15	10:33:55	10:32:47	10:31:46

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					38km/h	40km/h	42km/h
19.8	197.8	737		水满界 K17+800, 坡长 6.8Km, 爬升 243m, 坡度 3.6%	10:37:29	10:36:12	10:35:02
20.3	197.3	717	↑	桫欏谷雨林茶园	10:38:12	10:36:53	10:35:41
21.1	196.5	619	↑	方响村	10:39:21	10:37:58	10:36:43
23.4	194.2	614	↑	K21+100	10:42:38	10:41:07	10:39:43
24.2	193.4	597	↙	毛纳村, 宝山路	10:43:46	10:42:12	10:40:46
25.8	191.8	574	↘	青山路	10:46:03	10:44:23	10:42:51
26.4	191.2	589	↑	上坡牌	10:46:55	10:45:12	10:43:38
27	190.6	630	↑	青山路	10:47:46	10:46:01	10:44:25
27.3	190.3	644	↙	X583	10:48:12	10:46:26	10:44:49
27.9	189.7	645	↑	番好村	10:49:03	10:47:15	10:45:35
29.6	188	605		K27-850	10:51:29	10:49:34	10:47:49
34.4	183.2	565		K22-600	10:58:21	10:56:07	10:54:04
34.6	183	570		K22-850(K21+150)	10:58:38	10:56:23	10:54:20
35.6	182	614		方满上村, K21-850	11:05:25	11:02:36	11:00:03
35.8	181.8	614		K20-50	11:05:44	11:02:54	11:00:21
37.7	179.9	586	↑	牙排村委会	11:08:44	11:05:45	11:03:03
40.4	177.2	496	↑	毛阳界	11:12:59	11:09:48	11:06:55
41.8	175.8	471	↑	方满村	11:15:12	11:11:54	11:08:55

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					38km/h	40km/h	42km/h
50.4	167.2	313	↑	毛丹水电站	11:28:47	11:24:48	11:21:12
52.8	164.8	263	↑	毛旦村	11:32:34	11:28:24	11:24:38
55.4	162.2	227	↘	G224, K185, 琼中方向	11:36:40	11:32:18	11:28:21
59.1	158.5	233	↑	K181+300 琼中欢迎您	11:42:31	11:37:51	11:33:38
68.6	149	260	↑	牙训村	11:57:31	11:52:06	11:47:12
69.6	148	260		K172-800	11:59:06	11:53:36	11:48:38
70.9	146.7	260		什运便民服务中心	12:01:09	11:55:33	11:50:29
72.7	144.9	311	↑	K168	12:03:59	11:58:15	11:53:03
74.4	143.2	338		K167-600	12:06:40	12:00:48	11:55:29
74.6	143	345		K167-800	12:06:59	12:01:06	11:55:46
75.6	142	390		K166-800	12:08:34	12:02:36	11:57:12
75.8	141.8	389		K165	12:08:53	12:02:54	11:57:29
81.4	136.2	350	↑	白沙起义纪念馆	12:17:44	12:11:18	12:05:29
83.1	134.5	364	↑	红毛路牌	12:20:25	12:13:51	12:07:55
85.3	132.3	319	↑	草响村	12:23:53	12:17:09	12:11:03
86.7	130.9	379	↑	K154, 坡顶	12:26:06	12:19:15	12:13:03
89	128.6	453	↑	K152-300, 山顶, 3.6Km, 爬升 134m, 坡度 3.7%	12:29:44	12:22:42	12:16:21
91.4	126.2	424	↑	金屏村	12:33:31	12:26:18	12:19:46

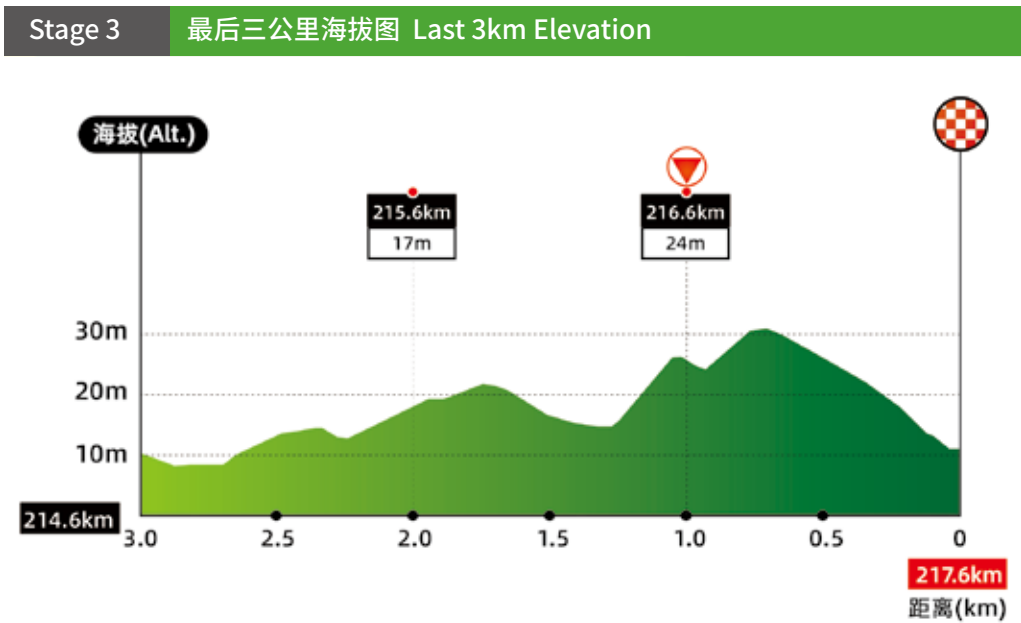
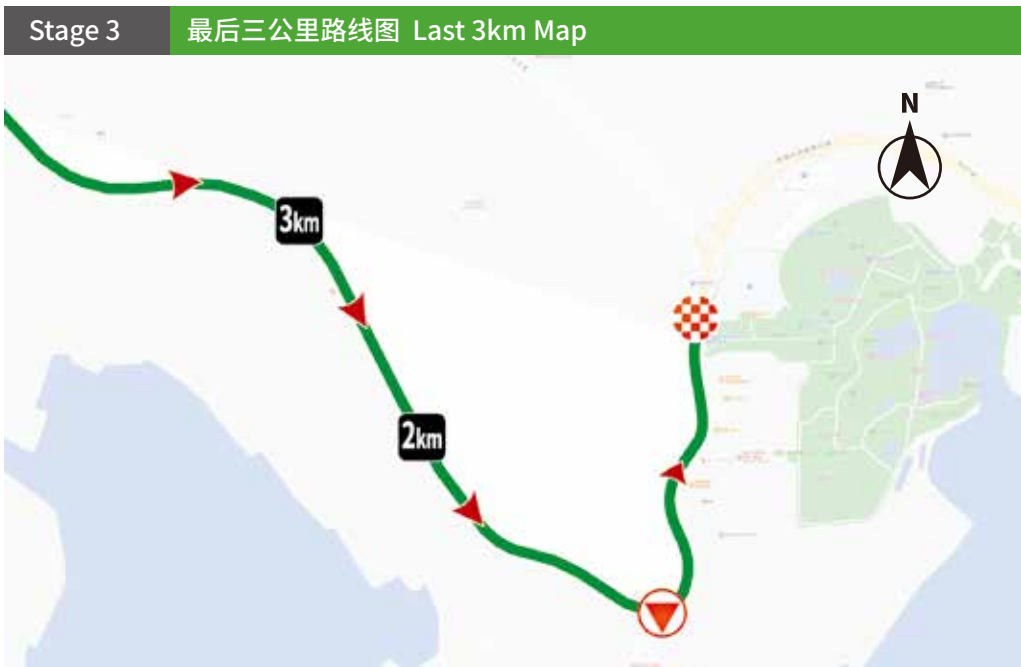
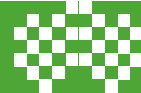
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
				95.2	122.4	324	↑	G224
95.5	122.1	323	↗	往上安, 环热带雨林国家公园旅游公路	To Shang'an, Hainan Tropical Rainforest National Park Tourism Highway	12:39:59	12:32:27	12:25:38
96.2	121.4	328	5KM	K45+800	K45+800	12:41:06	12:33:30	12:26:38
96.5	121.1	326	↑	K46, 加钗养护公路 驿站	K46, Jiachai Highway Maintenance Station	12:41:34	12:33:57	12:27:03
99	118.6	333	↑	猿胎返村	Yuantaifan Village	12:45:31	12:37:42	12:30:38
99.4	118.2	337	↑	毛限村	Maoxian Village	12:46:09	12:38:18	12:31:12
101	116.6	396	🚰	K50+600	K50+600	12:48:40	12:40:42	12:33:29
101.2	116.4	427	🍴	K50+800	K50+800	12:48:59	12:41:00	12:33:46
102.2	115.4	478	🚫	K51+800	K51+800	12:50:34	12:42:30	12:35:12
102.4	115.2	484	🚫	k52, 大朗 1 号大桥	k52, Dalang No. 1 Bridge	12:50:53	12:42:48	12:35:29
107.7	109.9	326	↑	冲打林	Chongdalin Village	12:59:15	12:50:45	12:43:03
109.2	108.4	328	↑	什乃村	Zanai Village	13:01:37	12:53:00	12:45:12
119	98.6	269	↑	长安河大桥	Chang'an River Bridge	13:17:06	13:07:42	12:59:12
119.3	98.3	266	↙	环热带雨林国家公园旅游公路	Tropical Rainforest National Park Scenic Highway	13:17:34	13:08:09	12:59:38
120.6	97	258	↗	往陵水方向, 长安路	To Lingshui, Chang'an Road	13:19:37	13:10:06	13:01:29
121.1	96.5	250	↑	民族文化广场	Ethnic Culture Square	13:20:25	13:10:51	13:02:12
122.6	95	256	START	K15	K15	13:22:47	13:13:06	13:04:21
122.9	94.7	265	↙	K15+300	K15+300	13:23:15	13:13:33	13:04:46

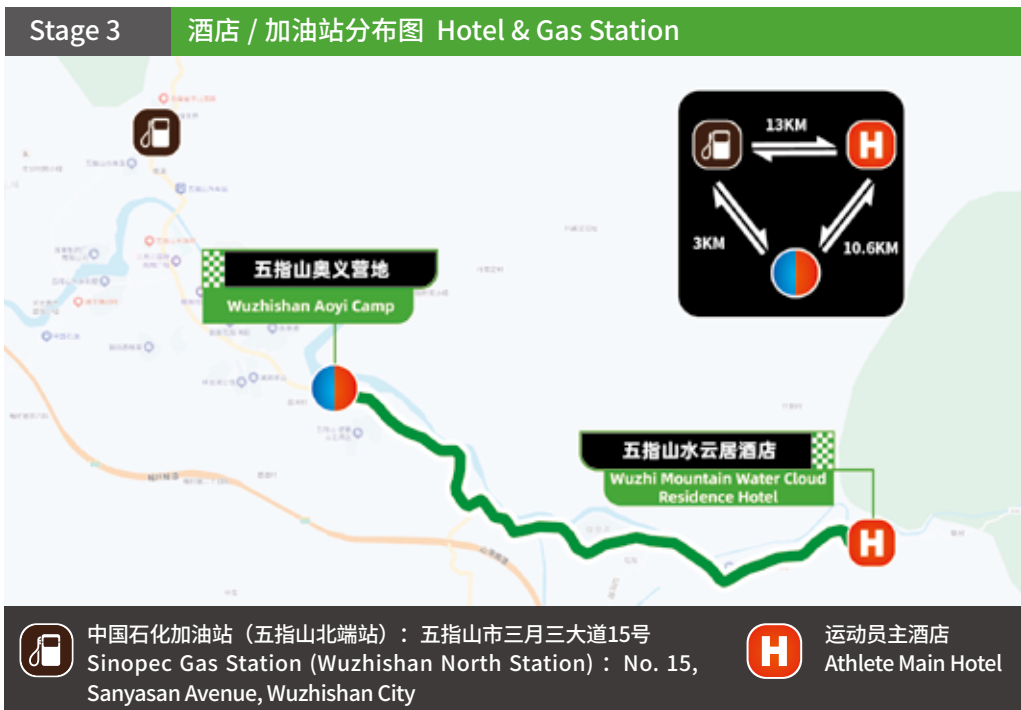
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
				124.5	93.1	382	2	K16+900, 坡长 1.9Km, 爬升 126m, 坡度 7%
125.5	92.1	352	↑	什台村	Zatai Village	13:27:21	13:17:27	13:08:29
133.5	84.1	280	5KM	K26	K26	13:39:59	13:29:27	13:19:55
134.6	83	272	↑	吊罗山欢迎您门坊	Diailuoshan Welcome Sign	13:41:44	13:31:06	13:21:29
134.8	82.8	272	↗	环热带雨林国家公园旅游公路	Tropical Rainforest National Park Scenic Highway	13:42:03	13:31:24	13:21:46
135	82.6	269	↑	环热带雨林国家公园旅游公路	Tropical Rainforest National Park Scenic Highway	13:42:21	13:31:42	13:22:03
136.3	81.3	258	↑	太平二桥, 桥面变窄	Taiping No.2 Bridge, Road narrows	13:44:25	13:33:39	13:23:55
138.3	79.3	254	🚰	K30+800	K30+800	13:47:34	13:36:39	13:26:46
138.5	79.1	254	🍴	K31	K31	13:47:53	13:36:57	13:27:03
139.5	78.1	256	🚫	K32	K32	13:49:28	13:38:27	13:28:29
139.7	77.9	259	🚫	K32+200	K32+200	13:49:47	13:38:45	13:28:46
141.5	76.1	249	START	K34+100	K34+100	13:52:37	13:41:27	13:31:21
145.9	71.7	456	2	陵水界, K38+500, 坡长 3.4Km, 爬升 207m, 坡度 6.1%	Lingshui Border, K38+500, length 3.4 km, elevation +207m, gradient 6.1%	13:59:34	13:48:03	13:37:38
150.4	67.2	240	↑	大里	Dali	14:06:40	13:54:48	13:44:03
163.7	53.9	94	↙	S215	S215	14:27:40	14:14:45	14:03:03
170.4	47.2	48	↙	G361, 提蒙方向	G361, To Timeng	14:38:15	14:24:48	14:12:38
177.5	40.1	35	🚰	K7-800	K7-800	14:49:28	14:35:27	14:22:46

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
				177.7	39.9	31		K6
178.6	39	37		汕福农资店 K6-900	Shanfu Agricultural Supply Store, K6-900	14:51:12	14:37:06	14:24:21
178.8	38.8	33		K5-100	K5-100	14:51:31	14:37:24	14:24:38
179	38.6	31	↑	提蒙乡人民政府	Timeng People's Government	14:51:50	14:37:42	14:24:55
181.9	35.7	27	↑	椰林界	Yelin Border	14:56:25	14:42:03	14:29:03
183.2	34.4	22	↑	G361	G361	14:58:28	14:44:00	14:30:55
183.5	34.1	14	↘	G223, 往陵水	G223, to Lingshui	14:58:56	14:44:27	14:31:21
183.9	33.7	10	↘	椰林大道	Yelin Avenue	14:59:34	14:45:03	14:31:55
184.3	33.3	9	↑	桃源大道	Taoyuan Avenue	15:00:12	14:45:39	14:32:29
185.2	32.4	7	↑	桃源大道	Taoyuan Avenue	15:01:37	14:47:00	14:33:46
185.7	31.9	6	S2	桃源大道	Taoyuan Avenue	15:02:25	14:47:45	14:34:29
186.5	31.1	8	↘	滨河北路	Binhe North Road	15:03:40	14:48:57	14:35:38
187.5	30.1	7	↘	安马大桥	Anma Bridge	15:05:15	14:50:27	14:37:03
189.7	27.9	5	↑	安马大道	Anma Avenue	15:08:44	14:53:45	14:40:12
193.2	24.4	12	↑	安马大道	Anma Avenue	15:14:15	14:59:00	14:45:12
194.2	23.4	17	↘	文黎大道 (辅路)	Wenli Avenue (service road)	15:15:50	15:00:30	14:46:38
194.9	22.7	21	↑	文黎大道 (陵城中心大道路口)	Wenli Avenue (Lingcheng Center Avenue intersection)	15:16:56	15:01:33	14:47:38
195.5	22.1	26	↘	G223, 三才大道	G223, Sancai Avenue	15:17:53	15:02:27	14:48:29
203.4	14.2	2	↘	中山北路	Zhongshan North Road	15:30:21	15:14:18	14:59:46

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 38km/h 40km/h 42km/h		
				204	13.6	6	↑	中山北路
204.8	12.8	8	↘	往海南环岛旅游公路	To Hainan Coastal Scenic Highway	15:32:34	15:16:24	15:01:46
206.4	11.2	11	↑	新村港大桥	Xincun Port Bridge	15:35:06	15:18:48	15:04:03
210.3	7.3	12	↑	桐海中桥	Tonghai Medium Bridge	15:41:15	15:24:39	15:09:38
213	4.6	12	↑	港仔大桥	Gangzai Bridge	15:45:31	15:28:42	15:13:29
216.1	1.5	15		海南环岛旅游公路	Hainan Coastal Scenic Highway	15:50:25	15:33:21	15:17:55
216.4	1.2	26		海南环岛旅游公路	Hainan Coastal Scenic Highway	15:50:53	15:33:48	15:18:21
216.5	1.1	24	↘	双湖大道	Shuanghu Ave.	15:51:03	15:33:57	15:18:29
217.3	0.3	12		双湖大道	Shuanghu Ave.	15:52:18	15:35:09	15:19:38
217.6	0	9		海南海洋欢乐世界	Hainan Ocean Paradise Resort	15:52:47	15:35:36	15:20:03









起点：五指山 START: WUZHISHAN

五指山革命根据地纪念馆 Wuzhishan Revolutionary Base Memorial Park

五指山革命根据地纪念馆位于五指山市毛阳镇毛贵村，距市区 25 公里，是海南岛第一面五星红旗升起的地方，依托琼崖纵队司令部旧址建成于 2011 年，占地 238 亩。它是全国 100 个重点红色旅游景区、30 条红色经典旅游线路之一，获评国家 4A 级景区，拥有国防教育、爱国主义教育等多项省级教育基地称号。景区经重新规划建设，打造了纪念碑、英雄广场、历史陈列馆、烈士陵园等景观，集瞻仰、游览、体验、教育于一体，走进这里，便能沉浸式感受琼崖革命的峥嵘岁月，传承红色精神。

Wuzhishan Revolutionary Base Memorial Park is located in Maogui Village, Maoyang Town of Wuzhishan City, 25 kilometers from the urban area, the place where the first five-star red flag of Hainan Island was raised. Built in 2011 based on the former site of the Qiongya Column Command, it covers an area of 238 mu. It is one of the national 100 key red tourism scenic spots and 30 red classic tourism routes, awarded as a national 4A-level scenic spot, and has many provincial education base titles such as national defense education and patriotism education. After re-planning and construction, the scenic area has built landscapes such as a monument, a hero square, a historical exhibition hall and a martyr cemetery, integrating admiration, sightseeing, experience and education. Entering here, you can immerse yourself in the extraordinary years of the Qiongya Revolution and inherit the red spirit.

**方诺寨热带雨林****Fangnuozhai Tropical Rainforest Scenic Spot**

五指山方诺寨是 3A 级景区、五椰级乡村旅游点，也是金椰级共享农庄、海南百大特色民宿。景区依托原始雨林，融合当地村寨特色与水满乡农业基底，打造“农业+旅游+康养+文创+教育”产业体系，布局雨林民宿、康养露营、研学农耕等多元业态。这里有野奢木屋、有机茶园等特色体验地，苗妹巢、雨林氧吧 BBQ 等网红打卡点，还开设徒步探险、旅拍、簸箕宴等特色项目。景区配套 23 间田园标间、13 套木屋别墅，接待能力强劲，节假日入住率 100%，年接待游客超 8 万人次，是体验黎族乡村生活的绝佳之地。

Wuzhishan Fangnuozhai is a 3A-level scenic spot, a Five-Coconut Level Rural Tourist Attraction, as well as a Golden Coconut Level Shared Farm and one of Hainan's top 100 characteristic homestays. Relying on the primitive rainforest, integrating



local village characteristics and the agricultural foundation of Shuiman Township, the scenic area creates an industrial system of "agriculture + tourism + wellness + cultural creativity + education", with diverse formats such as rainforest homestays, wellness camping and research farming. There are characteristic experience places such as luxury rainforest wooden houses and organic tea gardens, internet-famous check-in spots such as Miaomei Nest and Rainforest Oxygen Bar BBQ, and special projects such as hiking exploration, travel photography and bamboo tray feasts. The scenic area is equipped with 23 pastoral standard rooms and 13 wooden villas with strong reception capacity, 100% occupancy rate on holidays and over 80,000 annual tourists, an ideal place to experience Li rural life.

阿陀岭森林公园 Atuoling Forest Park

阿陀岭森林公园位于五指山市翡翠城北郊，距市中心仅 1000 米，地处海榆中线 200 公里处，山岭呈“U”型，峡谷深约 200 米，森林覆盖面积达 16 万亩。公园内山水相依、风光秀丽，坐拥原始森林、人工林、溪流清泉，还有太平飞瀑、青春岭飞瀑等自然景观，珍稀林木遍布，鸟鸣蝉啼不绝。盘山公路穿梭其间，骑行入林可沉浸式感受雨林风光。这里还是环岛赛著名的“皇后赛段”，崎岖蜿蜒的山路极具挑战性，既考验车手耐力，更注重团队配合，是体育旅游与自然观光的融合之地。

Atuoling Forest Park is located in the northern suburb of Feicui Town in Wuzhishan City, only 1,000 meters from the city center and at the 200km milestone on the Haiyu Middle Line. The mountain ridge is U-shaped, with a canyon depth of about 200 meters and a forest coverage area of 160,000 mu. The park has beautiful scenery with mountains and rivers interdependent, boasting primitive forests, artificial forests, streams and clear springs, as well as natural landscapes such as Taiping Waterfall and Qingchunling Waterfall, with rare trees everywhere and endless birdsong and cicada chirps. A mountain road winds through it, and cycling into the forest allows an immersive experience of the rainforest scenery. It is also the famous "Queen's Stage" of the Tour of Hainan, with rugged and winding mountain roads that are extremely challenging, testing riders' endurance and emphasizing teamwork, a fusion of sports tourism and natural sightseeing.



陵水 Lingshui

陵水黎族自治县地处海南岛东南部、北纬18°黄金旅游带，县域面积1128平方公里，常住人口40.3万人，是以汉、黎、苗族为主的少数民族聚居地。这里海岸蜿蜒，拥有“三湾三岛两湖两泉一山一河”的热带旅游景观，素有“珍珠海岸 美丽陵水”的美誉，获评国家全域旅游示范区、全国旅游标准化示范单位。目前陵水正规划疍家文化旅游区、香水湾活力运动休闲旅游区，打造沿海栈道等项目；后续将深挖非遗、疍家特色文化，引进体育赛事，丰富旅游产品，是体验阳光海岸、黎风疍俗的休闲度假胜地。



Lingshui Li Autonomous County is situated in the southeast of Hainan Island, on the golden tourism belt of 18°N latitude. Covering 1,128 square kilometers with a resident population of 403,000, it is an ethnic settlement mainly inhabited by Han, Li and Miao people. With a winding coastline, it boasts a tropical tourism landscape of "three bays, three islands, two lakes, two springs, one mountain and one river", known as the "Pearl Coast, Beautiful Lingshui". It has won titles such as National All-for-One Tourism Demonstration Area and National Tourism Standardization Demonstration Unit. Currently, Lingshui is planning the boat-dwelling culture tourism area and Perfume Bay Vitality Sports and Leisure Tourism Area, and building projects like coastal trestles. It will further explore intangible cultural heritage and boat-dwelling culture, introduce sports events to enrich tourism products, an ideal resort to experience the sunny coast and Li-boat-dwelling customs.

海南海洋欢乐世界 Hainan Ocean Paradise Resort



海南海洋欢乐世界位于陵水黎安镇，占地870亩，是富力集团打造的大型海洋主题乐园，为国家4A级旅游景区、国家级夜间文旅消费集聚区。景区由海洋欢乐世界、水上乐园、南海列车三大板块构成，配套大中华首家千房凯悦酒店，打造“吃住行游购娱”一站式全龄段

度假体验。景区深耕海洋环保，是国内唯一加入EEP和EAZA的国际组织成员，拥有海南功能最完善的蓝海保育救护中心。依托海洋生态资源，景区定制高端科普研学课程，搭建“育、学、研、游”研学示范基地，提供特色科普探索体验。

Located in Lian'an Town of Lingshui, covering 870 mu, Hainan Ocean World of Fun is a large marine theme park built by R&F Group, a national 4A-level scenic spot and a national nighttime cultural and tourism consumption agglomeration area. It consists of three core sections: Ocean Fun World, Water Park and South China Sea Train, with the first 1,000-room Hyatt Regency Hotel in Greater China as supporting facilities, creating a one-stop all-age vacation experience for "food, accommodation, travel, shopping and entertainment". Focusing on marine environmental protection, it is the only Chinese member of EEP and EAZA, with Hainan's most fully functional Blue Ocean Conservation and Rescue Center. Relying on marine ecological resources, it customizes high-end science research courses, builds a "education, learning, research and tourism" demonstration base, and provides characteristic science exploration experiences.

南湾猴岛生态旅游区 Nanwan Monkey Island Ecological Tourism Zone



南湾猴岛位于陵水南约14公里的南湾半岛，岛上栖息着2000多只猕猴，景区跨海观光索道串联起猴岛、热带港湾与疍家民俗风情。游览可观赏猕猴跳水、猴王当道、园区幽默演艺等特色内容，趣味十足。呆呆岛作为景区二期项目，是海南小众网红打卡地，沿途可欣赏海南绝美沿海公路，乘船穿过疍家海上村庄，再乘观光车沿海前行，能邂逅野生猕猴、辽阔海景，山水相映成趣。历经二十余年发展，景区已成特色鲜明的沉浸式多业态旅游区，丰富的体验让游客流连忘返。

Located on Nanwan Peninsula about 14 km south of Lingshui, Nanwan Monkey Island is home to more than 2,000 macaques. The cross-sea sightseeing cableway of the scenic area connects the monkey island, tropical harbour and rich boat-dwelling folk customs. Visitors can watch interesting shows such as macaque diving, the monkey king's display and humorous park performances. As the second phase of the scenic area, Daidai Island is a niche internet-famous check-in spot in Hainan, with a view of Hainan's stunning coastal highway along the way. After taking a boat through the boat-dwelling sea villages and a sightseeing car along the coast, you can encounter wild macaques and vast seascapes with harmonious mountains and waters. Developed for over 20 years, it has become a distinctive immersive multi-format tourism area, with rich experiences making visitors reluctant to leave.

清水湾 Qingshui Bay

清水湾旅游区位于陵水东南部、北纬18°，南临三亚、北眺南湾猴岛，交通四通八达，距三亚凤凰机场58.3公里、环岛高速英州入口3.7公里，出行便利。景区现开放面积800亩，东起自由灯塔、西至龙头岭，3公里游览线路串联山海美景。这里拥有被誉为世界三大“会唱歌的沙滩”之一的绝美沙滩，还藏有龙头岭黄色礁石群地质奇观、被称作“中国好望角”的南海观海台等独特资源，山海交融、景致秀美，是陵水极具代表性的滨海旅游胜地。

Located in the southeast of Lingshui at 18°N latitude, Qingshui Bay is south of Sanya and north of Nanwan Monkey Island, with convenient transportation: 58.3 km from Sanya Phoenix Airport and 3.7 km from Yingzhou Entrance of the Ring Island Expressway. The currently open area of the scenic spot is 800 mu, stretching 3 km from the Free Lighthouse in the east to Longtuling in the west, connecting the beautiful mountain and sea scenery. It has a stunning beach known as one of the world's three major "singing beaches", as well as unique resources such as the geological wonder of Longtuling Yellow Reefs and the South China Sea Observatory called "China's Cape of Good Hope". With integrated mountains and seas and beautiful scenery, it is a representative coastal tourist resort in Lingshui.



分界洲岛 Boundary Island

分界洲岛是中国首个海岛型国家5A级旅游景区，位于海南东线高速牛岭出入口，距海口176公里、三亚68公里。岛上细沙洁净、海水湛蓝，拥有丰富的热带生物、海洋鱼类资源与海底珊瑚雨林，还有多样刺激的海洋旅游项目，热带风情浓郁。它不仅是海南热带与亚热带气候的自然分界线、陵水与万宁的行政分界线，还是黎苗少数民族文化与汉族文化的人文分界线，被称作“心灵的分界线”。作为陆地与海洋文化的交汇地，现已成为中国知名的海洋旅游休闲与海岛度假胜地。



Boundary Island is China's first island-type national 5A-level tourist attraction, located at Niuling Entrance of Hainan East Line Expressway, 176 km from Haikou and 68 km from Sanya. With clean fine sand, blue sea, rich tropical biological and marine fish resources, underwater coral rainforest and a variety of exciting marine tourism projects, it is full of strong tropical customs. It is not only the natural boundary between Hainan's tropical and subtropical climates, the administrative boundary between Lingshui and Wanning, but also the cultural boundary between Li-Miao minority cultures and Han culture, known as the "boundary of the mind". As the intersection of land and marine cultures, it has become a famous marine tourism and island resort in China.

终点：陵水 FINISH: LINGSHUI



“珍珠海岸
★美丽陵水”

陵水
LING
SHUI

STAGE
04

LINGSHUI-BAOTING

陵水 - 保亭

132.7KM

APR.18 2026
星期六 / SATURDAY

STAGE 4 第四赛段

LINGSHUI-BAOTING
陵水 - 保亭

132.7KM

APR.18 星期六 / SATURDAY

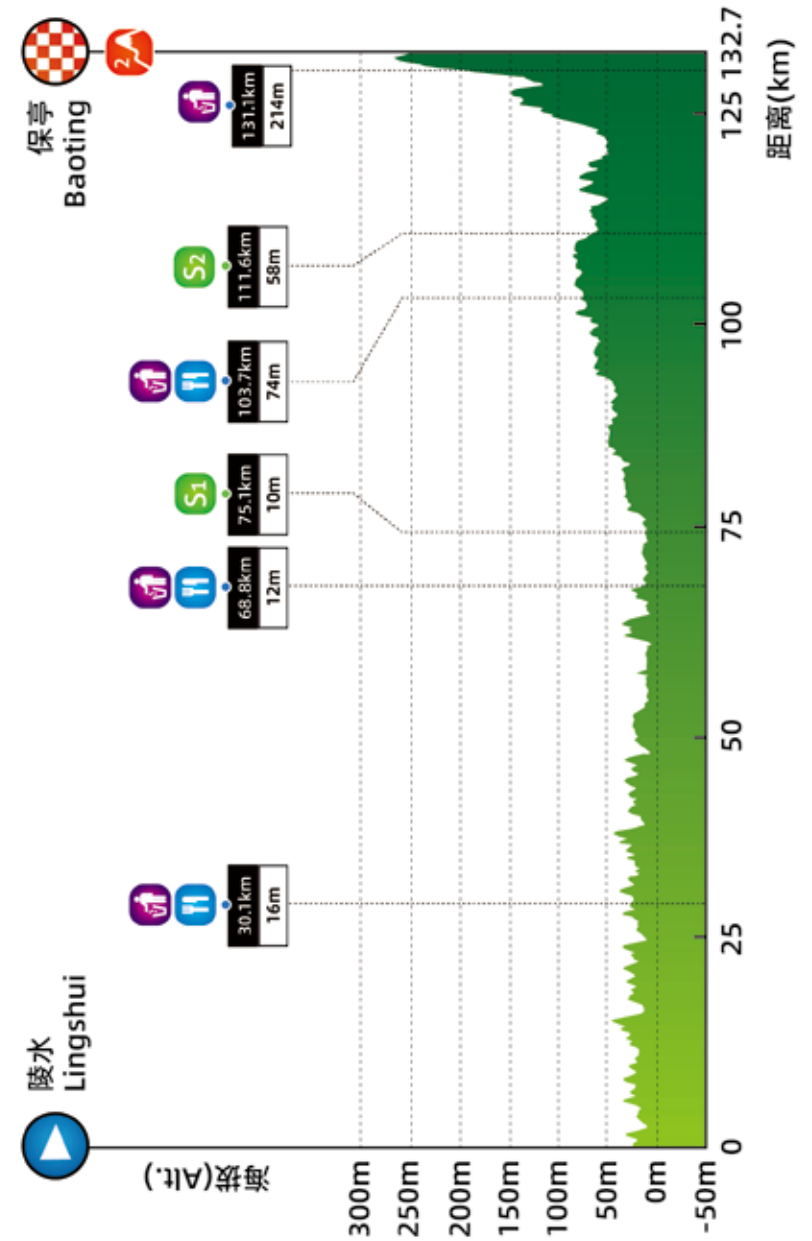
日程 Race Schedule

6:00-9:00	早餐 Breakfast
6:30-8:00	领冰 / 水 / 午餐包 Collect Ice/Water/Lunch Bag
9:00-9:50	车队签到 / 发车仪式 Sign on/Departure Ceremony
10:00	比赛开始 Race Start
13:00	比赛结束 Race Finish
13:20-13:50	每日荣耀时刻 (赛段颁奖) Awarding Ceremony
18:00-20:00	晚餐 Dinner
12:00-21:00	竞赛办公室开放 Race Office Open





Stage 4 海拔图 Elevation



公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
0	132.7	16	▶	海南海洋欢乐世界	Hainan Ocean Paradise Resort	10:00:00	10:00:00	10:00:00
0.2	132.5	19	↘	海南环岛旅游公路, 海风大道	Hainan Coastal Scenic Highway, Haifeng Avenue	10:00:15	10:00:15	10:00:15
1.6	131.1	27	↑	凯悦酒店	Hyatt Hotel	10:02:00	10:01:59	10:01:58
2	130.7	17	↑	海南环岛旅游公路 (海风大道路口)	Hainan Coastal Scenic Highway (Haifeng Avenue intersection)	10:02:30	10:02:28	10:02:27
2.4	130.3	4	↘	后岭路	Houling Road	10:03:00	10:02:58	10:02:56
2.9	129.8	9	↑	后岭路	Houling Road	10:03:38	10:03:35	10:03:33
3.2	129.5	10	↑	特警大队	SWAT Brigade	10:04:10	10:04:05	10:04:03
3.9	128.8	16	↘	尔蔚街	Erwei Street	10:05:05	10:04:59	10:04:56
4.1	128.6	16	↘	X661(东高路)	Haifeng Avenue	10:05:21	10:05:14	10:05:11
5.2	127.5	17	↘	海风大道	X661 (Donggao Road)	10:06:47	10:06:38	10:06:34
7	125.7	21	↘	双湖大道 (往起点拱门)	Shuanghu Avenue (to start arch)	10:09:08	10:08:56	10:08:51
7.4	125.3	16	↑	海南海洋欢乐世界	Hainan Ocean Paradise Resort	10:09:39	10:09:27	10:09:21
8.4	124.3	34	↑	双湖大道	Shuanghu Avenue	10:10:57	10:10:43	10:10:37
10.3	122.4	21	↑	双湖大道	Shuanghu Avenue	10:13:26	10:13:09	10:13:01
11	121.7	16	↘	博学大道	Boxue Avenue	10:14:21	10:14:03	10:13:54
11.2	121.5	15	↘	博学大道	Boxue Avenue	10:14:37	10:14:18	10:14:09
11.6	121.1	15	↑	博学大道	Boxue Avenue	10:15:08	10:14:49	10:14:39
12.2	120.5	16	↑	博学大道 (求实路口)	Boxue Avenue (Qiushi Road intersection)	10:15:55	10:15:34	10:15:25
12.6	120.1	25	↑	博学大道 (知行路口)	Boxue Avenue (Zhixing Road intersection)	10:16:26	10:16:05	10:15:55

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
12.8	119.9	19	↑	门岗	Security Gate	10:16:42	10:16:20	10:16:10
14	118.7	23	↘	博学大道 (敬业路口)	Boxue Avenue (Jingye Road intersection)	10:18:16	10:17:52	10:17:41
14.8	117.9	28	↘	海湾路	Haiwan Road	10:19:18	10:18:54	10:18:42
15.1	117.6	32	↑	教师公寓二区	Teacher Apartment Area 2	10:19:42	10:19:17	10:19:04
15.5	117.2	37	↑	海湾路 (交融大道路口)	Haiwan Road (Jiaorong Avenue intersection)	10:20:13	10:19:47	10:19:35
16.4	116.3	10	↘	双湖大道	Shuanghu Avenue	10:21:23	10:20:56	10:20:43
18	114.7	24	↑	双湖大道	Shuanghu Avenue	10:25:43	10:24:33	10:23:29
18.2	114.5	27	↑	双湖大道	Shuanghu Avenue	10:26:00	10:24:49	10:23:44
19	113.7	16	↑	双湖大道	Shuanghu Avenue	10:27:09	10:25:55	10:24:47
19.6	113.1	17	↑	双湖大道, 教育示范园区大转盘	Shuanghu Avenue, Education Demonstration Zone Roundabout	10:28:00	10:26:44	10:25:34
21.6	111.1	25	↑	双湖大道	Shuanghu Avenue	10:30:51	10:29:27	10:28:10
22.7	110	16	↑	海南海洋欢乐世界 (Lap1)	Hainan Ocean Paradise Resort (Lap 1)	10:32:26	10:30:57	10:29:37
22.9	109.8	19	↘	海南环岛旅游公路, 海风大道	Hainan Coastal Scenic Highway, Haifeng Avenue	10:32:43	10:31:14	10:29:52
24.3	108.4	27	↑	凯悦酒店	Hyatt Hotel	10:34:43	10:33:08	10:31:42
24.7	108	17	↑	海南环岛旅游公路 (海风大道路口)	Hainan Coastal Scenic Highway (Haifeng Avenue intersection)	10:35:17	10:33:41	10:32:13
25.1	107.6	4	⚠ 5KM	后岭路	Houling Road	10:35:51	10:34:14	10:32:44
25.6	107.1	9	↑	后岭路	Houling Road	10:36:34	10:34:55	10:33:23

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
25.9	106.8	10	↑	特警大队	Special Police Unit	10:37:00	10:35:19	10:33:47
26.6	106.1	16	↶	尔蔚街	Erwei Street	10:38:00	10:36:16	10:34:42
26.8	105.9	16	↶	X661(东高路)	X661 (Donggao Road)	10:39:51	10:38:03	10:36:23
27.9	104.8	17	↷	海风大道	Haifeng Avenue	10:38:17	10:36:33	10:34:57
29.7	103	21	↶	双湖大道 (往起点拱门)	Shuanghu Avenue (to start arch)	10:42:26	10:40:30	10:38:44
29.9	102.8	20	🚻	双湖大道	Shuanghu Avenue	10:42:43	10:40:46	10:39:00
30.1	102.6	16	🍴	海南海洋欢乐世界 (起点拱门)	Hainan Ocean Paradise Resort (Start Arch)	10:43:00	10:41:03	10:39:16
31.1	101.6	34	🚫	双湖大道	Shuanghu Avenue	10:44:26	10:42:25	10:40:34
31.3	101.4	27	🚫	双湖大道	Shuanghu Avenue	10:44:43	10:42:41	10:40:50
33.7	99	16	↷	博学大道	Boxue Avenue	10:48:09	10:45:57	10:43:57
36.7	96	23	↶	敬业路	Jingye Road	10:52:26	10:50:03	10:47:52
37.5	95.2	24	↶	海湾路	Haiwan Road	10:53:34	10:51:08	10:48:55
37.8	94.9	33	↑	教师公寓二区	Teacher Apartment Area 2	10:54:00	10:51:33	10:49:18
39.2	93.5	11	↶	双湖大道	Shuanghu Avenue	10:56:00	10:53:27	10:51:08
41.8	90.9	17	↑	双湖大道 (博学大道路口)	Shuanghu Avenue (Boxue Avenue intersection)	10:59:43	10:57:00	10:54:31
42.3	90.4	17	↑	双湖大道	Shuanghu Avenue	11:00:26	10:57:41	10:55:10
45.4	87.3	16	↑	海南海洋欢乐世界 (Lap2)	Hainan Ocean Paradise Resort (Lap 2)	11:04:51	11:01:55	10:59:13
45.6	87.1	19	↷	海南环岛旅游公路, 海风大道	Hainan Coastal Scenic Highway, Haifeng Avenue	11:05:09	11:02:11	10:59:29

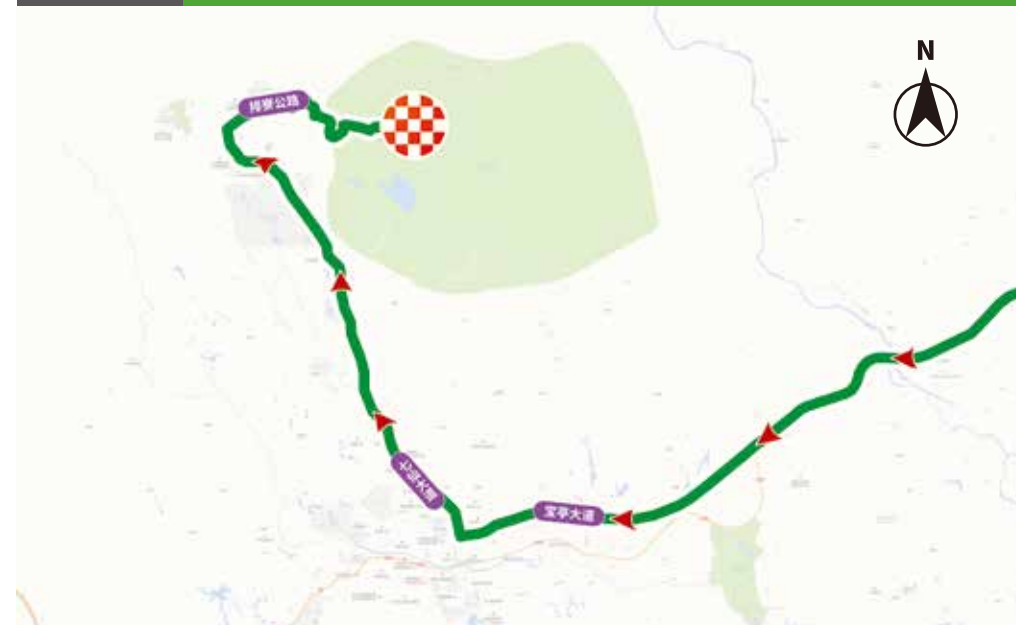
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
47.8	84.9	4	↶	后岭路	Houling Road	11:08:17	11:05:11	11:02:21
49.3	83.4	16	↷	尔蔚街	Erwei Street	11:10:26	11:07:14	11:04:18
49.5	83.2	17	↑	尔蔚街	Erwei Street	11:10:43	11:07:30	11:04:34
49.6	83.1	15	↑	尔蔚街 (岭仔路口)	Erwei Street (Lingzai Road intersection)	11:10:51	11:07:38	11:04:42
49.8	82.9	13	↶	黎安路	Li'an Road	11:11:09	11:07:55	11:04:57
53.8	78.9	7	↶	椰子岛中桥, 往滨河南路	Yezidao Medium Bridge, to Binhe South Road	11:16:51	11:13:22	11:10:10
54	78.7	5	↑	陵水湾	Lingshui Bay	11:17:09	11:13:38	11:10:26
57.3	75.4	6	↷	安马大桥	Anma Bridge	11:21:51	11:18:08	11:14:44
57.5	75.2	15	🔄	安马大桥	Anma Bridge	11:22:09	11:18:25	11:15:00
57.9	74.8	6	↷	滨河北路东段	Binhe North Road East Section	11:22:43	11:18:57	11:15:31
59.5	73.2	5	↑	滨河北路东段	Binhe North Road East Section	11:25:00	11:21:08	11:17:37
61.1	71.6	3	↷	拉雅娜, 香水湾滨海公路网红公路 (水口大桥)	Layana, Xiangshui Bay Coastal Highway (Shuikou Bridge)	11:27:17	11:23:19	11:19:42
62.1	70.6	32	↑	棣体书亭, 坡长 1Km, 爬升 30 米, 坡度 3%	Diti Book Pavilion, length 1km, elevation +30m, gradient 3%	11:28:43	11:24:41	11:21:00
62.6	70.1	23	↷	最美公路 (山海颂)	Zuimei Road (Shanghai Ode)	11:29:26	11:25:22	11:21:39
63.8	68.9	30	🚻	最美公路	Zuimei Road	11:31:09	11:27:00	11:23:13
64.6	68.1	9	↶	海南环岛旅游公路	Hainan Coastal Scenic Highway	11:32:17	11:28:05	11:24:16
64.8	67.9	6	↶	海南环岛旅游公路	Hainan Coastal Scenic Highway	11:32:34	11:28:22	11:24:31
68.5	64.2	9	↷	海南环岛旅游公路	Hainan Coastal Scenic Highway	11:37:51	11:33:25	11:29:21

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 42km/h 44km/h 46km/h		
				68.6	64.1	9		K373+800
68.8	63.9	12		K374, 田园风光	K374, Rural Scenery	11:38:17	11:33:49	11:29:44
69.5	63.2	12		K374+700	K374+700	11:39:17	11:34:46	11:30:39
69.7	63	8		里村中桥	Licun Medium Bridge	11:39:34	11:35:03	11:30:55
69.8	62.9	8		滨河北路东段	Binhe North Road East Section	11:39:43	11:35:11	11:31:03
71.3	61.4	11		滨河北路东段 (安马大桥路口)	Binhe North Road East Section (Anma Bridge intersection)	11:41:51	11:37:14	11:33:00
72.9	59.8	9		滨河北路	Binhe North Road	11:44:09	11:39:25	11:35:05
73	59.7	8		滨河北路	Binhe North Road	11:44:17	11:39:33	11:35:13
73.3	59.4	9		滨河北路	Binhe North Road	11:44:43	11:39:57	11:35:37
74.1	58.6	12		桃源大道	Taoyuan Avenue	11:45:51	11:41:03	11:36:39
74.7	58	9		桃源大道	Taoyuan Avenue	11:46:43	11:41:52	11:37:26
75.1	57.6	10		桃源大道, 陵水青少年宫	Taoyuan Avenue, Lingshui Youth Palace	11:47:17	11:42:25	11:37:57
76.2	56.5	10		第二出口往 G223 保亭方向	Second exit to G223 Baoting	11:48:51	11:43:55	11:39:23
76.4	56.3	10		高架桥	Overpass	11:49:09	11:44:11	11:39:39
76.5	56.2	13		G223	G223	11:49:17	11:44:19	11:39:47
76.8	55.9	16		G361	G361	11:49:43	11:44:44	11:40:10
77.2	55.5	22		提蒙大道 (G361)	Timeng Avenue (G361)	11:50:17	11:45:16	11:40:42
81.1	51.6	30		提蒙乡	Timeng Township	11:55:51	11:50:35	11:45:47
85.8	46.9	43		G361,K9	G361, K9	12:02:34	11:57:00	11:51:55

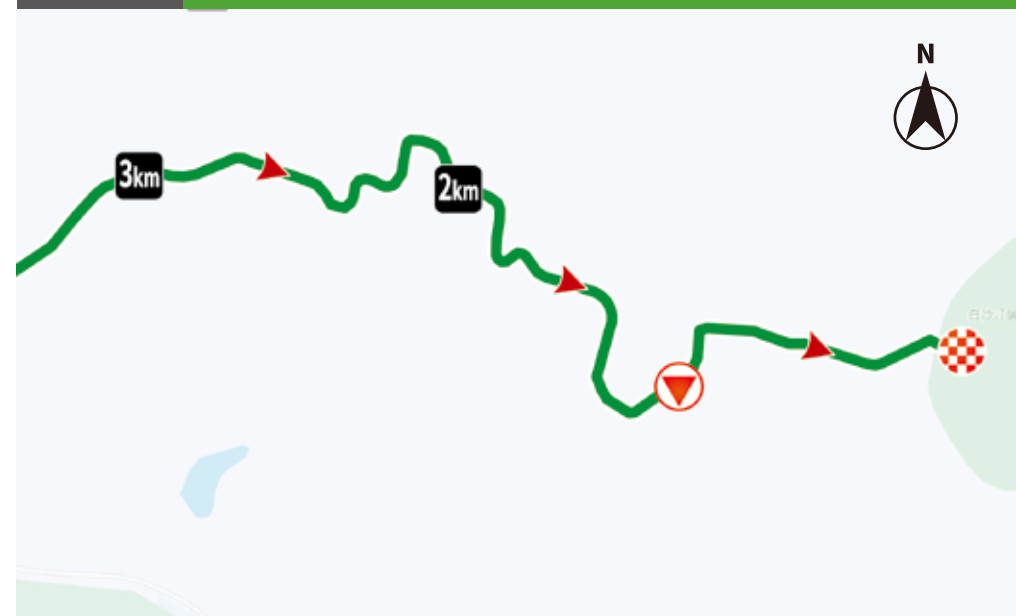
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 42km/h 44km/h 46km/h		
				87.4	45.3	51		本号大道
89	43.7	39		本号大道, 本号农贸市场	Benhao Avenue, Benhao Market	12:07:09	12:01:22	11:56:05
90	42.7	44		G361	G361	12:08:34	12:02:44	11:57:23
90.8	41.9	37		G361,K14	G361, K14	12:09:43	12:03:49	11:58:26
93.8	38.9	60		南平农场	Nanping Farm	12:14:00	12:07:55	12:02:21
95	37.7	62		大坡 (祖关)	Dapo (Zuguan)	12:15:43	12:09:33	12:03:55
100.6	32.1	67		本号镇欢迎您再次光临	Benhao Town, Welcome Sign	12:23:43	12:17:11	12:11:13
103.5	29.2	72		G361,26+500	G361, 26+500	12:27:51	12:21:08	12:15:00
103.7	29	74		G361,K26+700	G361, K26+700	12:28:09	12:21:25	12:15:16
104.7	28	65		G361,K27+700	G361, K27+700	12:29:34	12:22:46	12:16:34
104.9	27.8	82		G361,K27+900	G361, K27+900	12:29:51	12:23:03	12:16:50
107.4	25.3	83		K30+500, 保亭欢迎您	K30+500, Baoting Welcome Sign	12:33:26	12:26:27	12:20:05
110	22.7	78		排寮村委会	Pailiao Village Committee	12:37:09	12:30:00	12:23:29
111.2	21.5	61		什玲镇	Shiling Town	12:38:51	12:31:38	12:25:03
111.6	21.1	58		什玲镇, 海南农商银行	Shiling Town, Hainan Rural Commercial Bank	12:39:26	12:32:11	12:25:34
112.3	20.4	61		什玲桥	Shiling Bridge	12:40:26	12:33:08	12:26:29
113.9	18.8	63		南岛小学	Nandao Primary School	12:42:43	12:35:19	12:28:34
115	17.7	48		宝亭大道	Baoting Avenue	12:44:17	12:36:49	12:30:00
118.3	14.4	68		宝亭大道 (东环路口)	Baoting Avenue (Donghuan Road intersection)	12:49:00	12:41:19	12:34:18

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time		
						42km/h	44km/h	46km/h
119.7	13	63	↑	宝亭大道, 文体公园	Baoting Avenue, Culture and Sports Park	12:51:00	12:43:14	12:36:08
120	12.7	54	↑	宝亭大道	Baoting Avenue	12:51:26	12:43:38	12:36:31
120.4	12.3	51	↑	宝亭大道	Baoting Avenue	12:52:00	12:44:11	12:37:03
120.6	12.1	49	↘	七仙大道	Qixian Avenue	12:52:17	12:44:27	12:37:18
121.3	11.4	48	↑	七仙大道, 玉仙桥路口	Qixian Avenue, Yuxian Bridge intersection	12:53:17	12:45:25	12:38:13
121.5	11.2	48	↑	七仙大道意家农庄 - 挑战赛终点	Qixian Avenue Yijia Restaurant - Amateur Group Finish	12:53:34	12:45:41	12:38:29
122.1	10.6	49	↑	七仙大道	Qixian Avenue	12:54:26	12:46:30	12:39:16
122.4	10.3	49	↑	月亮休闲广场	Moon Leisure Square	12:54:51	12:46:55	12:39:39
122.9	9.8	54	↑	七仙大道	Qixian Avenue	12:55:34	12:47:35	12:40:18
123.8	8.9	65	↑	七仙门	Qixian Gate	12:56:51	12:48:49	12:41:29
124.8	7.9	97	↑	天骄训练基地	Tianjiao Training Base	12:58:17	12:50:11	12:42:47
128.3	4.4	144	↑	七仙大道, K8	Qixian Avenue, K8	13:03:17	12:54:57	12:47:21
128.9	3.8	118	↘	排寮路	Pailiao Road	13:04:09	12:55:46	12:48:08
129.2	3.5	118	START	七仙黎家乐餐厅	Qixian Lijiale Restaurant	13:04:34	12:56:11	12:48:31
131.1	1.6	214	🚶	排寮路	Pailiao Road	13:07:17	12:58:46	12:51:00
131.6	1.1	240	🚫	排寮路	Pailiao Road	13:08:00	12:59:27	12:51:39
132.6	0.1	51	🏞️	七仙岭温泉国家森林公园	Qixianling Scenic Area	13:09:26	13:00:49	12:52:57
132.7	0	266	🏁	七仙岭, 坡长 3.4Km, 爬升 215m, 坡度 6.3%	Qixianling, length 3.4km, elevation +215m, gradient 6.3%	13:09:34	13:00:57	12:53:05

Stage 04 保亭入城图 Entry Map of Baoting

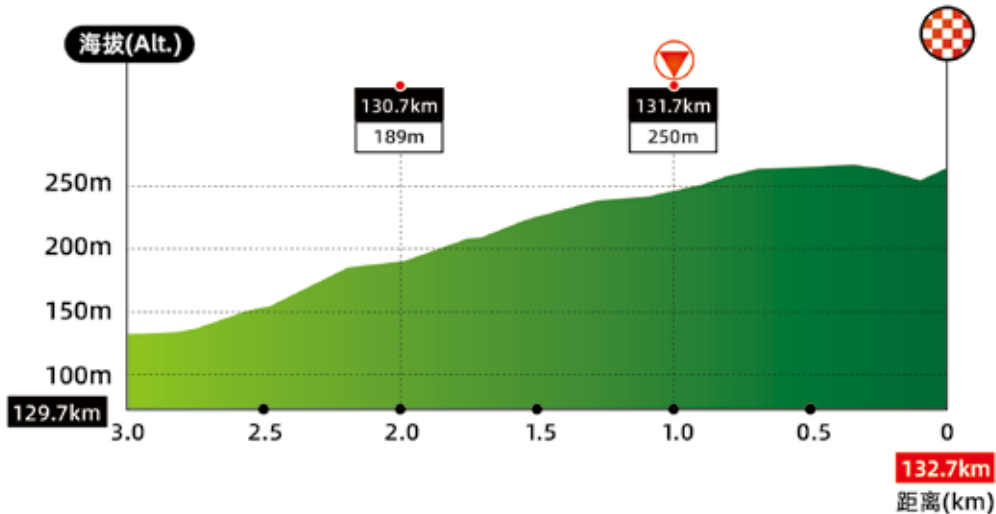


Stage 04 最后三公里路线图 Last 3km Map

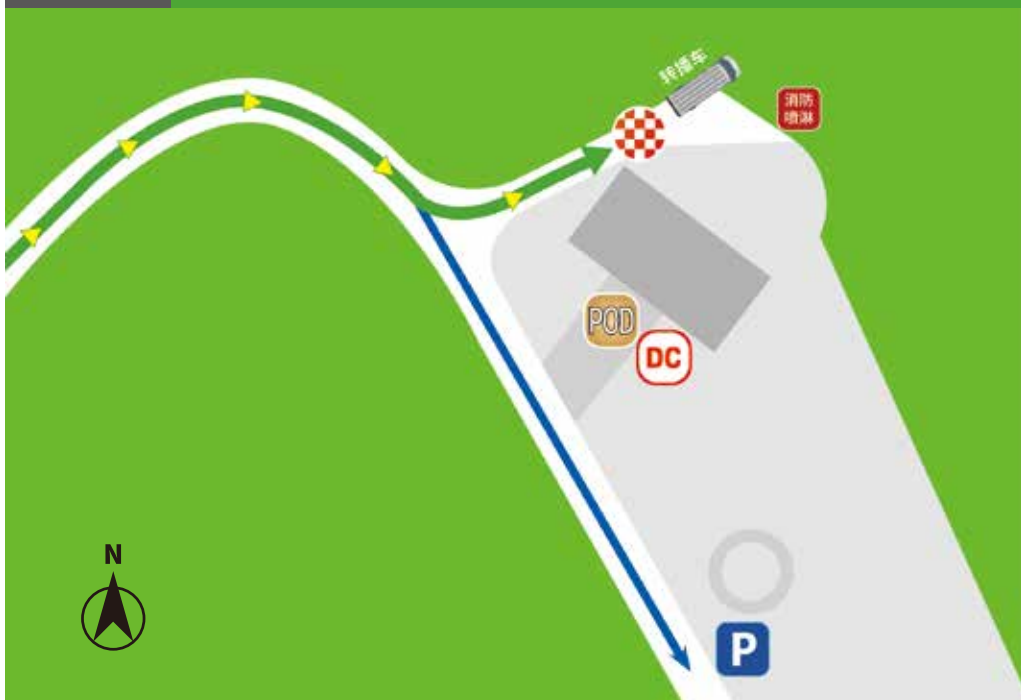




Stage 4 最后三公里海拔图 Last 3km Elevation



Stage 04 终点布局图 Finish Plan



Stage 4 陵水 酒店 / 加油站分布图 Hotel & Gas Station of Lingshui

海南海洋欢乐世界
Hainan Ocean Paradise Resort

海南富力海洋欢乐凯悦酒店
Hyatt Regency Hainan Ocean Paradise Resort

中国石化加油站(陵水站):三才镇毛岭国道223,259公里处
Sinopec Gas Station (Lingshui Station): at kilometer 223259 of Maoling National Highway in Sancai Town

运动员主酒店
Athlete Main Hotel



Stage 4 保亭酒店 / 加油站分布图 Hotel & Gas Station of Baoting



中国石化加油站 (保亭县城站): 保亭保城镇保兴西路14号
Sinopec Gas Station (Baoting County Station):
No. 14 Baoxing West Road, Baocheng Town, Baoting



运动员主酒店



Athlete Main Hotel



Stage 4 非竞赛车辆转场路线图 Transfer Route



陵水 (海南海洋欢乐世界) - 保亭 (七仙岭温泉国家森林公园) 约83公里
Lingshui (Hainan Ocean Paradise Resort) - Baoting (Qixianling Hot Spring National Forest Park), approximately 83 km

陵水海南海洋欢乐世界(双湖大道起点)-文黎大道-黎安互通-海南环岛高速-山海高速-环热带雨林国家公园旅游公路-西环路-七仙大道-排寮公路-七仙岭温泉国家森林公园 (终点)
Lingshui Hainan Ocean Paradise Resort (Shuanghu Avenue) - Wenli Avenue - Li'an Interchange - Hainan Ring Expressway - Shanhai Expressway - Tourist Highway around Tropical Rainforest National Park - Xihuan Road - Qixian Avenue - Pailiao Highway - Destination: Qixianling Hot Spring National Forest Park



起点：陵水 START: LINGSHUI

海南热带雨林国家公园吊罗山 Hainan Tropical Rainforest National Park Diaoluo Mountain



吊罗山片区隶属于海南热带雨林国家公园，地处海南岛东南部，地跨陵水、万宁等四市县，面积447平方公里，占国家公园总面积的10.47%，森林覆盖率达96.26%。这里是我国重要热带雨林分布区，拥有国内发育最盛、最接近“赤道热带雨林”的连片低地雨林，空中花篮、植物绞杀等雨林独特景观遍布。片区气候宜人，负氧离子含量最高达12.5万个/立方厘米，为国内同类森林之最，获评“中国森林氧吧”，是海南知名的避暑康养休闲胜地，也是北纬18°适宜度假的热门区域。

Diaoluo Mountain section belongs to Hainan Tropical Rainforest National Park, situated in the southeast of Hainan Island, spanning four cities and counties, including Lingshui

and Wanning. Covering 447 square kilometers (10.47% of the national park's total area), it has a forest coverage rate of 96.26%. As an important tropical rainforest distribution area in China, it has the most developed and largest contiguous lowland rainforest in China closest to the "equatorial tropical rainforest", with numerous unique rainforest landscapes such as aerial flower baskets and plant strangulation. With a pleasant climate, its negative oxygen ion content reaches a maximum of 125,000 per cubic centimeter, the highest among similar forests in China. Honored as "China's Forest Oxygen Bar", it is a famous summer resort and wellness destination in Hainan, also a popular vacation spot at 18°N latitude.

保亭 Baoting

保亭黎族苗族自治县地处北纬18°黄金度假带，年平均气温20.7-24.5℃，冬暖夏凉，森林覆盖率超84.52%，负氧离子每立方厘米超8200个，获“海南绿肺”“天然氧吧”美誉，坐拥热带雨林与天然温泉，是气候康养胜地。作为我国重要南药种植基地，育有益智、沉香等多种南药。旅游资源丰富，含2个5A、2个4A、2个3A级景区。公共服务体系日趋完善，打造了七仙文化体育公园等休闲场所，还有黎苗神话主题的七仙奇梦不夜城，全域绿意盎然，尽显“半城山水半城诗意”的独特魅力。

Located on the global golden resort belt at 18°N latitude, Baoting has an average annual temperature of 20.7-24.5°C, with warm winters and cool summers. Its forest coverage rate exceeds 84.52% and the negative oxygen ion content is over 8,200 per cubic centimeter, winning the reputations of "Hainan's Green Lung" and "Natural Oxygen Bar". Boasting tropical rainforests and natural hot springs, it is an ideal climate wellness destination. As an important southern medicinal herb base in China, it grows *Alpinia oxyphylla*, agarwood and other herbs. It has abundant tourism resources including 2 AAAAA-level, 2 AAAA-level and 2 AAA-level scenic spots. Its public service system is improving, with leisure venues like Qixian Cultural and Sports Park and the Li-Miao myth-themed Qixian Wonderland Nightless City. Covered in greenery all year round, it fully shows the charm of "half landscape, half poetry".



呀诺达雨林文化旅游区 Yanoda Rainforest Cultural Tourism Zone

呀诺达雨林文化旅游区是国家5A级旅游景区，位于保亭黎族苗族自治县三道镇，处于三亚经济圈的黄金区位，比肩五指山，毗邻七仙岭，咫尺海棠湾，是地处北纬18°的原生态热带雨林。景区资源丰厚，钟灵毓秀，主要以天然自然景观为基础，融汇“原始生态绿色文化、黎苗文化、南药文化、民俗文化”等优秀文化理念，构建以“原始绿色生态”为主格调，集植物奇观、峡谷流泉、飞瀑怪礁、黎峒风情、热带瓜果于一身，是一个“雨林观光、文化风情、休闲体验、健康养生”为一体的大型观光休闲度假旅游区。

As a national AAAAA-level tourist attraction, Yanoda Rainforest Cultural Tourism Zone is located in Sandao Town, Baoting Li and Miao Autonomous County. It occupies a prime location in the Sanya economic circle, standing alongside Wuzhi Mountain, adjacent to Qixianling Mountain, and within easy reach of Haitang Bay. Nestled at 18°N latitude, it is a pristine tropical rainforest with abundant and exquisite resources. Based on natural landscapes, the scenic area integrates excellent cultural concepts such as "primitive ecological green culture, Li and Miao ethnic culture, southern medicinal herb culture, and folk custom culture". With "primitive green ecology" as its main theme, it combines plant wonders, canyon streams, waterfalls and exotic reefs, Li village customs, and tropical fruits. It is a large-scale sightseeing, leisure and vacation tourist destination that integrates "rainforest sightseeing, cultural customs, leisure experience, and health preservation".



槟榔谷黎苗文化旅游区 Binglanggu-Hainan Li & Miao Cultural Heritage Park

槟榔谷黎苗文化旅游区是国家5A级景区，坐落于保亭三道镇，因身处槟榔谷地而得名，被槟榔林海与热带雨林环绕。景区由非遗村、甘什黎村等九大文化体验区构成，风光秀美、资源独特。这里展陈十项国家级非遗，其中黎族传统纺染织绣技艺入选人类非遗代表作名录。景区依托优越的自然环境，打造了田野卡丁等多项游乐体验项目，融黎苗文化与休闲娱乐于一体，成为中外游客打卡的网红文旅目的地。

As a national AAAAA-level scenic spot, it is located in Sandao Town of Baoting, named for being in the betel nut valley and surrounded by betel nut forests and tropical rainforests. It consists of nine cultural experience zones including Intangible Cultural Heritage Village and Ganshi Li Village, with beautiful scenery and unique resources. Ten national intangible cultural heritage items are displayed here, among which the Traditional Li Textile Dyeing, Weaving and Embroidery Techniques is included in the UNESCO Representative List of the Intangible Cultural Heritage of Humanity. Leveraging the superior natural environment, the scenic area has launched many amusement projects such as Field Karting, integrating Li-Miao culture with leisure and entertainment, and becoming a popular internet-famous cultural tourism destination for tourists at home and abroad.



神玉岛文化旅游区 Shenyu Island Cultural Tourism Zone

神玉岛文化旅游区是国家4A级景区，位于保亭响水镇，地处海南原生态热带雨林腹地，森林覆盖率超85%，生态资源得天独厚。景区坐拥山地湖泊、千年荔枝树、杪椌丛林，还有“水中大熊猫”桃花水母等自然奇观，素有“神仙岛”等美誉。它以中华玉文化和生态康养文化为核心，打造集文化、森林、运动康养与度假于一体的康养旅游区，是全国首个“气候康养示范基地”，兼具生态观光与康养体验价值。

As a national AAAA-level scenic spot, it is located in Xiangshui Town of Baoting, deep in Hainan's pristine tropical rainforest with a forest coverage rate of over 85% and unique ecological resources. It boasts natural wonders such as mountain lakes, thousand-year-old lychee trees, cyathea groves and peach blossom jellyfish known as the "giant pandas of the water", enjoying the reputations of "Fairy Island" and so on. With Chinese jade culture and ecological wellness culture as the core, it is built into a wellness tourism area integrating cultural, forest, sports wellness and vacation. As the country's first "Climate Health Preservation Demonstration Base", it has both ecological sightseeing and wellness experience value.



七仙岭温泉国家森林公园 Qixianling Hot Spring National Forest Park

七仙岭温泉国家森林公园是国家4A级旅游景区，位于保亭黎族苗族自治县保城镇，包括温泉区和森林区两部分，是集奇峰、天然温泉、热带雨林风光于一体的大型生态旅游区。景区旅游资源十分丰富，地貌景观壮观生动，遍布高板根、根抱石、古藤缠树、老茎生花、空中花园、植物绞杀、猛龙过江、腐木生芝和通天树等雨林奇观，是天然的动植物王国，已探明植物500多种，动物500余种，其中包括海南黄花梨、蝴蝶木、杪椌、见血封喉、眼镜王蛇等国家珍稀动植物。

As a national AAAA-level tourist attraction, Qixianling Hot Spring National Forest Park is located in Baocheng Town, Baoting Li and Miao Autonomous County. Composed of two parts—the Hot Spring Area and the Forest Area—it is a large-



scale ecological tourist destination integrating spectacular peaks, natural hot springs, and tropical rainforest scenery.

Boasting extremely rich tourism resources and vivid, magnificent landforms, the park is dotted with various rainforest wonders such as tall buttress roots, rocks embraced by roots, ancient vines winding around trees, cauliflory, aerial gardens, plant strangulation, "ferocious dragons crossing the river" (a unique root landscape), fungi growing on decayed wood, and towering sky-piercing trees. It is a natural kingdom of flora and fauna, with more than 500 species of plants and over 500 species of animals identified. These include rare national protected species such as Dalbergia odorifera (Hainan Huanghuali), Heritiera parvifolia (butterfly wood), Cyathea spinulosa (tree fern), Antiaris toxicaria (upas tree), and Ophiophagus hannah (king cobra).

终点：保亭 FINISH:BAOTING



雨林仙境 康养保亭

到保亭泡温泉、深呼吸



七仙岭温泉
Mount Qixian Hot S

STAGE 05

"SAMASSI 3D-PRINTED"
BAOTING-SANYA-LEDONG-SANYA

“萨玛仕科技”
保亭 - 三亚 - 乐东 - 三亚

154.6KM

APR.19 2026
星期日 / SUNDAY

STAGE 5 第五赛段

"SAMASSI 3D-PRINTED"
BAOTING-SANYA-LEDONG-SANYA

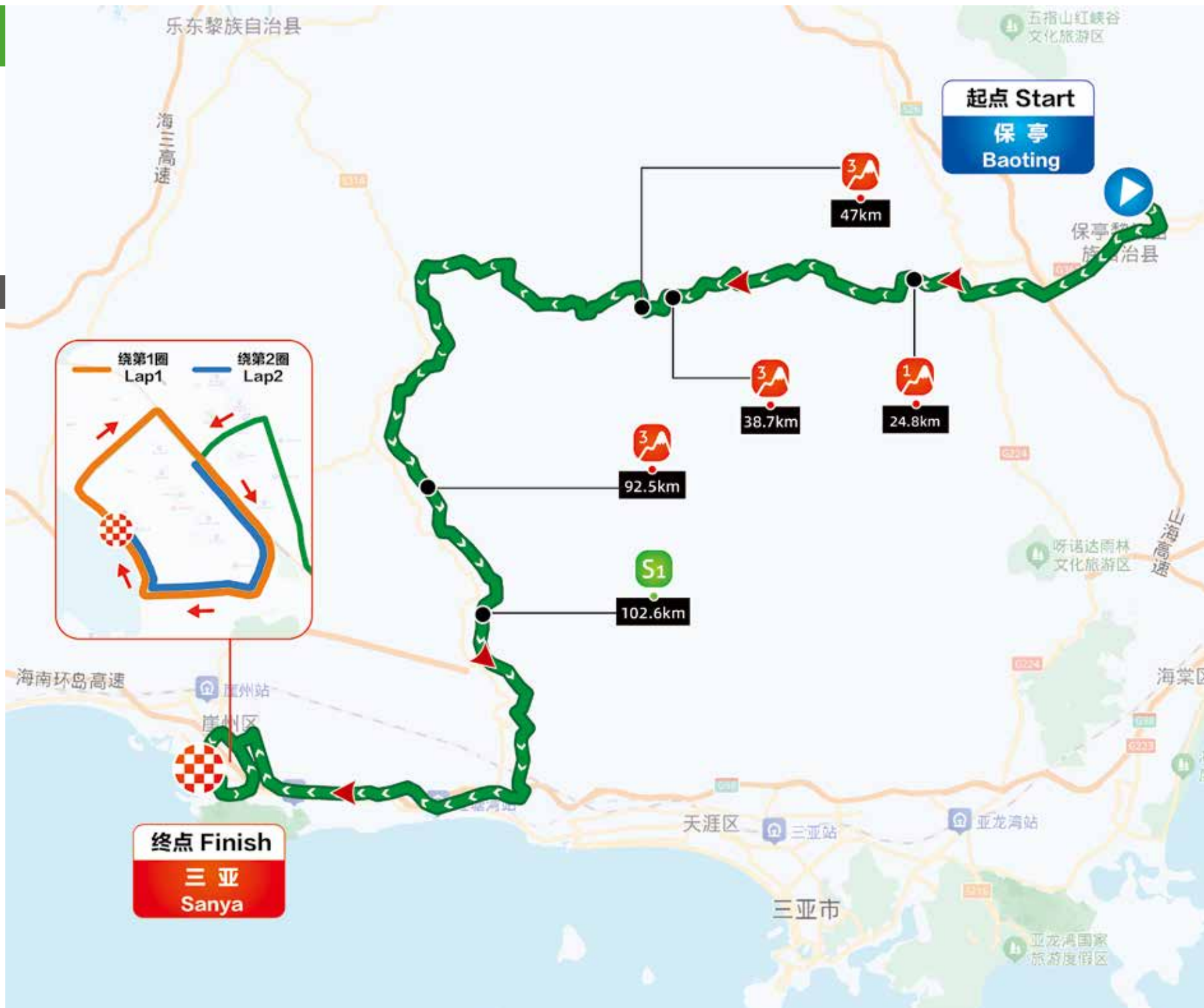
“萨玛仕科技”
保亭 - 三亚 - 乐东 - 三亚

154.6KM

APR.19 星期日 / SUNDAY

日程 Race Schedule

6:00-9:00	早餐 Breakfast
6:30-8:00	领冰 / 水 / 午餐包 Collect Ice/Water/Lunch Bag
9:00-9:50	车队签到 / 发车仪式 Sign on/Departure Ceremony
10:00	比赛开始 Race Start
13:30	比赛结束 Race Finish
13:50-14:20	每日荣耀时刻 (赛段颁奖) Awarding Ceremony
18:00-20:00	晚餐 Dinner
12:00-21:00	竞赛办公室开放 Race Office Open





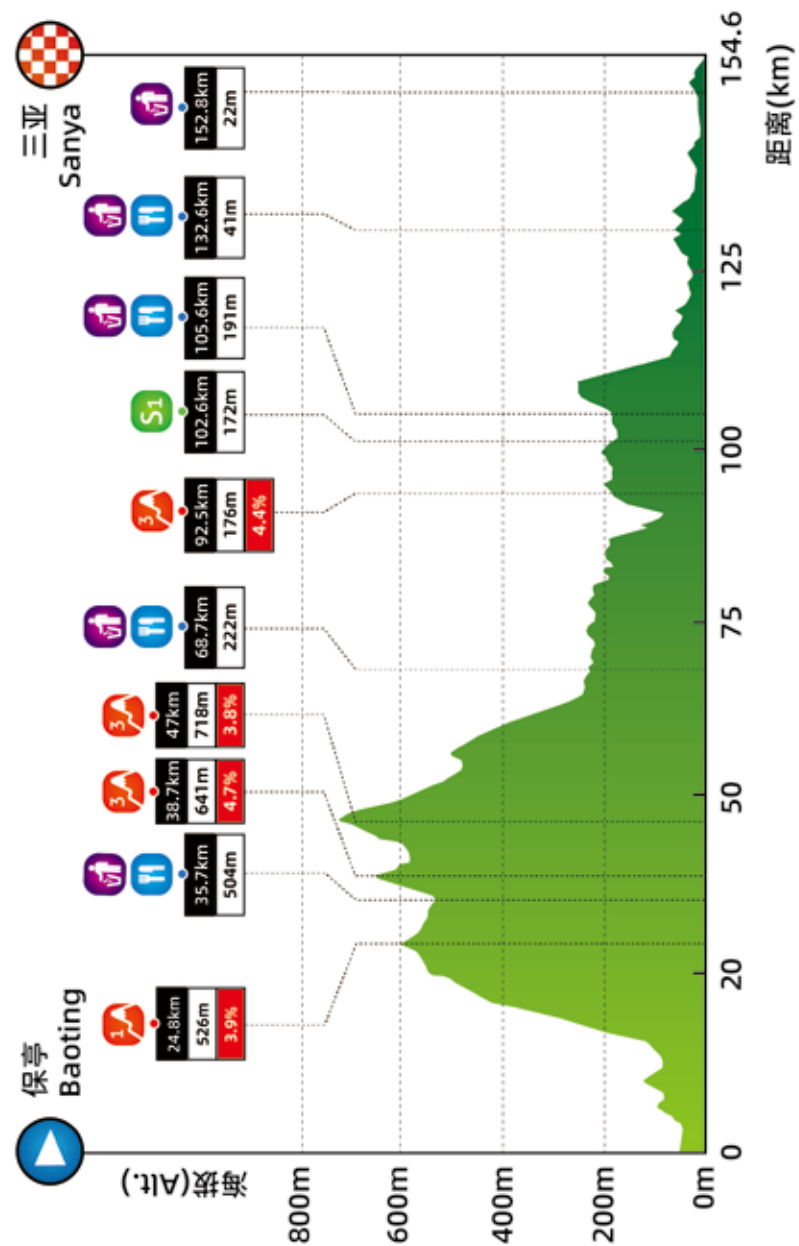
Stage 5 保亭出城图 Exit Map of Baoting



Stage 5 起点布局图 Start Plan



Stage 5 海拔图 Elevation





公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
0	154.6	52		意家农庄 Yijia Restaurant	10:00:00	10:00:00	10:00:00
0.2	154.4	51	↑	七仙大道, 玉仙桥路口 Qixian Ave. Yuxian Bridge Rd.Intersection	10:00:15	10:00:15	10:00:15
0.9	153.7	50	↑	七仙大道, 宝亭大道路口 Qixian Ave. Baoting Ave. Intersection	10:01:08	10:01:07	10:01:06
1.4	153.2	50	↘	抄茂桥 Chaomao Bridge	10:01:45	10:01:44	10:01:43
2.3	152.3	49	↑	保兴中路 Baoxing Middle Rd.	10:02:52	10:02:51	10:02:49
2.7	151.9	49	↑	保兴西路 Baoxing W.Rd.	10:03:23	10:03:20	10:03:18
3.4	151.2	49	↑	保兴西路 Baoxing W.Rd.	10:04:26	10:04:20	10:04:18
4.2	150.4	54	↑	G361, 南环路口 G361, Nanhuan Rd.Intersection	10:05:29	10:05:22	10:05:18
5.6	149	95	↑	G361 G361	10:07:18	10:07:09	10:07:04
8.8	145.8	113	↑	环热带雨林国家公园公路 Tropical Rainforest National Park Scenic Highway"	10:11:29	10:11:14	10:11:07
11.2	143.4	86	↑	环热带雨林国家公园公路 K7 Tropical Rainforest National Park Scenic Highway K7	10:14:37	10:14:18	10:14:09
13.7	140.9	95		环热带雨林国家公园公路, G224 Tropical Rainforest National Park Scenic Highway, G224	10:17:52	10:17:29	10:17:18
14.8	139.8	113	↑	什龙大桥, K169 Shilong Bridge	10:19:18	10:18:54	10:18:42
24.8	129.8	526		#69 电线杆, K179, 坡长 11.3 公里, 坡度 3.8% #69 Telegraph pole, length 11.3KM, gradient 3.8%	10:32:21	10:31:40	10:31:20
30	124.6	560	↑	K184+300 K184+300	10:39:08	10:38:18	10:37:54
30.7	123.9	524		环热带雨林国家公园公路 K185 Tropical Rainforest National Park Scenic Highway K185	10:40:03	10:39:11	10:38:47
31.5	123.1	532	↑	毛感路牌 Maogan Rd.Sign	10:41:05	10:40:13	10:39:47

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
32.8	121.8	523	↑	番兴村 Fanxing Village	10:42:47	10:41:52	10:41:26
33.7	120.9	523	↑	石轮村 Shilun Village	10:43:57	10:43:01	10:42:34
34.8	119.8	512	↑	番根村 Fangen Village	10:45:23	10:44:26	10:43:57
35.5	119.1	504		环热带雨林国家公园旅游公路 K189+800 Tropical Rainforest National Park Scenic Highway	10:46:18	10:45:19	10:44:51
35.7	118.9	504		保显农场 31KM 路牌 K190 Baolian Farm 31KM Sign	10:46:34	10:45:34	10:45:06
36.7	117.9	549		弯道前 K191 Before Curve	10:47:52	10:46:51	10:46:21
36.9	117.7	533		K191+200 Daben Station#219Telegraph pole	10:48:08	10:47:06	10:46:37
38.6	116	620	↑	仙安石林 6KM 牌 Xian'an Stone Forest 6KM Sign	10:50:21	10:49:17	10:48:45
38.7	115.9	641		毛位岭 K193, 坡长 2.9KM, 坡度 4.7% Maoweilong, length 2.9KM, gradient 4.7%	10:55:17	10:52:46	10:50:29
40.5	114.1	570	↑	仙龙洞风景区 Xianlongdong Scenic Spot	10:57:51	10:55:14	10:52:50
41	113.6	551	↑	南好村 Nanhao Village	10:58:34	10:55:55	10:53:29
42.4	112.2	556	↑	桥 Bridge	11:00:34	10:57:49	10:55:18
43.4	111.2	586		仙安石林 1KM 牌 (大路牌) Xian'an Stone Forest 1KM Sign	11:02:00	10:59:11	10:56:37
44.3	110.3	611	↑	千龙村, 仙安石林风景区, 坡顶 K198+600 Qianlong Village, Xian'an Stone Forest, slope crest	11:03:17	11:00:25	10:57:47
45.5	109.1	649	↑	千龙大桥 Qianlong Bridge	11:05:00	11:02:03	10:59:21
47	107.6	718		坡长 3.4 公里, 坡度 3.8%, 进入三亚境内 K201+300, 保亭三亚交界 Slope length 3.4KM, gradient 3.8%, Enter Sanya, Baoting-Sanya border	11:07:09	11:04:05	11:01:18
52.3	102.3	490	↑	保文岭大桥 Baowenling Bridge	11:14:43	11:11:19	11:08:13



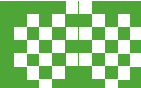
公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
55.2	99.4	451	↑	空列岭一号大桥 Konglieling Bridge	11:18:51	11:15:16	11:12:00
56.2	98.4	499	↑	空列岭二号大桥 Konglieling Bridge	11:20:17	11:16:38	11:13:18
58.2	96.4	435	↑	那风隧道 400 米, K212+800 乐东 三亚交界 Nafeng Tunnel 400M	11:23:09	11:19:22	11:15:55
58.9	95.7	418	↑	那风大桥 Nafeng Bridge	11:24:09	11:20:19	11:16:50
63.7	90.9	296	5KM	K218+400 K218+400	11:31:38	11:27:20	11:23:18
65.9	88.7	242	↙	往 S314, 保显农场 To S314, Baoxian Farm	11:34:09	11:29:52	11:25:57
68.5	86.1	220	🚰	K223+200 K223+200	11:37:51	11:33:25	11:29:21
68.7	85.9	222	🍴	K223+400 K223+400	11:38:09	11:33:41	11:29:37
69.7	84.9	225	🚫	K224+400 K224+400	11:39:34	11:35:03	11:30:55
69.9	84.7	224	🚫	K224+600 K224+600	11:39:51	11:35:19	11:31:10
71.9	82.7	211	↙	S314, 往三亚 S314, to Sanya	11:42:43	11:38:03	11:33:47
79.8	74.8	218	↑	S314, K39 S314, K39	11:54:00	11:48:49	11:44:05
81.5	73.1	218	↑	乐东三亚交界, 槟 榔店 S314, K37+100 Ledong-Sanya border, S314, K37+100	11:56:26	11:51:08	11:46:18
81.6	73	194	↑	S314, K37 S314, K37	11:56:34	11:51:16	11:46:26
89.8	64.8	85	↑	S314, 雅亮大桥 S314, Yaliang Bridge	12:08:17	12:02:27	11:57:08
90.4	64.2	79	START	K27-800 K27-800	12:09:09	12:03:16	11:57:55
92.5	62.1	176	3	K26, 坡长 2.2 公里, 爬升 97m, 坡度 4.4% K26, length 2.2km, elevation +97m, gradient 4.4%	12:12:09	12:06:08	12:00:39
95.7	58.9	183	↑	马脚村 Majiao Village	12:16:43	12:10:30	12:04:50

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
97	57.6	182	↑	三亚育才中心幼儿 园 Sanya Yucai Center Kindergarten	12:18:34	12:12:16	12:06:31
97.4	57.2	191	↑	三亚育才中心学校 Sanya Yucai Center School	12:19:09	12:12:49	12:07:03
100.9	53.7	176	5KM	育才大道, 治安综 合中心 Yucai Avenue, Public Security Comprehensive Center	12:24:09	12:17:35	12:11:37
101.2	53.4	171	↑	三亚实验中学育才 学校 Sanya Experimental Middle School Yucai School	12:24:34	12:18:00	12:12:00
101.6	53	172	↑	立才幼儿园 - 挑战赛 终点 Licai Kindergarten - Amateur Group Finish	12:25:09	12:18:33	12:12:31
101.6	53	172	↑	育才医院 Yucai Hospital	12:25:09	12:18:33	12:12:31
102.6	52	172	S1	育才宋都 Yucai Songdu	12:26:34	12:19:55	12:13:50
104.7	49.9	183	↑	中国石化 Sinopec	12:29:34	12:22:46	12:16:34
105.4	49.2	190	🚰	育才大道 Yucai Avenue	12:30:34	12:23:44	12:17:29
105.6	49	191	🍴	安顺路口, 前前车 队出入口牌 Anshun Road Intersection, Qianqian Team Entrance/Exit Sign	12:30:51	12:24:00	12:17:44
106.5	48.1	222	↑	上坡牌 Uphill Sign	12:32:09	12:25:14	12:18:55
106.6	48	245	🚫	榴莲谷育才大道 Liuliangu Yucai Avenue	12:32:17	12:25:22	12:19:03
106.8	47.8	255	🚫	S314 S314	12:32:34	12:25:38	12:19:18
107	47.6	250	↑	坡顶 Summit	12:32:51	12:25:55	12:19:34
117.1	37.5	50	↘	天涯互通, 往高速 Tianya Interchange, to Expressway	12:47:17	12:39:41	12:32:44
117.4	37.2	49	↑	进入西线高速 Enter West Expressway	12:47:43	12:40:05	12:33:08
118.3	36.3	39	↑	G98 K271 G98 K271	12:49:00	12:41:19	12:34:18
119.3	35.3	52	↑	G98 K272 G98 K272	12:50:26	12:42:41	12:35:37



公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 42km/h 44km/h 46km/h		
				126.9	27.7	40	↑	G98 南山互通
127.6	27	42		G98 K280+300	G98 K280+300	13:02:17	12:54:00	12:46:26
132.3	22.3	40		G98 K285	G98 K285	13:09:00	13:00:25	12:52:34
132.6	22	41		G98 K285+300	G98 K285+300	13:09:26	13:00:49	12:52:57
133.6	21	61		G98 K286+300	G98 K286+300	13:10:51	13:02:11	12:54:16
133.8	20.8	59		G98 K286+500	G98 K286+500	13:11:09	13:02:27	12:54:31
134	20.6	59	↘	往崖州大道	to Yazhou Avenue	13:11:26	13:02:44	12:54:47
134.5	20.1	49	↘	崖州大道	Yazhou Avenue	13:12:09	13:03:25	12:55:26
135.4	19.2	30	↑	崖州大道	Yazhou Avenue	13:13:26	13:04:38	12:56:37
136	18.6	25	↑	崖州大道 (创意路口)	Yazhou Avenue (Chuangyi Road intersection)	13:14:17	13:05:27	12:57:23
136.7	17.9	23	↑	G225 K380	G225 K380	13:15:17	13:06:25	12:58:18
137.3	17.3	22	↙	还金路	Huanjin Road	13:16:09	13:07:14	12:59:05
137.7	16.9	24	↑	还金路	Huanjin Road	13:16:43	13:07:46	12:59:37
138	16.6	22	↑	还金路 (南繁路口)	Huanjin Road (Nanfan Road intersection)	13:17:09	13:08:11	13:00:00
138.4	16.2	18	↑	还金路 (高科路口)	Huanjin Road (Gaoke Road intersection)	13:17:43	13:08:44	13:00:31
138.8	15.8	17	↙	宜居路	Yiju Road	13:18:17	13:09:16	13:01:03
139.3	15.3	8	↑	宜居路 (新道街路口)	Yiju Road (Xindao Street intersection)	13:19:00	13:09:57	13:01:42
139.9	14.7	10	↑	宜居路 (创意路口)	Yiju Road (Chuangyi Road intersection)	13:19:51	13:10:46	13:02:29
140.4	14.2	15	↑	宜居路 (创业路口)	Yiju Road (Chuangye Road intersection)	13:20:34	13:11:27	13:03:08

公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description		预计达到时间 Estimated Arrival Time 42km/h 44km/h 46km/h		
				141.3	13.3	21	↑	宜居路 (振州路口)
141.6	13	28	↘	四马路路口	Sima Intersection	13:22:17	13:13:05	13:04:42
142.1	12.5	19	↑	四马路 (裕民路口)	Sima Intersection (Yumin Road intersection)	13:23:00	13:13:46	13:05:21
142.7	11.9	17	↑	四马路 (创新路口)	Sima Intersection (Chuangxin Road intersection)	13:23:51	13:14:35	13:06:08
143.6	11	12	↘	观海路	Guanhai Road	13:25:09	13:15:49	13:07:18
144	10.6	3	↑	观海路 (创业路口)	Guanhai Road (Chuangye Road intersection)	13:25:43	13:16:22	13:07:50
144.2	10.4	5	↑	观海路 (创意路口)	Guanhai Road (Chuangyi Road intersection)	13:26:00	13:16:38	13:08:05
144.5	10.1	3	↑	三亚崖州湾海洋休闲运动公园 Lap1	Sanya Yazhou Bay Marine Leisure Sports Park Lap 1	13:26:26	13:17:03	13:08:29
144.8	9.8	3	↑	观海路 (远行路口)	Guanhai Road (Yuanxing Road intersection)	13:26:51	13:17:27	13:08:52
145.2	9.4	3	↑	研学西路 (行远路口)	Yanxue West Road (Xingyuan Road intersection)	13:27:26	13:18:00	13:09:23
146.3	8.3	3	↑	研学西路 (创新路口)	Yanxue West Road (Chuangxin Road intersection)	13:29:00	13:19:30	13:10:50
146.7	7.9	5	↑	研学西路 (振州路口)	Yanxue West Road (Zhenzhou Road intersection)	13:29:34	13:20:03	13:11:21
147	7.6	4	↑	研学西路 (鉴真路口)	Yanxue West Road (Jianzhen Road intersection)	13:30:00	13:20:27	13:11:44
147.2	7.4	4		研学西路 (古树)	Yanxue West Road (Ancient Tree)	13:30:17	13:20:44	13:12:00
147.5	7.1	6	↑	研学西路 (裕民路口)	Yanxue West Road (Yumin Road intersection)	13:30:43	13:21:08	13:12:23
147.7	6.9	4	↘	宜居路	Yiju Road	13:31:00	13:21:25	13:12:39

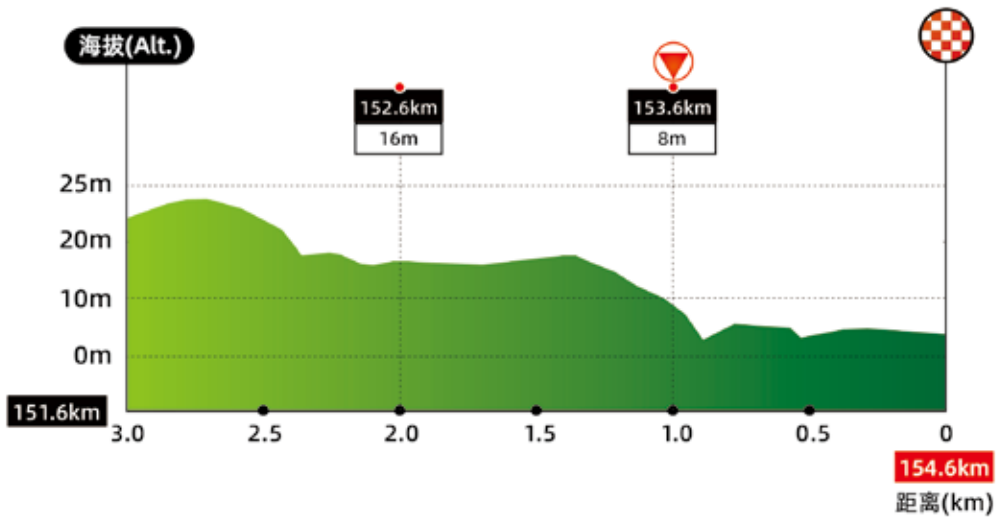


公里 (km) from the start	距终点 (km) to the finish	海拔 Alt. (m)	前进方向说明 Instruction	描述 Description	预计达到时间 Estimated Arrival Time		
					42km/h	44km/h	46km/h
148.2	6.4	5	↑	宜居路 (金稻路口) Yiju Road (Jindao Road intersection)	13:31:43	13:22:05	13:13:18
148.9	5.7	5	↑	宜居路 (还金路口) Yiju Road (Huanjin Road intersection)	13:32:43	13:23:03	13:14:13
149.4	5.2	8	↑	宜居路 (新道街路口) Yiju Road (Xindao Street intersection)	13:33:26	13:23:44	13:14:52
150	4.6	10	↑	宜居路 (创意路口) Yiju Road (Chuangyi Road intersection)	13:34:17	13:24:33	13:15:39
150.6	4	15	↑	宜居路 (创业路口) Yiju Road (Chuangye Road intersection)	13:35:09	13:25:22	13:16:26
151.4	3.2	21	↑	宜居路 (振州路口) Yiju Road (Zhenzhou Road intersection)	13:36:17	13:26:27	13:17:29
151.7	2.9	28	↘	四马路口 Sima Intersection	13:36:43	13:26:52	13:17:52
152.8	1.8	22	🚶	四马路 (创新路口) Sima Road (Chuangxin Road intersection)	13:38:17	13:28:22	13:19:18
153.6	1	11	🚫	四马路 Sima Road	13:39:26	13:29:27	13:20:21
153.7	0.9	5	↘	观海路 Guanhai Road	13:39:34	13:29:35	13:20:29
154.1	0.5	5	↑	观海路 (创业路口) Guanhai Road (Chuangye Road intersection)	13:40:09	13:30:08	13:21:00
154.3	0.3	5	☁️	观海路 (创意路口) Guanhai Road (Chuangyi Road intersection)	13:40:26	13:30:25	13:21:16
154.6	0	3	🏠	三亚崖州湾海洋休闲运动公园 Sanya Yazhou Bay Marine Leisure Sports Park	13:40:51	13:30:49	13:21:39





Stage 5 最后三公里海拔图 Last 3km Elevation



Stage 5 终点布局图 Finish Plan



Stage 5 保亭 酒店 / 加油站分布图 Hotel & Gas Station of Baoting

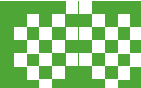


Stage 5 三亚 酒店 / 加油站分布图 Hotel & Gas Station of Sanya



中国石化加油站：三亚市崖州区港口公路
Sinopec Gas Station : Gangkou Highway, Yazhou District, Sanya City

运动员主酒店
Athlete Main Hotel



Stage 5 非竞赛车辆转场路线图 Transfer Route



保亭月亮休闲广场(七仙大道起点)-七仙大道-西环路-环热带雨林国家公园旅游公路-保亭互通-山海高速-海棠湾北立交-海南环岛高速-崖城互通-南山路-振州路-振兴路-观海路-三亚崖州湾海洋休闲运动公园(终点)
Baoting Yueliang Leisure Square (Qixian Avenue) - Qixian Avenue - Xihuan Road - Tourist Highway around Tropical Rainforest National Park - Baoting Interchange - Shanhai Expressway - Haitang Bay North Overpass - Hainan Ring Expressway - Yacheng Interchange - Nanshan Road - Zhenzhou Road - Zhenxing Road - Guanhai Road - Destination: Sanya Yazhou Bay Marine Leisure Sports Park



起点: 保亭 START: BAOTING

茶溪谷旅游区 Chaxi Valley Tourist Area

茶溪谷旅游区是国家3A级景区,坐落于保亭响水镇五指山茶场内,这里群山环抱、云雾缭绕,兼具热带海洋气候的滋润与热带雨林资源,还有千年茶树林和古朴的黎苗风情。景区依托高山峡谷、密林茶园等自然风貌,深度融合黎苗文化与茶文化,打造出以文化修心、运动康体、山水养身为特色的旅游目的地,集壮美的自然景观、深厚的文化底蕴与多元康养项目于一体,是综合型生态康养胜地。

As a national AAA-level scenic spot, it is located in Wuzhishan Tea Farm of Xiangshui Town in Baoting. Surrounded by mountains and shrouded in clouds and mist, it is nourished by the tropical marine climate and has tropical rainforest resources, as well as thousand-year-old tea forests and simple Li-Miao customs. Relying on natural landscapes such as high mountain canyons and dense forest tea gardens, the scenic area deeply integrates Li-Miao culture and tea culture, creating a tourist destination featuring cultural spiritual cultivation, sports fitness and landscape nourishment. Integrating magnificent natural scenery, profound cultural heritage and diverse wellness projects, it is a comprehensive ecological wellness resort.





七仙奇梦不夜城 Qixian Wonderland Nightless City

七仙奇梦不夜城是保亭夜间经济标杆，为全国首个免费开放的黎苗神话主题演艺不夜城，以“山水为幕、梦境为城”为核心理念，集文化展示、沉浸演艺、特色消费与惠民服务于一体。在600米主题街区内，打造七大主题舞台、七大神兽 IP 景观，构建沉浸式黎苗神话空间。每日上演巡游、灯光秀等多场演出，专业演艺团队打造不间断演艺矩阵，搭配80余家商户形成“食、购、娱”一站式消费体系，成为文旅融合的特色夜间打卡地。

As a benchmark of Baoting's night economy, it is China's first free-to-open nightless city with Li-Miao myth-themed performances. Adhering to the concept of "taking landscapes as the curtain and dreams as the city", it integrates cultural display, immersive performances, characteristic consumption, and public welfare services. Within the 600-meter themed block, seven themed stages and seven mythical beast IP landscapes are built to create an immersive Li-Miao myth space. Daily performances such as parades and light shows are held, and a professional performance team creates a non-stop performance matrix. With more than 80 merchants, it forms a one-stop consumption system of "food, shopping and entertainment", becoming a characteristic night check-in spot integrating culture and tourism.



乐东 Ledong



乐东地处海南省西南部，靠山临海，东到西分布着龙沐湾、龙腾湾、龙栖湾三大天然港湾，是黎苗族聚居区，留存着多彩独特的少数民族文化。这里自然条件优越，素有“天然温室”“热作宝地”之称，热带水果、反季节瓜菜远销海内外，是全国知名“瓜果之乡”。旅游资源丰富，拥有尖峰岭国家森林公园、我国南方最大的莺歌海盐场、毛公山自然景观等特色胜地。乐东民风民俗质朴淳厚，黎苗“三月三”、歌舞、黎家婚礼独具风情，黎族织锦刺绣、剪纸、工艺品更是久负盛名。

Located in the southwest of Hainan Province, Ledong is backed by mountains and faces the sea, with three natural harbors—Longmu Bay, Longteng Bay and Longqi Bay—distributed from east to west. As an inhabited area of Li and Miao ethnic groups, it retains colorful and unique ethnic cultures. Boasting superior natural conditions, it is known as the "Natural Greenhouse" and "Tropical Crop Heaven". Its tropical fruits and off-season melons and vegetables are sold at home and abroad, making it a famous "Hometown of Melons and Fruits" in China. Rich in tourism resources, it has distinctive scenic spots such as Jianfengling National Forest Park, Yinggehai Salt Farm (the largest in southern China) and Maogong Mountain natural landscape. Ledong has simple and honest folk customs; the Li and Miao "March Third" festival, singing and dancing, and Li traditional weddings have unique styles, and Li brocade embroidery, paper-cutting and handicrafts have long enjoyed a high reputation.

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尖峰岭国家森林公园 Jianfengling National Forest Park

尖峰岭国家森林公园是1992年成立的海南首个国家级森林公园，横跨乐东、东方，距三亚90公里，环岛高速穿园而过，交通便捷。公园占地447平方公里，拥有我国现存整片面积最大、保存最完好的热带雨林生态系统，八大植被类型垂直分布，孕育3000余种植物、4700余种动植物，生物多样性丰富。园内森林茂密、清泉怪石相映，获评“中国最美十大森林”，鸣凤谷、天池等景点已开放。中心区年平均气温19.7℃，热带气候却凉爽宜人，被誉为“热岛凉山”，是避暑度假的理想之地。



Established in 1992, it is Hainan's first national forest park, spanning Ledong and Dongfang, 90 kilometers from Sanya, with the ring-island expressway running through it for convenient transportation. Covering 447 square kilometers, it has China's largest and best-preserved intact tropical rainforest ecosystem. Eight vegetation types are vertically distributed, nurturing more than 3,000 species of plants and over 4,700 species of animals and plants, with rich biodiversity. The park has dense forests, clear springs and jagged rocks, and is rated as one of the "Top 10 Most Beautiful Forests in China", with Mingfeng Valley, Tianchi and other scenic spots open to the public. The central area has an average annual temperature of 19.7℃, cool and pleasant despite the tropical climate, known as the "Hot Island Cool Mountain", an ideal place for summer vacation and holiday.

莺歌海盐场 Yinggehai Salt Farm



莺歌海盐场位于乐东黄流镇金鸡岭，南临大海、背靠尖峰岭林区，自然环境得天独厚。尖峰岭阻挡北方台风云雨，让这里长年晴日当空，为盐业生产提供充足光热。盐场的广袤盐田如镜面反光，被誉为“天空之镜”，紧邻细腻海滩，可漫步赏海。周边还有古老盐仓、盐业博物馆，见证盐场发展，可了解盐业文化。盐场遍布椰子树、凤凰花等热带植被，风情浓郁，还能品尝盐焗鸡、盐焗虾等海盐特色美食，新鲜美味、独具风味。

Located in Jinjiling, Huangliu Town of Ledong, it faces the sea to the south and is backed by Jianfengling forest area, boasting a unique natural environment. Jianfengling

blocks typhoons, rain and clouds from the north, making the area sunny all year round and providing sufficient light and heat for salt production. The vast salt fields reflect light like a mirror, known as the "Mirror of the Sky". Adjacent to the fine sandy beach, visitors can stroll and enjoy the sea view. There are also ancient salt warehouses and salt industry museums nearby, which witness the development of the salt farm and offer a chance to learn about salt culture. The salt farm is full of tropical vegetation such as coconut trees and phoenix flowers with strong local customs. Visitors can also taste sea salt characteristic delicacies like salt-baked chicken and salt-baked shrimp, which are fresh, delicious and have a unique flavor.



三亚 Sanya

三亚位于海南岛的最南端，别称“鹿城”又被誉为“东方夏威夷”，是一座具有热带海滨风景特色的国际旅游城市，也是中国对外贸易的重要口岸之一。

三亚地理环境极为独特，三面环山，形成环抱之势，山、海、河三种美景自然融合，水清沙白的海滩，枝繁叶茂的雨林及物美价廉的海鲜是三亚的金字招牌。海棠湾、亚龙湾、三亚湾、大东海等景区是热门的旅游度假目的地，同时还有天涯海角、大小洞天、南山海上观音、蜈支洲岛等闻名世界的旅游胜地。

Sanya City. Standing in the southmost of Hainan Province, also known as "the Deer City" and "Oriental Hawaii", Sanya is an international tourism city with the feature of tropical seaside landscapes and one of the key ports for China's foreign trade.

The geographical environment in Sanya is extremely unique. Surrounded by mountains on three sides, this city puts magnificent mountains, splendid sea, and wonderful rivers together with a brand name for clear seawater and white beach, flourishing rainforest, and cheap and cheerful seafood. In Sanya, you can enjoy the popular tourist destinations such as Haitang Bay, Yalong Bay, Sanya Bay, and the Great East Sea as well as the world-famous attractions, including Tianya Haijiao, Fairyland (Sanya Dongtian Park), the Statue of Guanyin, and Wuzhizhou Island.



三亚湾 Sanya Bay



三亚湾是三亚五大名湾之一，也是当地旅游开发最早的海湾，素有“海南最美海岸线”的美誉。海湾东起三亚港、西至天涯湾，20多公里滨海大道融合了滨海美景与市区繁华，核心地标是22公里的“椰梦长廊”，有“亚洲第一大道”之称。这里沙滩绵长、椰林成荫、大海辽阔，视野开阔可眺望东西两岛与凤凰岛，海景与城市风光相映成趣，是三亚最受游客欢迎的公共海滩，也是体验滨海休闲的经典之地。

As one of Sanya's five famous bays and the earliest developed for tourism, Sanya Bay is known as "Hainan's most beautiful coastline". Stretching from Sanya Port in the east to Tianya Bay in the west, its 20-kilometer coastal

avenue blends coastal beauty with urban prosperity. The core landmark is the 22-kilometer "Coconut Dream Corridor", hailed as "Asia's First Avenue". It features a long beach, shady coconut groves and a vast sea, with an open view of the East and West Islands and Phoenix Island. The combination of sea and city scenery makes it Sanya's most popular public beach and a classic spot for coastal leisure.



凤凰岛 Phoenix Island

凤凰岛坐落于三亚湾“阳光海岸”核心区，是2002年始建的人工填岛，占地1258.8亩，四面临海，由394米长的跨海大桥与三亚市区相连。岛上规划有国际邮轮港、超星级酒店、国际游艇会等七大业态，以邮轮产业为核心，打造集邮轮休闲港、丝绸之路自贸区、海洋亲水旅游湾等五大主题于一体的高端旅游度假综合体，定位为三亚的“邮轮之都、海港之城、梦幻之岛”，是三亚湾的标志性滨海高端文旅地标。

Located in the core of "Sunshine Coast" in Sanya Bay, Phoenix Island is an artificial reclaimed island built in 2002, covering 1258.8 mu. Surrounded by the sea on all sides, it is connected to Sanya's urban area by a 394-meter cross-sea bridge. The island has seven planned business formats including an international cruise port, super star hotels and an international yacht club. Centered on the cruise industry, it is a high-end tourism complex integrating five themes: cruise leisure port, the Silk Road Free Trade Zone, marine water tourism bay, etc. Positioned as Sanya's "Cruise Capital, Harbor City, Dream Island", it is an iconic high-end coastal cultural tourism landmark of Sanya Bay.



海棠湾 Haitang Bay

海棠湾被定位为三亚“国家海岸”，距市区28公里、凤凰机场40公里，拥有世界级稀缺滨海旅游资源，海岸线长21.8公里。区域内不仅有优质的海水、沙滩，还坐拥13.8公里原生态内河水系、8平方公里潟湖及丰富湿地资源，阳光充沛、椰林婆娑，民风质朴，滨海与生态景观兼具。如今这里已汇聚三亚国际免税城、亚特兰蒂斯七星级酒店等世界级休闲娱乐设施，成为三亚高端滨海度假的核心区域。



Positioned as Sanya's "National Seashore", Haitang Bay is 28 km from the urban area and 40 km from Phoenix Airport, boasting world-class scarce coastal tourism resources with a 21.8-kilometer coastline. Besides high-quality sea water and beaches, it has a 13.8-kilometer primitive inland river system, an 8-square-kilometer lagoon and abundant wetland resources. With abundant sunshine, dancing coconut groves and simple folk customs, it combines coastal and ecological landscapes. Now it gathers world-class leisure facilities such as Sanya International Duty-Free City and the seven-star Atlantis Hotel, becoming the core of Sanya's high-end coastal vacation.



蜈支洲岛 Wuzhizhou Island

蜈支洲岛位于三亚亚龙湾景区内，被誉为“中国的马尔代夫”，南北宽1100米，海岸线5.7公里，南部最高峰海拔79.9米。岛的东、南、西三面绿植繁茂，拥有85科2700多种原生植物，桫欏、龙血树等珍稀植物遍布，热带植物景观独具特色。这里因海域清澈成为知名“潜水基地”，海水能见度6-27米，南部海底珊瑚礁保护完好，海域盛产各类海洋生物，是国内少有的无礁石鹅卵石混杂的海岛，是潜水与滨海度假的绝佳胜地。

Located in Sanya's Yalong Bay Scenic Area and known as "China's Maldives", Wuzhizhou Island is 1100 meters wide from north to south, with a 5.7-kilometer coastline and a southern peak of 79.9 meters above sea level. Its east, south and west sides are covered with lush greenery, with more than 2700 native plant species from 85 families, including rare plants such as cyatheas and dragon blood trees, featuring unique tropical plant landscapes. Famous as a "Diving Base" for its clear waters (6-27 meters visibility), its well-protected southern coral reefs and rich marine life make it one of China's few islands without rocks or pebbles, an ideal destination for diving and coastal vacations.



三亚国家水稻公园 Sanya Rice National Park

三亚水稻国家公园位于海棠区弯坡路，总面积7680亩，目前已开发3808.80亩，拥有袁隆平水稻科研基地和南繁水稻科研基地，展示中国水稻科技发展成果，除此之外，该景区目前已优化了各项软硬件配套，开发出稻田花海和温泉景观、百龙大道、房车营地、稻田盛宴海鲜广场、共享农庄体验基地、田野狂欢实景演艺等板块，挖掘中国农耕文明，展示稻作文化，打造农旅融合发展的新模式，盘活农村资源，带动村民致富。

Sanya Rice National Park is situated on the curved slope road of Haitang District with a total area of 7680 mu. At present, it has developed 3808.80 mu. It has the rice research base of Yuan Longping and the rice research base of Nanfang, showing the achievements of rice science and technology development in China. In addition, the scenic spot has optimized the matching of various hardware and software, and has developed the scenic spots of paddy fields, Huahai and hot springs. View, Bailong Avenue, RV Camp, Paddy Field Feast Seafood Plaza, Shared Farm Experience Base, Field Carnival Actual Arts and other sections, excavate China's farming civilization, display rice culture, create a new mode of integration and development of agriculture and tourism, revitalize rural resources, and promote villagers to become rich





三亚国际免税城 Sanya International Duty-Free City

三亚国际免税城由中旅集团投资50亿元打造，是集免税购物、餐饮、娱乐、文化展示于一体的高端旅游零售综合体，为游客提供奢华时尚的购物体验。免税城毗邻东部高速与东部铁路，距三亚市区仅30分钟车程，建筑由世界知名设计公司打造，以连续弯曲钢结构呈现出“海棠花”造型，盛开于滨海沿线，成为三亚新地标、海南新标签。它不仅是高端购物胜地，更是世界了解中国免税旅游零售行业的重要窗口。

Invested 5 billion yuan by China Travel Group, Sanya International Duty-Free City is a high-end tourism retail complex integrating tax-free shopping, catering, entertainment and cultural display, offering tourists a luxurious and fashionable shopping experience. Adjacent to the Eastern Expressway and Eastern Railway, it is only a 30-minute drive from Sanya's urban area. Designed by a world-renowned firm, its continuous curved steel structure is shaped like a "Chinese flowering crabapple", blooming along the coast and becoming Sanya's new landmark and Hainan's new symbol. It is not only a high-end shopping resort, but also an important window for the world to understand China's duty-free tourism retail industry.



鹿回头 Luhuitou Park

鹿回头山顶公园位于三亚市区南侧3公里处，是三面环海的滨海小山，主峰海拔275.1米。站在山顶可俯瞰浩瀚大海、远眺连绵山峦，将三亚市区全景尽收眼底，山海城相融的景观极为壮观。公园因黎族爱情传说得名：黎族猎手追鹿至海边，坡鹿化身少女，二人相爱定居。依传说打造的鹿回头雕塑是海南全岛最高雕塑，成为三亚城雕，三亚也因此获“鹿城”别称，这里也是俯瞰三亚城市与滨海风光的经典观景地。

Luhuitou Park is a coastal hill 3 km south of Sanya's urban area, surrounded by the sea on three sides, with a main peak of 275.1 meters above sea level. Standing on the top, you can overlook the vast sea, distant rolling mountains and the whole view of Sanya, with a spectacular integration of mountains, sea and city. The park is named after a Li ethnic love legend: a Li hunter chased a deer to the seaside, where the deer turned into a girl and they fell in love and settled down. The Luhuitou sculpture built for the legend is Hainan's tallest, becoming Sanya's city sculpture and earning Sanya the nickname "Deer City". It is also a classic viewing spot for Sanya's urban and coastal scenery.



154.6KM

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天涯海角 Tianya Haijiao

天涯海角游览区位于三亚天涯区，是海南建省 20 年第一旅游名胜，国家 4A 级景区，因刻有“天涯”“海角”的两块巨石得名，郭沫若先生题写了景区名称。景区依山傍海，碧海、青山、白沙、礁盘浑然一体，椰林、波涛、渔舟相互映衬，勾勒出独具特色的南国椰风海韵，宛若一幅七彩丹青画屏。这里是人们心中“天涯情结”的物化载体，承载着“走遍天涯海角”的美好期许，是三亚极具代表性的文化与滨海景观打卡地。



Located in Sanya's Tianya District, Tianya Haijiao is the top tourist attraction of Hainan's 20th anniversary of provincial establishment and a national 4A-level scenic spot. It is named after two huge stones engraved with "Tianya" and "Haijiao", with the scenic name inscribed by Mr. Guo Moruo. Backed by mountains and facing the sea, it blends blue sea, green mountains, white sand and reefs into one, with coconut groves, waves and fishing boats setting off each other, forming a unique southern Hainan coastal charm like a colorful painting. As the material carrier of people's "Tianya complex", it carries the wish of "traveling to the ends of the earth", a representative cultural and coastal check-in spot in Sanya.

终点：三亚 FINISH:Sanya





驾驶员必须树立重视安全第一的意识，确保安全行驶。

- 一、驾驶员必须注重自己的仪表形态，应自觉维护赛事尊严。行车时应着装整齐，佩戴工作卡。
- 二、每天出车前必须认真对车辆进行检查，不驾驶带“病”车辆上道。赛事结束后，驾驶员按规定必须把车辆停放在指定停车场内。
- 三、驾驶员必须按赛事规定的线路和时速行车。在赛事期间如果出现交通事故，绝不肇事逃逸，保护好现场并马上报警、组委会和保险公司，相关责任根据交通部门责任认定处理。
- 四、所有驾驶员无比赛特殊需要一律遵守交通法规，不酒后驾驶、逆行、闯红灯等违反交通法规的行为。如违反交通法规将由相关部门严格按照《中华人民共和国交通法》和《中华人民共和国车辆违章处理条例》相关条款进行严肃处理。
- 五、驾驶员自报到取车之日起到赛事结束，期间严禁饮酒。
- 六、驾驶员要文明驾驶，文明用语，自觉维护赛事形象。
- 七、驾驶员要自觉保持车辆卫生，不向车外乱扔垃圾，不在车内吸烟，如有打火机、火柴、充电宝等易燃易爆物品停车时必须随身携带，不得放置车内。
- 八、环岛赛车辆只能为赛事工作需要使用，一律不准公车私用或营运。
- 九、在执行任务期间驾驶员不得擅自离开岗位，应严格服从组委会的统一管理及要求。每日工作结束后所有车辆未经部门领导同意一律不得离开指定停放地点，要保证足够的时间休息，不得疲劳驾驶、带病工作。
- 十、赛事结束后，驾驶员必须在规定时间内将车辆及车牌送到指定地点。如发现车辆损坏或丢失的，组委会有权追究相应的经济或刑事责任。由于个人原因导致车牌丢失的，组委会按规定给予相应的罚款处理。
- 十一、驾驶员必须在驾驶中遵守《中华人民共和国道路交通安全法》。
- 十二、因违反道路交通规则及环海南岛国际公路自行车赛车辆安全管理规章制度而造成交通事故的，所产生的经济赔付和责任全部由驾驶员自行承担，赛事组委会不负有任何连带责任。
- 十三、各部门办理领车手续时，驾驶员应向车辆管理组提交机动车驾驶证复印件。

Drivers must establish the awareness that safety comes first and ensure safe driving.

- 1.drivers must pay attention to their appearance and should consciously maintain the dignity of the event. When driving, one should be neatly dressed and wear a work card.
- 2.before setting out every day, a thorough inspection of the vehicle must be carried out. Do not drive a vehicle with a "faulty" condition on the road. After the event, drivers must park their vehicles in the designated parking lot as required.
- 3.Drivers must drive along the designated routes and at the prescribed speeds as stipulated in the event. In the event of a traffic accident during the competition, never flee the scene. Protect the scene and immediately report to the traffic police, the organizing committee and the insurance company. Relevant responsibilities will be determined and handled according to the responsibility determination of the traffic department.
- 4.All drivers must abide by traffic regulations without any special needs for the competition. Violations of traffic regulations such as drunk driving, driving in the wrong direction, and running red lights. Any violation of traffic regulations will be dealt with seriously by the relevant departments in strict accordance with the relevant provisions of the "Traffic Law of the People's Republic of China" and the "Regulations on the Handling of Vehicle Violations of the People's Republic of China".
- 5.Drivers are strictly prohibited from drinking alcohol from the date of registration and vehicle pick-up until the end of the event.
- 6.Drivers should drive civilly, use polite language and consciously maintain the image of the event.
- 7.Drivers should consciously keep their vehicles clean, not litter outside the vehicle, and not smoke inside. If there are flammable and explosive items such as lighters, matches, and power banks, they must be carried with them when parking and must not be left in the vehicle.
- 8.The vehicles for the island Tour can only be used for the needs of the event's work. It is strictly prohibited to use them for personal purposes or for business operations.
- 9.During the execution of tasks, drivers must not leave their posts without permission and should strictly comply with the unified management and requirements of the organizing committee. After the end of each day's work, all vehicles must not leave the designated parking area without the consent of the department leader. Sufficient rest time must be ensured, and driving while fatigued or working while ill is strictly prohibited.
- 10.After the event, drivers must deliver their vehicles and license plates to the designated location within the prescribed time. If any damage or loss of the vehicle is found, the organizing committee reserves the right to pursue corresponding economic or criminal responsibility. If a license plate is lost due to personal reasons, the organizing committee will impose a corresponding fine in accordance with the regulations.
- 11.Drivers must abide by the Road Traffic Safety Law of the People's Republic of China while driving.
- 12.In the event of a traffic accident caused by violation of road traffic rules and the vehicle safety management regulations of the Hainan Island International Road Cycling Race, all economic compensation and liability shall be borne by the driver himself/herself. The organizing committee of the event shall not bear any joint liability.
- 13.When departments handle the vehicle collection procedures, drivers should submit a copy of their motor vehicle driving licenses to the vehicle management group.

车辆及车牌领取须知

NOTICE OF VEHICLE AND LICENSE PLATE COLLECTION

- 一、所有运动队车辆及车牌的领取由竞赛部主管指定一人代表签协议书统一办理领车手续，否则一律不予领取车辆。
 - 二、各部门车辆及车牌领取由各部门主管指定一人办理领车手续并配合填写车辆管理登记表，否则一律不予领取车牌。
 - 三、各部门办理领车手续时，如果是自备驾驶员应向组委会提交驾驶员身份证及驾照复印件。
 - 四、取车时请检查车辆，如发现车辆出现问题请及时向组委会提出意见；取车办理交接手续后车辆出现问题则由取车人负责。
 - 五、办理领取车辆及车牌的地点：海南省歌舞剧院停车场。
- 联系人：李新野 18889764151

- 1.The collection of all sports team vehicles and license plates shall be handled uniformly by one person designated by the competition department supervisor who signs an agreement on behalf of the team. Otherwise, no vehicles will be collected.
 2. The collection of vehicles and license plates for each department shall be handled by a person designated by the department supervisor who will cooperate in filling out the vehicle management registration form. Otherwise, license plates will not be collected under any circumstances.
 - 3.When each department handles the vehicle collection procedures, if the driver is self-provided, they should submit a copy of the driver's ID card and driver's license to the organizing committee.
 - 4.When picking up the vehicle, please inspect it. If you find any problems with the vehicle, please promptly raise your opinions to the organizing committee. If any problem occurs with the vehicle after the vehicle pick-up and handover procedures are completed, the person picking up the vehicle shall be responsible.
 5. Location for collecting vehicles and license plates: Parking lot of Hainan Provincial Song and Dance Theatre.
- Contact person: Li Xinye 18889764151



众海奔腾科技文旅
ZHONGHAI BESTURN TECHNOLOGY CULTURAL TOURISM

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赛事联络员须知

LIAISON NOTICE

1. 赛会志愿者服务岗位主要涉及礼宾接待、语言翻译、交通运输、物品分发、沟通联络、竞赛组织支持等领域。
 2. 整个组织按领队单位等标准分成若干小组，每个小组按规模产生1~2名负责人，由该负责人具体负责本小组的活动。
 3. 请保持通讯工具24小时畅通状态，确保能在最快的时间内联系到本人。
 4. 必须牢记安全第一，注意交通安全和人身安全。空闲时间如有个人外出请务必先向组长汇报，并且尽量结伴外出。外出时应注意饮食卫生与生命财产安全。禁止吸烟、酗酒、出入当地娱乐场所。
 5. 注意着装与行为举止，避免与当地人发生矛盾冲突，如有特殊情况应及时汇报。
 6. 应保持饱满的工作热情与积极的态度，做好自己的本职工作，正确处理与运动员之间的关系。
 7. 各赛段中联络员应尽快到组委会酒店接待处，经相关手续后，到前台领取队伍酒店所需的房卡、水票、餐券等；
 8. 未经组委会授权，联络员不得从事以下活动：
 - a. 接受任何来自媒体、官方和其他机构的邀请、访谈或者采访；或代表组委会向媒体公布任何有关大赛的新闻或报导。
 - b. 利用大赛名义进行任何商业活动或为自己牟利。
 - c. 擅自利用在组委会工作中取得的任何资料用于非组委会的活动。
- 注：严格遵守点名制度。点名时间：早上7:30 晚上8:00

1. Liaison is mainly responsible for the reception, translation, transportation, goods' distribution, communication and race support.
2. The Liaisons are divided into several groups via function and 1 or 2 people lead each group.
3. The Liaison should always stand by for any new information.
4. Safety first. Be careful and no drinking, smoking as you are outside.
5. Maintain your manner, and don't have any conflict with local people. If any emergency, notify your chief immediately.
6. Keep you passion and positive attitude, and correctly handle the relationship between athletes.
7. The liaison should arrive the reception desk and collect the reception bag, in which the room card, water ticket, and the meal coupon are available.
8. Without the authorization of the Organizing Committee, Liaison should not participate such activity as:
 - A. Interview by media and other organization.
 - B. Undertake business activity in the name of TOH.
 - C. Use any information to do any unrelated activity.

Roll name Time: 7:30am 8:00pm



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2026年4月15-19日，“理想汽车杯”2026第十七届环海南岛国际公路自行车赛（以下简称“理想汽车杯”2026环岛赛）在海南自贸港举行，欢迎各位记者前来采访本次大赛。为保证赛事的顺利进行，保证赛场的秩序，并为广大记者提供采访便利，请注意以下事项：

一、大赛记者证件（即媒体证）为采访“理想汽车杯”2026环岛赛各场比赛、开、闭幕式、各站仪式活动，以及赛事组委会组织的相关活动且仅限于此。媒体证为大赛组委会统一印制，请持证进入赛事活动场所，无证件者将被拒绝进入。

二、请注意记者证件的种类，如果持有普通媒体证，可能会不允许进入某些特殊区域或对特殊人物（如裁判长）进行采访和拍摄。

三、采访比赛的记者要服从有关部门人员的管理，要在比赛开始前进入自己的工作区域；记者未经过许可不得采访裁判长、裁判员，不得进入裁判休息室和运动员休息室等工作区。

四、采访比赛的记者如有和赛事有关的采访要求应向大赛组委会提出申请，赛事组委会将根据采访事项报请有关部门予以答复。

五、采访记者应遵守中华人民共和国法律，要遵守赛场有关规定，遇到突发事件要听从公安部门指挥，以保证赛场秩序和比赛顺利进行。若发现伪造证件、违反裁判有关规则扰乱赛场秩序的记者，组委会有权提出批评、警告以及取消采访资格，并向有关新闻单位负责人如实反映情况，违法者交公安部门依法处理。

六、采访记者务必妥善保管采访证，若有遗失，请及时上报赛事组委会。



15th-19th April, “Li Auto Cup” 17th Tour of Hainan 2026 will be rolled out in Free Trade Port. We hail arrival of journalists. To ensure a successful race and keep the race in order and make interviews easy, please be mindful of the following:

1.The Journalist Pass(Media Pass) is limited to the “Li Auto Cup” 17th Tour of Hainan 2026 interviews of opening and closing ceremonies, all activities in each stage and related events held by the organizing committee. The Pass is printed by the organizing committee. Please present your pass when entering the race site, or else your entry will be rejected.

2.Please be attentive to the type of the Journalist Pass. General Media Pass holders may not have access to special areas or special persons (such as the President of the Commissaires Panel) for interviews and shooting.

3.The authorized journalists are required to obey the instructions of the responsible person of relevant departments and enter their own working area before the race starts. Without permission, all journalists are not allowed to interview the President of the Commissaires Panel, Commissaires, and riders, and enter the working areas such as Commissaire lounge and riders’ lounges.

4.Any race-related interview request, journalists should file an application to the organizing committee. The organizing committee will submit to relevant department for approval.

5.All journalists should abide by the laws of the People's Republic of China and relevant provisions of the race. In case of unexpected incidents, journalists must follow instructions of the public security department so as to ensure the smooth progress of the race and keep the race in order. For journalists holding forged documents or violating relevant referee regulation or disrupting the race order, the organizing committee has the rights to criticize, warn or even disquiet the interviews and report to the relevant person in charge of the news agency. Any violation of the law, the public security department will engage.

6.Journalists should keep your own Pass properly. In case of loss please report to the organizing committee immediately.



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各赛段酒店住宿安排

ACCOMMODATION ARRANGEMENT

赛段 / 日期 STAGE/DATE	酒店名称 / 电话 HOTEL/TEL	入住人员类型 TYPE OF GUESTS	酒店地址 HOTEL ADDRESS
第一赛段 Stage 1 4.11-4.15	澄迈西海岸大酒店 Chengmai West Coast Hotel +86-0898-67498888	组委会、开幕式嘉宾、参赛车队、竞赛技术团队、赞助商、工作人员 Organizing Committee, Opening Ceremony Guests, All Teams, Technical Team, Sponsors, Staff	海南澄迈西海岸盈滨半岛 (老城经济开发区) Yingbin Peninsula, West Coast, Chengmai, Hainan (Lao Cheng Economic Development Zone)
	大鹏中州国际饭店 Dapengzhongzhou International Hotel +86-0898-31963333	裁判、交通安保、媒体、新闻中心、卫生医疗、摩托车队、保姆车队、工作人员 Commissaries, Traffic Security, Media, News Center, Health care, Motorcycle Racing Team, Nanny Fleet, Staff	海南省澄迈县老城镇盈滨半岛永庆大道东路1号 海南大鹏中州国际大酒店 Hainan Dapeng Zhongzhou International Hotel No.1 East Yongqing Avenue, Yingbin Peninsula, Laocheng Town, Chengmai County, Hainan Province, China
	洋浦迎宾馆 Yangpu Guest House +86-0898-28816666	参赛车队、媒体、新闻中心、交通安保、工作人员 All Teams, Media, News Center, Traffic Security, Staff	海南省洋浦经济开发区 控股大道1号 NO.1, Holding Avenue Yangpu Economic Development Zone, Hainan, P.R. China
	海南儋州洋浦海景美居酒店 Mercure Hainan Danzhou Yangpu Sea View +86-0898-28813333	组委会、赞助商 Organizing Committee	海南省儋州市洋浦经济开发区 吉浦路7号(工行大厦) No.7 Jipu Road, Yangpu Economic Development Zone, Danzhou City, Hainan Province (ICBC Building)
	佰丽海景酒店 Hainan Baili Seascape Hotel +86-0898-36988888	裁判、竞赛技术团队、卫生医疗、摩托车队、工作人员 Commissaries, Technical Team, Health Care, Motorcycle Racing Team, Staff	海南省洋浦经济开发区 凯丰城市广场 Kaifeng City Square, Yangpu Economic Development Zone, Hainan Province
	维也纳国际酒店(洋浦店) Vienna International Hotel Hainan Yangpu Branch +86-0898-36988888	保姆车队、工作人员 Nanny Fleet, Staff	海南省儋州市远洋路 国盛广场5-17楼 5-17/F, Guosheng Plaza, Yuanyang Road, Danzhou City, Hainan Province

赛段 / 日期 STAGE/DATE	酒店名称 / 电话 HOTEL/TEL	入住人员类型 TYPE OF GUESTS	酒店地址 HOTEL ADDRESS
第二赛段 Stage 2 4.16	五指山水云居酒店 Wuzhi Mountain Water Cloud Residence Hotel +86-0898-32208777	参赛车队、工作人员 All Teams, Staff	五指山市南圣镇南水路19号 Shuiyunju Hotel, No.19 Nanshui Road, Nansheng Town, Wuzhishan City, Hainan Province
	五指山清能丽景湾酒店 Tsingneng Landscape Hotel +86-0898-86868888	组委会、赞助商 Organizing Committee, Sponsors	海南省五指山市通什镇河南东路15号 No. 15, Henan East Road, Tongshi Town, Wuzhishan City, Hainan province
	五指山珠江水晶酒店 Wuzhishan Zhujiang Crystal Hotel +86-0898-38628888	裁判、竞赛技术团队、交通安保、媒体、新闻中心 Commissaries, Technical Team, Traffic Security, Media, News Center	五指山市河北西路16号 No. 16, West Hebei Road, Wuzhishan City
	五指山中部大酒店 Wuzhishan Central Hotel +86-0898-86830888	卫生医疗、保姆车队、摩托车队、工作人员 Health Care, Nanny Fleet, Motorcycle Racing Team, Staff	五指山通什镇三月三大道141号 No.141 March 3rd Avenue, Tongshi Town, Wuzhishan
第三赛段 Stage 3 4.17	海南富力海洋欢乐凯悦酒店 Hyatt Regency Hainan Ocean Paradise Resort +86-0898-32920070	组委会、参赛车队、竞赛技术团队、保姆车队、裁判、交通安保、卫生医疗、工作人员 Organizing Committee, All Teams, Technical Team, Nanny Fleet, Commissaries, Traffic Security, Health Care, Staff	中国海南省陵水黎族自治县海风大道8号 No.8 Haifeng Road, Lingshui County, Hainan
	陵水温德姆花园酒店 Lingshui Wyndham Garden Hotel +86-898-83096666	摩托车队、媒体、新闻中心 Motorcycle Racing Team, Media, News Center	陵水椰林南干道滨河南路1号 No.1 Binhe South Road, Lingshui Coconut Grove South Road
第四赛段 Stage 4 4.18	保亭维也纳国际大酒店 Baoting Vienna International Hotel +86-898-838255550	参赛车队 All Teams	海南省保亭县保城镇文明北路 Baoting Baocheng Town Wenming North Road, Hainan Province, CHINA
	保亭戴斯温泉酒店 Days Hotel Hainan Baoting +86-898-32920070	参赛车队 All Teams	保亭保兴东路拦河坝桥 Baoting Baoxing East Road Barrage Bridge

赛段 / 日期 STAGE/DATE	酒店名称 / 电话 HOTEL/TEL	入住人员类型 TYPE OF GUESTS	酒店地址 HOTEL ADDRESS
第四赛段 Stage 4 4.18	御宿和庭温泉度假酒店 OYADO hotel +86-898-83666666	组委会、媒体、赞助商、新闻中心 Organizing Committee、Media、 Sponsors、News Center	海南省保亭黎族苗族自治县 排寮公路七仙岭森林公园 Qixianling Forest Park, Pailiao Highway, Baoting Li and Miao Autonomous County, Hainan Province
	保亭双大野奢温泉酒店 shuangdaye luxury Hot Spring Hotel +86-898-83826666	交通安全、竞赛技术团队 Traffic Security、Technical Team	保亭双大野奢世界商业街 1 号楼 Building 1, Baoting Shuangdaye Luxury World Commercial Street
	保亭七仙岭康乐温泉酒店 Qixianling Kangle Hot Spring Hotel +86-898-83607888	裁判、卫生医疗、摩托车队 Commissaries、Health Care、 Motorcycle Racing Team	保亭七仙岭旅游风景区 1 号 Baoting Qixianling Tourist Scenic Area No.1
	保亭天艺精品酒店 Baoting Tianyi Hotel +86-898-83669777	工作人员 Staff	海南省保亭黎族苗族自治县 南环路与 031 乡道交汇处附近 Near the Intersection of South Ring Road and Township Road 031, Baoting Li and Miao Autonomous County, Hainan Province
第五赛段 Stage 5 4.19	三亚崖州湾千鹤国际交流 中心希尔顿格芮精选 Thousand Cranessanya Yazhou Ernationalexchange Centre +86-898-838273999	参赛车队 All Teams	三亚崖州区崖州湾创意新城 Creative New City, Yazhou Bay, Yazhou District, Sanya City, Hainan Province
	三亚崖州湾皇冠假日酒店 Crowne Plaza Sanya Yazhou Bay +86-898-88258888	组委会、闭幕式嘉宾、赞助商 Organizing Committee, Closing Ceremony Guests、Sponsors	海南省三亚市崖州湾科技城新道街 1 号 No. 1, Tianya District, Sanya City, Hainan Province,

赛段 / 日期 STAGE/DATE	酒店名称 / 电话 HOTEL/TEL	入住人员类型 TYPE OF GUESTS	酒店地址 HOTEL ADDRESS
第五赛段 Stage 5 4.19	三亚海洋探索世界会议培 训中心(崖州湾科技城店) Sanya Ocean Exploration World Conference & Training Center (Yazhou Bay Science and Technology City Branch) +86-898-88825888	裁判、竞赛技术团队、交通安保、 卫生医疗、媒体、新闻中心、工作 人员 Commissaries、Technical Team、Traffic Security、Health Care、Media、News Center、 Staff	三亚崖州创意产业园区新道街 Xindao Street, Yazhou Creative Industrial Park, Yazhou District, Sanya City, Hainan Province
	三亚嘎纳国际酒店 (崖州湾科技城店) Sanya Cannes International Hotel (Yazhou Bay Science and Technology City Branch) +86-898-32321111	摩托车队、保姆车队 Motorcycle Racing Team、Nanny Fleet	三亚崖州区崖州大道琼粤 科技合作城 A1 栋 Building A1, Qiongyue Science & Technology Cooperation City, Yazhou Avenue, Yazhou District, Sanya City

根据赛事实时开展情况，具体以组委会运行保障安排为准。

运行保障总协调：15120859880

According to the real-time development of the event the specific operation guarantee arrangement of the Organizing committee shall prevail.

General coordinator: 15120859880

温馨提示：

- 1、请爱护酒店房间内的设施，如有损坏，须照价赔偿；
- 2、请勿带走酒店房间内酒店物品，如有缺失，须照价赔偿；
- 3、酒店洗手间内均为非饮用水；
- 4、请勿使用房间内毛巾，床单等棉质物品擦拭运动器材；
- 5、请勿将杂物丢入马桶；
- 6、赛事期间为保证自身安全，请勿下海游泳。

Warm Tips:

1. Please take care facilities in hotel rooms. Guests will pay for the damaged facilities;
2. Do not take any objects belonged to the hotels away. Guests will pay for the missed objects;
3. All the water in the bathroom is not drinking water;
4. Do not apply any cloth such as towels and sheets to wipe sport equipments;
5. Do not throw any objects (including paper) into the toilet;
6. For safety purpose, please don't swim in the sea during the racing period.



2026第十七届环海南岛国际公路自行车赛
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王安宇
康师傅绿茶品牌代言人



活动时间：2026.3.1 - 2026.9.30
具体规则：详见产品包装

气象信息

WEATHER INFORMATION

要素 ELEMENT 市县 CITY/COUNTY	旬降水量 (mm) P	旬平均 气温 (°C) AVE TEMP	旬极端最 高气温 (°C) TMAX	旬极端最 低气温 (°C) TMIN	旬平均相 对湿度 (%) AVE RH	旬平均 风速 (m/s) AVE WS	旬最大 风速 (m/s) MAX WS	旬盛行 风向 PWD
海口 Haikou	15	27	36.5	20.5	73	2.9	8	S
儋州 Danzhou	15	28	37	20.5	70	1.9	7	SSW
五指山 Wuzhishan	16	26	35	18.5	70	2	6	SSW
陵水 Lingshui	20	27.7	34.5	21	72	2.2	6.2	SW
保亭 Baoting	19	27.5	34.5	21.5	72	1.5	6	S
三亚 Sanya	10	28.5	33	22.5	75	3	8.5	S
澄迈 Chengmai	16	27.5	36.5	20.5	75	1.6	5.5	S
临高 Lingao	10	27.6	37	20.5	75	1.8	6	S
昌江 Changjiang	15	28.5	37	22	70	2.0	7.5	SSW
白沙 Baisha	25	27.5	37.5	20	70	1.2	5.2	SW
琼中 Qiongzong	22	26.5	35.5	20	73	1.7	6.6	S

执委会工作部门通联单

CONTACT LIST OF EXECUTIVE COMMITTEE

执委会职务 Executive Committee duties	单位职务 Unit Position	联系方式 TEL.
赛事总指挥 Chief race commander	李海钢 (省旅游和文化广电体育厅副厅长) Li Haigang (Deputy Director of the Provincial Department of Tourism, Culture, Radio, Television and Sports)	13911982918
赛事常务副总指挥 Executive deputy commander of the competition	王晓华 (海南体育职业技术学院党委书记) Wang Xiaohua (Secretary of the Party Committee of Hainan Sports Technology College)	13976431111
赛事副总指挥 Deputy director of the competition	姚 旺 (省旅游和文化广电体育厅竞技体育处处长) Yao Wang (Director of the Competitive Sports Division of the Provincial Department of Tourism, Culture, Radio, Television and Sports)	13637620007
赛事副总指挥 Deputy director of the competition	温华川 (省体育赛事中心主任) Wen Huachuan (Director of the Provincial Sports Events Center)	18307670198
办公室 OFFICE		
主 任 Director	姚 旺 (兼) Yao Wang (concurrently)	13637620007
	温华川 (兼) Wen Huachuan (concurrently)	18307670198
	王 可 (海口市旅游和文化广电体育局局长) Wang Ke (Director of Haikou Municipal Bureau of Tourism, Culture, Radio, Television and Sports)	13322028813
	黄 兴 (三亚市旅游和文化广电体育局局长) Huang Xing (Director of Sanya Municipal Bureau of Tourism, Culture, Radio, Television and Sports)	18689629567
副主任 Deputy Director	郑浩泽 (省旅游和文化广电体育厅办公室副主任) Zheng Haoze (Deputy Director of the Office of the Provincial Department of Tourism, Culture, Radio, Television and Sports)	18889756253
	孙海吉 (海口市旅游和文化广电体育局副局长) Sun Haiji (Deputy Director of Haikou Municipal Bureau of Tourism, Culture, Radio, Television and Sports)	15501035715
	刘 扬 (三亚市旅游和文化广电体育局副局长) Liu Yang (Deputy Director of Sanya Municipal Bureau of Tourism, Culture, Radio, Television and Sports)	18608951420
	吴开伟 (儋州市旅游和文化广电体育局副局长) Wu Kaiwei (Deputy Director of Danzhou Municipal Bureau of Tourism, Culture, Radio, Television and Sports)	13807555514

执委会职务 Executive Committee duties	单位职务 Unit Position	联系方式 TEL.
副主任 Deputy Director	廖松涛 (五指山市旅游和文化发展局副局长) Liao Songtao (Deputy Director of Wuzhishan Municipal Bureau of Tourism and Cultural Development)	18876191388
	刘志刚 (陵水黎族自治县旅游和文化广电体育局副局长) Liu Zhigang (Deputy Director of Lingshui Li Autonomous County Bureau of Tourism, Culture, Radio, Television and Sports)	13208984185
	郑晓燕 (保亭黎族苗族自治县旅游和文化广电体育局副局长) Zheng Xiaoyan (Deputy Director of Baoting Li and Miao Autonomous County Bureau of Tourism, Culture, Radio, Television and Sports)	13876853325
竞赛部 RACE DEPARTMENT		
部长 Director	韩峰 (中国自行车运动协会副秘书长兼竞赛服务部部长) Han Feng (Deputy Secretary-General and Minister of Competition Service Department of Chinese Cycling Association)	18618361111
	李圆圆 (省体育赛事中心副主任) Li Yuanyuan (Deputy Director of the Provincial Sports Events Center)	13907571597
副部长 Deputy Director	琚琼 (中国自行车运动协会综合事务部部长) Jue Qiong (Director of the General Affairs Department of Chinese Cycling Association)	13811786712
	饶俊 (海口出入境边防检查总站边防检查处副处长) Rao Jun (Deputy Director, Frontier Inspection Department of Haikou Entry-Exit Frontier Inspection Station)	13807560896
	程思远 (省旅游和文化广电体育厅竞技体育处一级主任科员) Cheng Siyuan (First-Level Principal Staff of the Competitive Sports Division of the Provincial Department of Tourism, Culture, Radio, Television and Sports)	18808937719
	陈晓华 (海南环岛国际公路自行车赛有限公司总经理) Chen Xiaohua, (General Manager of Hainan Tour of Hainan International Road Cycling Race Co., Ltd.)	13518070058
运行保障部 OPERATION SUPPORT DEPARTMENT		
部长 Director	温华川 (兼) Wen Huachuan (concurrently)	18307670198

执委会职务 Executive Committee duties	单位职务 Unit Position	联系方式 TEL.
副部长 Deputy Director	莫壮飞 (省体育赛事中心社会体育部部长) Mo Zhuangfei (Director of the Social Sports Division of the Provincial Sports Events Center)	13907562000
	邱懿 (海南环岛国际公路自行车赛有限公司综合部负责人) Qiu Yi (Head of Comprehensive Department of Tour of Hainan International Road Cycling Race Co., Ltd.)	15120859880
应急交通安全部 EMERGENCY TRAFFIC SECURITY DEPARTMENT		
部长 Director	吴天雷 (省公安厅治安管理总队副总队长) Wu Tianlei (Deputy Chief of the Public Security Management Corps of the Provincial Public Security Department)	13907622855
副部长 Deputy Director	杨剑 (省公安厅治安管理总队特巡警支队副支队长) Yang Jian (Deputy Head of the Special Patrol Police Detachment of the Public Security Management Corps, Provincial Department of Public Security)	13976152020
	曾平雄 (省公安厅交通管理总队秩序支队副支队长) Zeng Pingxiong (Deputy Head of the Order Detachment of the Traffic Management Corps, Provincial Department of Public Security)	17700921818
	陈益锋 (省消防救援总队消防监督处处长) Chen Yifeng (Director of the Fire Supervision Division of the Provincial Fire and Rescue Corps)	13807665523
	王锦攀 (海南省公路管理局副局长) Wang Jinpan (Deputy Director of Hainan Provincial Highway Administration)	13976909178
	喻世鹏 (省应急管理厅指挥中心副主任) Yu Shipeng (Deputy Director of the Command Center of the Provincial Emergency Management Department)	18976978560
	孙立 (省气象局应急与减灾处副处长) Sun Li (Deputy Director of the Emergency and Disaster Reduction Division of the Provincial Meteorological Bureau)	13976825448
	李占邦 (省工业和信息化厅无线电管理局副局长) Li Zhanbang (Deputy Director of the Radio Supervision and Administration Bureau of the Provincial Department of Industry and Information Technology)	17789708189
	李业挺 (省旅游和文化广电体育厅竞技体育处原一级调研员) Li Yeting (Former First-Level Researcher of the Competitive Sports Division of the Provincial Department of Tourism, Culture, Radio, Television and Sports)	18089899259

执委会职务 Executive Committee duties	单位职务 Unit Position	联系方式 TEL.
医疗卫生及餐饮安全部 HEALTH AND FOOD SAFETY DEPARTMENT		
部长 Director	罗钰 (省卫生健康委员会医疗应急处处长) Luo Yu (Director of Medical Emergency Department of Provincial Health and Wellness Committee)	18889538080
副部长 Deputy Director	王雪梅 (省市场监督管理局食品经营安全监督管理处处长) Wang Xuemei (Director of Food Safety Supervision and Management Department, Provincial Market Supervision Administration)	13976403999
副部长 Deputy Director	文育焱 (省公共卫生紧急救援指挥中心主任) Wen Yuyan (Director of Provincial Public Health Emergency Rescue Command Center)	15108993366
	贾鹏本 (省疾控中心传防所副所长) Jia Pengben (Deputy Director of the Infectious Disease Prevention and Control Institute of Provincial Center for Disease Control and Prevention)	13637557420
市场开发与宣传策划部 MARKETING DEVELOPMENT AND PLANNING PROPAGANDA DEPARTMENT		
部长 Director	吴莉珊 (省委宣传部新闻处四级调研员) Wu Lishan (Fourth-level researcher of Propaganda Department of Provincial Party Committee)	13876007902
	谢琛 (省旅游和文化广电体育厅国内市场和节庆活动处副处长) Xie Chen (Deputy Director of the Domestic Market and Festival Activities Division of the Provincial Department of Tourism, Culture, Radio, Television and Sports)	13976593128
副部长 Deputy Director	李华 (海南卫视总监) Li Hua (Director of Hainan Satellite TV)	13876355288
	陈晓华 (兼) Chen Xiaohua (concurrently)	13518070058

各县市医疗救护联系方式

MEDICAL CONTACT INFORMATION

地区	单位名称	联系人	职务	联系方式
海口	海口市卫健委 Haikou City Health Commission	高新谱 Gao Xinpu	海口市卫生健康委主任 Director of Haikou Municipal Health Commission	13520282017
澄迈	澄迈县卫健委 Chengmai County Health Commission	王秀泉 Wang Xiuquan	澄迈县卫生健康委主任 Director of Chengmai County Health Commission	13707575025
临高	临高县卫健委 Lingao County Health Commission	王凯 Wang Kai	临高县卫生健康委主任 Director of Lingao County Health Commission	13307681538
儋州	儋州市卫健委 Danzhou City Health Commission	黄惠清 Huang Huiqing	儋州市卫生健康委党委书记 Secretary of the Party Committee of Danzhou Municipal Health Commission	13976645637
昌江	昌江县卫健委 Changjiang County Health Commission	庄诚 Zhuang Cheng	昌江县卫生健康委主任 Director of Changjiang Li Autonomous County Health Commission	13976386619
白沙	白沙县卫健委 Baisha County Health Commission	徐世红 Xu Shihong	白沙县卫生健康委主任 Director of Baisha Li Autonomous County Health Commission	13907679890
琼中	琼中县卫健委 Qiongzong County Health Commission	王承彬 Wang Chengbin	琼中县卫生健康委主任 Director of Qiongzong Li and Miao Autonomous County Health Commission	18976897588
五指山	五指山卫健委 Wuzhishan City Health Commission	王锦 Wang Jin	五指山市卫生健康委主任 Director of Wuzhishan City Health Commission	13976103019
陵水	陵水县卫健委 Lingshui County Health Commission	王丹丹 Wang Dandan	陵水县卫生健康委主任 Director of Lingshui Li Autonomous County Health Commission	15091956666
保亭	保亭县卫健委 Baoting County Health Commission	许环峰 Xu Huanfeng	保亭县卫生健康委主任 Director of Baoting Li and Miao Autonomous County Health Commission	18876060001
乐东	乐东县卫健委 Ledong County Health Commission	麦贻觉 Mai Yijue	乐东县卫生健康委主任 Director of Ledong Li Autonomous County Health Commission	13876971984
三亚	三亚市卫健委 Sanya City Health Commission	胡玉蕾 Hu Yulei	三亚市卫生健康委主任 Director of Sanya Municipal Health Commission	13518085671

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工作人员通联单 CONTACT LIST OF STAFF

部门 DEPARTMENT		姓名 NAME	联系电话 TEL.
办公室 Office	秘书 Secretariat	王冰 Wang Bing	18976213917
		叶亮 Ye Liang	18689531219
竞赛组 Race Management	竞赛统筹 Race Coordinator	单洋洋 Daniel Shan	13876049059
	竞赛秘书处 Race Secretariat	陈轩 Shawn Chen	13976170333
	场地器材 Course Equipment	李有志 Li Youzhi	18976235677
	起终点管理 Start & Finish Management	邹学勇 Zou Xueyong	13907608308
		孙超峰 Sun Chaofeng	13198979911
	起终点搭建 Start & Finish Construction	李波 Li Bo	18976099666
		王大海 Wang Dahai	17789768773
	摩托车 Motor Team	刘威 Liu Wei	13647556677
	保姆车 Team Van	李成龙 Li Chenglong	13436508078
	挑战赛统筹 Amateur Event Coordinator	殷灵卫 Yin Lingwei	15308952201
		王婷婷 Wang Tingting	18976968356
	市场开发及策划宣传组 Marketing Development and Planning & Publicity	媒体统筹 Media	刘嘉鹏 Liu Jiapeng
赞助商统筹 Sponsor Contact		李铭睿 Li Mingrui	19824020666
起终点仪式活动 Start & Finish Ceremony		子文玲 Zi Wenling	18519004088
开、闭幕式 Opening and Closing Ceremony			
后勤保障组 Logistical Support	食宿统筹 Accommodation	阳中华 Yang Zhonghua	17789789676
	饮用水及冰块 Drinking Water and Ice	陈贤圣 Chen Shengxian	18889273283
	车辆管理 Vehicle	李新野 Li Xinye	18889764151
	接送机统筹 Airport Shuttle Service	刘浩 Liu Hao	13322085860
医疗卫生及餐饮安保组 Medical & Sanitation	医疗救援 Medical Rescue	唐重明 Tang Chongming	13098999668
		王冰 Wang Bing	18976213917

联络员通联单 CONTACT LIST OF LIAISON

序号	赛队 TEAMS	姓名 Name	电话 Tel.
1	乐透 - 英特马诗车队 LOTTO INTERMARCHÉ	陈千 CHEN Qian	18779170971
2	喜德盛阿斯塔纳车队 XDS ASTANA TEAM	罗璟或 LUO Jingyu	13881181099
3	巴迪亚尼 -CSF 车队 BARDIANI CSF 7 SABER	倪水玲 NI Shuiling	18879882786
4	布尔戈斯 BH 车队 BURGOS-BURPELLET-BH	蔡熠 CAI Yi	19589740821
5	西班牙农业银行车队 CAJA RURAL-SEGUROS RGA	李雨芳 LI Yufang	13178903296
6	巴斯克电信车队 EUSKALTEL-EUSKADI	陈一心 CHEN Yixin	18059899833
7	MBH 银行车队 MBH BANK CSB TELECOM FORT	孙彬 SUN Bin	13340877565
8	思优泰 - 日邦 - 拉利车队 SOLUTION TECH NIPPO RALI	刘碧云 Liu Biyun	13619718786
9	诺和诺德车队 TEAM NOVO NORDISK	曹丽霞 CAO Lixia	15315889328
10	波蒂 - 探索马耳他车队 TEAM POLTI VISITMALTA	陈然然 CHEN Ranran	17848528958
11	凯旋 - 巴迪瑞体育车队 CCACHE X BODYWRAP	曹姝嘉 CAO Shujia	18035637598
12	快客洲际车队 QUICK PRO TEAM	张津瑜 ZHANG Jinyu	18872409077
13	路佳保险车队 ROOJAI INSURANCE	唐淑文 TANG Shuwen	17376200565
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副组长: 王程阳 WANG Chenyang 17608958812



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